

# Foreword

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I am pleased to present the *1997-2007 Report on adults aged 16-24 years* from the New South Wales Population Health Survey, which provides information on the health of this important population group.

The report presents information on health behaviours, including: alcohol, fire safety in the home, nutrition, adequate physical activity, current smoking, smoke-free households, and smoke-free cars. This is followed by a chapter on health status, including: self-rated health, asthma, cardiovascular disease precursors (blood pressure and cholesterol), diabetes or high blood glucose, mental health (psychological distress), oral health, and overweight or obese. Next there is a chapter on health services including: private health insurance, difficulties getting health care, emergency department presentations, hospital admissions, general practitioner services, public dental services, and community health centres. Finally, there is a chapter on social capital, including: participation in the local community, trust and safety, and reciprocity and neighbourhood connectedness.

In the PDF version of the report, indicators are presented for males and females by quintile of socioeconomic disadvantage and by region (urban or rural health areas). Further information is presented in the HTML version. Both the PDF and HTML versions can be obtained from the New South Wales Population Health Survey website at [www.health.nsw.gov.au/public-health/survey/hsurvey.html](http://www.health.nsw.gov.au/public-health/survey/hsurvey.html).

This is a descriptive report and there is a wealth of information in the survey dataset that may be of specific interest. For these reasons we encourage as many people as possible to analyse the data further. For further analysis within a health area, data can be accessed through the Health Outcomes Information Statistical Toolkit (HOIST). For further analysis among health areas, or at a statewide level, a data request needs to be lodged with the NSW Department of Health.

Comments on the New South Wales Population Health Survey are welcome.

I thank all the individuals and organisations who contributed their time and expertise to assist with the development and conduct of the Survey between 1997 and 2007.



**Kerry Chant**

Acting Chief Health Officer and Deputy Director-General, Population Health  
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