# Vaccinate on time



# Give your baby the best protection

## Don't delay vaccinations

Vaccines are a free and safe way to provide the best protection for your child if they are given on-time according to the NSW Immunisation Schedule.

The timing of every vaccine given to children is carefully chosen by experts to make sure children are protected at an age when disease is most common or most serious.

Don't delay your child's vaccination if they have a runny nose or mild cold. Talk to your doctor or nurse to make sure your child is protected as early as possible.

### Why vaccinate

- · Protect your child from serious diseases.
- Protect your child and your community.
- Control serious vaccine preventable diseases.
- · Enrol your child in childcare or school.
- Access family assistance payments.

#### When to vaccinate

The NSW Immunisation Schedule recommends that children are vaccinated at the following ages:

- Birth
- 6 Weeks
- · 4 Months
- · 6 Months
- · 12 Months
- 18 Months
- · 4 Years.

Did you know?

Over 94% of children in NSW are fully immunised.

It is important to vaccinate your child on time. So, book ahead and make an appointment with your doctor or nurse and make sure your child is vaccinated on-time, every time.

Check the NSW Immunisation Schedule to find out when your child's next vaccination is due at <a href="https://heep.ncbi.new.gov.au/vaccinate">health.nsw.gov.au/vaccinate</a> or scan the QR code here.



#### After vaccination

Vaccines are safe and effective in protecting your child against serious diseases.

Sometimes after a vaccine your child could have mild side effects such as pain, swelling and redness where the injection was given. If you are worried about possible side effects, talk to your doctor, nurse or pharmacist.

#### Flu vaccine for children

The influenza (flu) vaccine is your child's best protection against severe flu. It's free for children aged 6 months to under 5 years. The flu vaccine needs to be given each year to protect against the most common flu strains. The vaccine is available from your usual immunisation provider.

For more information visit <u>health.nsw.gov.au/flu</u>

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## **Keeping records**

You will need to provide records of your child's immunisations for childcare, preschool and for school enrolment. Parents can request a copy of their child's Australian Immunisation Register (AIR) Immunisation History Statement at any time (before your child is 14 years of age):

- using their Medicare online account through myGov my.gov.au
- using the Medicare Express Plus App <u>humanservices.gov.au/individuals/subjects/</u> express-plus-mobile-apps
- calling the AIR General Enquiries Line on 1800 653 809.

#### Where to vaccinate

Vaccinations are provided by:

- GPs
- Aboriginal Medical Services
- · Some local councils
- · Some community health centres.

If you are unsure about what services are available in your area, you can contact your nearest Public Health Unit on 1300 066 055.



