

Office of Kids and Families

IMPLEMENTATION TOOLKIT **INFANTS AND CHILDREN**

Management of Acute and Procedural
Pain in the Emergency Department
CLINICAL PRACTICE GUIDELINE

1st edition



Health

CLINICAL PRACTICE GUIDELINE

Infants and Children: Management of Acute and Procedural Pain in the Emergency Department 1st Edition

Implementation Toolkit

Infants and Children: Management of Acute and Procedural Pain in the Emergency Department guideline has been developed by an expert panel of clinicians and in consultation with relevant clinical networks in NSW. The aim is to provide direction to clinicians and achieve the best possible paediatric care in all parts of the state.

Pain is one of the most common reasons for infants and children to present to Emergency Department's (ED), however it is well documented that many children are under treated for their pain and the associated management of painful procedures. This guideline aims to be applicable for all EDs within NSW with different levels of paediatric expertise. It offers suggestions for treatment using pharmacological and non-pharmacological methods like play therapy, physical interventions, psychological preparation and parental involvement.

Each Local Health District (LHD) and Specialty Health Network (SHN) is responsible for ensuring that this Clinical Practice Guideline or a locally adapted guideline based on this guideline is in place in all hospitals and facilities required to assess or manage paediatric pain. LHD's and SHN's are also responsible for ensuring staff treating paediatric patients are educated in the use of the paediatric guidelines and protocols.

This toolkit aims to provide you with the resources and information required in order to implement this guideline in the most efficient and informative way possible.

This toolkit also provides facilities the ability to monitor and measure use of the guideline through an auditing tool.

Together the *Infants and Children: Management of Acute and Procedural Pain in the Emergency Department* guideline and *Implementation Toolkit* will assist your department and facility in meeting the National Safety and Quality Health Service (NSQHS) Standards as defined below:

Standard 1: Governance for Safety and Quality in Health Service Organisations

1.7 Developing and/or applying clinical guidelines or pathways that are supported by the best available evidence with actions required including:

- 1.7.1 Agreed and documented clinical guidelines and/or pathways are available to the clinical workforce
- 1.7.2 The use of agreed clinical guidelines by the clinical workforce is monitored

IMPLEMENTATION

A number of priorities have been identified to facilitate the implementation of this guideline into all relevant clinical areas. The priorities are:

- communication
- education and raising awareness
- integration into practice
- monitoring

The table below identifies the defined implementation priorities with suggested objectives and aims to assist in efficient implementation of the guideline and to assist your department/facility in meeting the aforementioned National (NSQHS) Standards. Suggested supporting partners have also been listed in order to assist with this implementation.

Priority	Objective	Implementation	Suggested Time Frames	Responsible Partners
1. Communication	To provide opportunities for all clinical staff in NSW Health to have access to the <i>Infants and Children: Management of Acute and Procedural Pain in the Emergency Department Clinical Practice Guideline</i>	<p>Publication of guideline on the NSW Health and Office of Kids and Families websites.</p> <p>The guideline will be distributed to LHD's and Specialty Health Networks.</p> <p>The guideline will be disseminated to clinicians.</p>	<p>At 0 Month</p> <p>At 2 Months</p>	<p>Office of Kids & Families</p> <p>Office of Kids & Families</p> <p>Local Health Districts</p> <p>Sydney Children's Hospitals Network (SCHN)</p> <p>John Hunter Children's Hospital</p> <p>Children's Healthcare Network (CHN)</p> <p>Metropolitan Paediatric Level 4 Units (MP4)</p> <p>Regional Paediatricians</p>
2. Education and Raising Awareness	<p>To enable all staff in NSW Health to have access to information and education about the <i>Infants and Children: Management of Acute and Procedural Pain in the Emergency Department Clinical Practice Guideline</i></p> <p>To empower clinical staff to question practice that is not consistent with the <i>Infants and Children: Management of Acute and Procedural Pain in the Emergency Department Clinical Practice Guideline</i></p>	<p>Online learning will be available for clinicians – SKIP ELearning – Pain Module</p> <p>A Power point education session will be available for download from Office of Kids and Families website.</p> <p>Clinicians will have access to the electronic version of the guideline – both long & short versions</p>	<p>At 6 Months</p> <p>At 0 Month</p> <p>At 2 Months</p>	<p>Office of Kids & Families</p> <p>Office of Kids & Families</p> <p>Local Health Districts</p> <p>Sydney Children's Hospitals Network (SCHN)</p> <p>John Hunter Children's Hospital</p>
3. Integration into Practice	To integrate the <i>Infants and Children: Management of Acute and Procedural Pain in the Emergency Department Clinical Practice Guideline</i> into local clinical practice.	<p>The guideline will be consistent with other relevant NSW Health policies & guidelines.</p> <p>Identify inconsistencies between LHD policies, procedures, guidelines and education and the published guideline and plan required amendments.</p>	<p>At 6 Months</p> <p>At 6 Months</p>	<p>Office of Kids and Families</p> <p>Local Health Districts</p> <p>Sydney Children's Hospitals Network (SCHN)</p> <p>John Hunter Children's Hospital</p>

4. Monitoring	To measure and monitor the implementation of and ongoing compliance with the <i>Infants and Children: Management of Acute and Procedural Pain in the Emergency Department Clinical Practice Guideline.</i>	An audit tool for local use will be available via the Clinical Excellence Commission's Quality Audit Reporting System (QARS) A local champion (name and contact details) to monitor/evaluate adherence is provided to Office of Kids and Families Paediatric Healthcare Team Office of Kids and Families will then liaise with the champions regarding audit procedure	At 0 Months	Office of Kids and Families
			At 2 Months	Local Health Districts Sydney Children's Hospitals Network (SCHN) John Hunter Children's Hospital Office of Kids and Families

Supplied Material

The following resources are to be supplied by Office of Kids and Families for this project to support clinical staff in NSW with the implementation of the ***Infants and Children: Management of Acute and Procedural Pain in the Emergency Department Clinical Practice Guideline.***

Materials to be supplied by Office of Kids and Families

Guideline - *Infants and Children: Management of Acute and Procedural Pain in the Emergency Department Clinical Practice Guideline 1st edition – electronic*

Flow Chart - *Infants and Children: Management of Acute and Procedural Pain in the Emergency Department Clinical Practice Guideline 1st edition – electronic*

Power Point Education Presentation - *Infants and Children: Management of Acute and Procedural Pain in the Emergency Department Clinical Practice Guideline -*

ELearning – HETI SKIP ELearning – Pain Module

Audit Tool - *Infants and Children: Management of Acute and Procedural Pain in the Emergency Department Clinical Practice Guideline*