

## Are YOU at risk?

- Do you have diabetes?
- Do you have kidney problems?
- Do you have heart problems?
- Do you have breathing problems?
- Do you have severe asthma?
- Do you have a medical condition that requires regular review by a doctor?
- Has your immunity been suppressed through illness or medication?
- Are you a health care worker?
- Are you over 65 years of age?
- Are you an Aboriginal or Torres Strait Islander person aged over 50?
- Do you live or work in a nursing home or other long-term care facility?
- Are you pregnant?

One **'YES'** means you may be at risk of developing serious complications from influenza, regardless of age.

Health care workers are at an increased risk of both getting and spreading influenza so they need to be vaccinated to protect colleagues, family and patients.

And if you are a partner, parent or child of someone who is at risk, you may need to consider vaccination to protect those around you.

Talk to your doctor about a flu vaccination now, because even if you're not at risk, someone you love may be.



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