

REFERRAL TO IBIS

Referrals are accepted from acute and rehabilitation hospitals, individuals, general practitioners and community services. Eligibility criteria apply.

Clients must have sustained a traumatic brain injury and their main difficulty must be related to their brain injury. A case manager is assigned to help the person achieve their goals.

Clients are responsible for participating in their agreed program to the best of their ability.



HOW TO CONTACT IBIS

If you think our service may be helpful to you, please contact us on:

Illawarra Brain Injury Service

Port Kembla Hospital

Fairfax Rd

Warrawong NSW 2502



Postal address

PO Box 21,

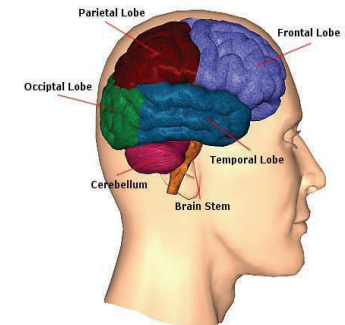
WARRAWONG NSW 2502

Phone: (02) 4223 8470

Fax: (02) 4223 8484

Office Hours: Monday - Friday
8.00am - 5.00pm

Illawarra Brain Injury Service



Part of the Statewide Brain Injury Rehabilitation Program

SOUTH EASTERN SYDNEY
ILLAWARRA
NSW HEALTH

What is a Brain Injury ?

A Brain Injury is any damage that occurs to the brain and can be caused by a blow to the head, by the head being forced to move rapidly forward or backward, or by illness.

Brain injuries may be the result of a motor vehicle accident, a fall, an assault, a sports accident, violent shaking, stroke, infection in the brain, or lack of oxygen. As a result of these injuries, the brain may be bruised, torn, stretched, penetrated or swollen.

Effects of a Brain Injury

After a brain injury a person may experience difficulties with:

- Attention and concentration
- Memory and thinking
- Physical ability, balance
- Communication, vision, smell and taste
- Behaviour, emotions, irritability, mood swings
- Personality changes /reduced motivation
- Fatigue / tiredness, headaches, dizziness
- Problems with sexual function

WHAT SERVICES DOES IBIS PROVIDE?

The primary focus of IBIS is to provide outpatient, community-based rehabilitation to residents of the Illawarra and Shoalhaven with a traumatic brain injury.

The team provides the following:

- **Rehabilitation** - detailed assessments and individual or group therapy programs
- **Outreach Service** - school, workplace and home visits, linking up with local support agencies and developing appropriate community based programs
- **Training** — is available to services who work with people who have sustained a traumatic brain injury

IBIS covers the geographical area from Helensburgh to Milton/Ulladulla.



WHO IS ON THE IBIS TEAM?

- Manager
- Rehabilitation Specialist
- Occupational Therapist
- Social Worker
- Speech Pathologist
- Clinical Psychologist
- Brain Injury Liaison Worker
- Exercise Physiologist
- Physiotherapist
- Paediatric Case Manager
- Shoalhaven Case Manager
- Administration Officer

