

get to know your medicines



National Prescribing Service Limited



Questions to ask about your medicines

# 药物相关问题

中文简体 · CHINESE (SIMPLIFIED) · ENGLISH

## Questions to ask about your medicines

It is important for you to know certain information about each of your medicines. Your doctor and pharmacist are trusted sources of medicines information and expect to be asked questions.

Take this list when you visit your doctor or pharmacist.

- Why do I need to take this medicine?
- How should my medicine work?
- When will my medicine start to work?
- How should I take my medicine? With water or food?
- When should I take my medicine and for how long?
- Do I need to avoid any other medicines, foods or drinks when I am taking this medicine?
- What should I do if I miss a dose?
- Do I need regular check ups or tests while taking the medicine?
- What are the side effects of taking this medicine?
- What should I do if a side effect occurs?
- How should I store my medicine?
- Is there anything else I need to know?
- Write down any other questions you may have.

You can also call Medicines Line to speak to a qualified pharmacist about medicines. Available Monday to Friday, 9am–6pm (EST) for the cost of a local call.

Medicines Line is not an emergency service. If you need an interpreter, call the Translating and Interpreting Service (TIS National) on 131 450 and ask to speak to the NPS Medicines Line on 1300 888 763.



# 药物相关问题

对于您的每种药物，请务必了解某些相关信息。医生和药剂师都能提供可靠的药物信息，您也可向其提问。

前去见医生或药剂师时，请随身携带该清单。

- 我为什么要服用这种药？
  - 这种药如何发挥功效？
  - 这种药何时开始见效？
  - 我该如何服药？用水服用还是用食物服用？
  - 我应该在什么时间服药，要服用多久？
  - 服用这种药时，我是否该忌口或避免服用其它药物？
  - 忘记服药怎么办？
  - 服药期间，是否该定期体检或测试？
  - 服用这种药有何副作用？
  - 出现副作用怎么办？
  - 我该如何存放药物？
  - 我还需要了解什么？
  - 请记住您可能提出的其它问题：
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您还可致电医学热线(Medicines Line)，向具备资格的药剂师咨询相关问题。该热线的工作时间是星期一至星期五的上午9时至下午6时（东部标准时间），费用按本地话费收取。

医学热线不是紧急服务专线。若需要传译员，请致电131 450联系翻译和传译服务处（全国口笔译服务处），要求与NPS医学热线通话，号码是1300 888 763。



NPS是一家独立的非营利性服药质量监督组织，由澳大利亚政府卫生及高龄事务部拨款。

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