



the care and support pack for families and friends bereaved by suicide



The **Care and support pack for families and friends bereaved by suicide** has been prepared by the Mental Health, Drug and Alcohol Office, NSW Department of Health.

Contents:

- **After suicide: information for families and friends.**
A pamphlet describing the roles of the police, coroner and funeral director after a suicide death, and discussing support and counselling opportunities.
- **At this time: when someone you know has died by suicide.**
A pamphlet outlining events as experienced by someone affected by a suicide death.
- **Coping with grief after suicide.**
A booklet describing the many aspects of the process of dealing with grief and loss-specific issues around a suicide death.





For more information
about mental health services
or bereavement support groups
or resources contact:

Mental Health Association NSW

Tel 1300 794 991

Fax (02) 9339 6066

E-mail info@mentalhealth.asn.au

For further copies of the **Care and support pack for families
and friends bereaved by suicide** contact:

Better Health Centre

Locked Mail Bag 5003

GLADESVILLE NSW 2111

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