

**Your aged care assessment team and other health workers can provide you with information about how to prevent a fall. You can discuss falls prevention with the following.**

**Telephone numbers**

- Doctor** \_\_\_\_\_
- Aged care assessment team** \_\_\_\_\_
- Occupational therapist** \_\_\_\_\_
- Physiotherapist** \_\_\_\_\_
- Community health nurse** \_\_\_\_\_
- Social worker** \_\_\_\_\_
- Pharmacist** \_\_\_\_\_
- Dietician** \_\_\_\_\_
- Optometrist** \_\_\_\_\_
- Podiatrist** \_\_\_\_\_
- Health promotion staff from your local Area Health Service** \_\_\_\_\_
- Community health centre** \_\_\_\_\_

