

Selected Glossary

Primary and Community Health Care Related Programs

A	
Aboriginal Maternal and Infant Health Services	Aiming to decrease maternal and perinatal morbidity and mortality among Aboriginal women and infants during pregnancy and birth.
Acute to Aged Related Care Services (AARCS)	AARCS funding assists in the discharge planning of older hospitalised persons with multiple health and care needs through facilitation of access to appropriate Australian Government funded aged care residential facilities or alternate community support care. The target population group for AARCS funded interventions is older people undergoing an acute inpatient episode of care with multiple health and care support needs that put them at risk of, or in need of residential aged care directly from hospital; and who may require formal ACAT (aged care assessment team) assessment for access to recommended services.
After Hours GP Clinics	The NSW Government has committed funding over a number of years to establish After Hours General Practice Clinics co-located with public hospitals. Separate from these NSW government initiatives, a number of clinics were established in NSW with Commonwealth funding, firstly under the After Hours Primary Medical Care Program and more recently under the Round the Clock Medicare Program.
Aged Care Services in Emergency Teams (ASETS)	Team with a range of health professionals who assess care requirements and develop a care plan for older people as they come through an Emergency Department.
Alcohol Screening	Screening for risk related drinking that may otherwise remain undetected among people presenting to primary care settings. Such people exhibit alcohol related signs and symptoms that may not normally be linked to drinking. Screening seeks to identify risk related alcohol consumption early and also assist those who are already experiencing alcohol related problems, including dependence.
Allied Health Services (Commonwealth funded)	<p>Medicare rebates are available to patients with chronic conditions and complex care needs for allied health services when referred by their GP. The patient must have an Enhanced Primary Care (EPC) care plan prepared by their GP to be eligible for the five consultations per calendar year.</p> <p>Medicare rebates are payable for group services provided by eligible diabetes educators, exercise physiologists and dietitians for people with type 2 diabetes, on referral from a GP.</p> <p>More Allied Health Services (MAHS) Program is run through Divisions in areas classified as RRMA 4 to 7. Divisions are the fund holders for the program.</p>
Australian Better Health Initiative (AHBI) – Primary Care Integration Program	All Divisions of GP across NSW are running a program for the ABHI Integration initiative. Each Division's work plan differs to reflect local community health priority areas. Some link to HealthOne NSW and many link to Clinical Services Redesign Program activities.

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Australian Primary Care Collaboratives (APCC)	<p>Designed to enhance coordination between GP services and primary health care providers to improve clinical outcomes, reduce lifestyle risk factors, help maintain good health for those with chronic and complex conditions and promote a culture of quality improvement in primary health care. Three focus areas for practice improvement are Diabetes, Coronary Heart Disease and Patient Access.</p>
<h1>B</h1>	
Better Outcomes in Mental Health	<p>In recognition of the important role of general practitioners in managing mental health problems this Commonwealth program improves community access to quality primary mental health care and enables referral of patients to specialised allied health psychological services through Medicare funded Items. Components include:</p> <ul style="list-style-type: none"> - Focussed psychological strategies - specific mental health care treatment strategies derived from evidence based psychological therapies. - Access to Allied Psychological Services (ATAPS) - enables GPs to refer consumers to allied health professionals who deliver focused psychological strategies.
<h1>C</h1>	
Children of Parents with Mental Illness (COPMI) Program	<p>This program aims to promote better mental health outcomes for children (0 - 18 years) of parents with a mental health problem or disorder.</p>
Chronic Disease Management	<p>Chronic disease management is a systematic, multilevel approach to improving health care for people with chronic disease across the continuum of care. The approach aims to prevent or delay the onset of chronic disease for individuals/population groups and reduce the progression and complications of those already diagnosed with one or more chronic diseases.</p> <p>Evidence based models of care such as rehabilitation, self management support and case management (for those unable to self manage) aim to improve quality of life of individuals, their families and carers and where possible reduce avoidable hospital admissions and presentations.</p>
Community Acute Post Acute Care (CAPAC)	<p>CAPAC aims to provide care in the home setting when appropriate, avoiding unnecessary hospital admissions and reducing patient length of stay through the immediate provision of multidisciplinary care. Patients who are deemed suitable consent to receive selected acute/post acute care in their home as an alternative to inpatient (hospital) care.</p> <p>Hospital based medical staff (visiting medical officers, staff specialists or other nominated medical officers) have admission rights to the service and provide medical supervision to CAPAC patients. General practitioners are also able to provide medical supervision to the CAPAC teams and in some area health services they are able to refer patients directly to the CAPAC services in the same way as hospital based doctors.</p>

Selected Glossary

Primary and Community Health Care Related Programs

Community Aged Care Packages (CACP)	The CACP program provides a planned and managed package of community care to enable people with complex care needs to remain living at home and avoid moving into supported care facilities.
Community Health Services	Within NSW Health some 6,500 staff from more than 20 professions provide health care services in the community. These comprise a mix of generalist and specialist staff providing over 40 different types of services to people across the life course, ranging from antenatal care to palliative care.
ComPacks	A discharge program for hospital patients to ensure the ongoing provision of services to promote a functional recovery at home. It is ideal for patients who would otherwise be unable to leave hospital due to inadequate support services.
Controlled Drinking by Correspondence Program	A treatment program for people who wish to cut down their drinking supported by information and resources mailed to the client.
E	
Early Childhood Health Services	Early Childhood Health Centres are staffed by health professionals (including registered nurses) with specialist child and family health training. The staff provide assistance with caring for babies and young children, including providing information on breastfeeding, sleeping and crying, growth and development, immunisation, play, safety, and parent wellbeing.
Early Psychosis Program	Early intervention can lessen disability and disruption to school or work for the young person, lower the risk of relapse, and reduce family disruption and distress. Early psychosis services have been established in metropolitan Area Health Services and increasingly in rural NSW.
Extended Aged Care at Home/Dementia (EACH/D)	This is a small program enabling frail, aged people to remain in their homes by providing care normally only available in high care, residential aged care facilities.
F	
Falls Prevention	Falls prevention strategies include enhancing access to falls prevention information, strategies and activities, encouraging older men and women to increase their levels of physical activity and exercise, and facilitating opportunities for this age group to participate in a variety of physical activities.
G	
GP (HIV) s100 Provider Training and Support Program	Provides education and support to GPs so they can maintain their prescriber rights to HIV/AIDS medications (under Section 100 Highly Specialised Drugs Program)
GP Shared Care Program	Arrangements between general practitioners and other health professionals to share the care management of a range of patients, including: antenatal care, Hepatitis C, mental health.

Selected Glossary

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H	
HealthOne NSW	<p>HealthOne NSW aims to create a stronger primary health care system by bringing general practice and state funded primary and community health care services together. Other health and social care providers may also be involved, eg. pharmacists, public dental services, private allied health professionals and non-government organisations, depending on local needs.</p> <p>HealthOne NSW services are expected to work together in multidisciplinary teams to provide prevention, early intervention and continuing, comprehensive primary health care to individuals and communities.</p>
Healthy at Home (formerly SAFTE Care)	Inter-agency approach between GPs, health services and home and community care teams to support frail elderly people to remain safely at home.
HIV/AIDS Community Support Network	Provides transport, home care, cooking, shopping, cleaning and personal care for people living with HIV/AIDS.
HIV/AIDS Supported Accommodation Network	Works in partnership with the Department of Housing, the Department of Ageing, Disability and Home Care and the Office of Community Housing, and allocates annual funding for the provision of specialist supported living services to people living with HIV/AIDS who require support to live independently.
Home and Community Care (HACC) Services	HACC is a joint Australian, State/Territory Government initiative that provides community care services to frail aged and younger people with disabilities, and their carers. Services include domestic assistance, social support, nursing, allied health, centre-based day care, meals, respite care, case management, home maintenance and modification, equipment provision, transport, counselling/support, information and advocacy. The service aims to facilitate independence at home and in the community and to reduce the potential, or inappropriate need for admission to residential care.
Housing and Accommodation Support Initiative (HASI)	<p>A partnership program funded by the NSW Government that ensures stable housing linked to specialist support for people with mental illness.</p> <p>Accommodation support and rehabilitation associated with disability is provided by NGOs (funded by NSW Health). Clinical care and rehabilitation is provided by specialist mental health services. Long-term, secure and affordable housing and property and tenancy management services are provided by public and community housing (funded by the Department of Housing).</p>
L	
Local Council Exercise Programs	Fitness programs run in the community for various target groups.

Selected Glossary

Primary and Community Health Care Related Programs

M	
MBS Chronic Disease Management Items	<p>Annual (or sooner if a significant change in the patient's clinical condition or care circumstances) GP Management Plan for a patient with chronic and complex illness.</p> <p>An MBS rebate is also available for GPs to annually to contribute to, or review a multidisciplinary care plan prepared by another provider.</p> <p>Additional rebates are available quarterly to coordinate the development of Team Care Arrangements. The patient must have a GP Management Plan in place. The MBS items cover GPs to:</p> <ul style="list-style-type: none"> - Attend a meeting to coordinate a review of <ul style="list-style-type: none"> (a) team care arrangements coordinated by them (or an associated medical practitioner) (b) a multidisciplinary community care plan prepared by them (or an associated medical practitioner). - Contribute to or review a multidisciplinary care plan <ul style="list-style-type: none"> (a) for a patient in a residential aged care facility (b) prepared for a resident by another provider before the resident is discharged from a hospital or an approved day-hospital facility of such a plan prepared by another provider.
Maternity Services	Antenatal, birthing and postnatal services for mothers and babies.
MBS Enhanced Primary Care (EPC) Case Conferencing and Discharge Planning Items	These can be used to promote continuity of care from hospital to home and to support interface between specialist care and primary health care team.
MBS Health Checks	<ul style="list-style-type: none"> • The Healthy Kids Check has been introduced for all four year old children and is to be delivered in conjunction with the four year old immunisation. The purpose of the Healthy Kids Check is to ensure every four year old child in Australia has a basic health check to see if they are healthy, fit and ready to learn when they start school. • 45-49 year old health check is available as a once only service to patients aged 45 to 49 years (inclusive) who are at risk of developing a chronic disease. • Indigenous Health Checks can be done every 18 months for Aboriginal people 15-54 years old. • An Older Person's Health Assessment is an in-depth assessment of an older patient 75 years and over or, for Aboriginal and Torres Strait Islander people, 55 years of age and over. • The items are structured to identify health issues and conditions that are potentially preventable or amenable to interventions in order to improve health and/or quality of life.
Medical Assessment Units	This "third door" strategy is an alternate diagnostic and management centre to an Emergency Department in a hospital. This special unit is used to focus on diagnosing and treating complex patients using skilled aged and chronic disease management staff.

Selected Glossary

Primary and Community Health Care Related Programs

Mental Health Nurse Incentive Program	The Mental Health Nurse Incentive Program provides a non-MBS incentive payment to community based general practices, private psychiatrist services and other appropriate organisations (such as Divisions of General Practice) that engage or retain mental health nurses to assist in the provision of coordinated clinical care for people with severe mental disorders in the community.
Multicultural Health	<p>All multicultural health services with the exception of the Health Care Interpreters Service (HCIS) focus on the primary and community health needs of immigrants and refugees.</p> <p>Multicultural health services are divided into two groups: 1) Area Health Service based which cover local services such as those provided by Multicultural Health Workers, Bilingual Counsellors, a small number of Multicultural Aged Workers and Bilingual Community Educators and 2) Statewide Multicultural Health Services which are units located in one AHS providing information, consultancy and some clinical services across other AHS.</p> <p>The HCIS covers both hospital and non-hospital care with most of the service being provided at a hospital setting.</p>
<h1>N</h1>	
National Diabetes Type 2 Prevention Program	<p>Aims to support GPs address the health needs of patients 40 to 49 years of age who are at high risk of developing Type 2 Diabetes. This item enables GPs to review risk factors and instigate early interventions eg. lifestyle modification.</p> <p>The Type 2 Diabetes Risk Evaluation is a review of the factors underlying the 'high risk' score identified by the Australian type 2 diabetes risk assessment tool.</p>
National Health Call Centre Network	The National Health Call Centre Network, operating as <i>healthdirect Australia</i> , is a free service that lets anyone, anywhere ring for advice or information on health matters 24 hours a day, seven days a week.
National Immunisation Program Schedule (NIPS)	NIPS lists all the diseases against which vaccine is provided free by the Commonwealth Government, and the ages at which they are given. It commenced on 1 November 2005.
Needle and Syringe Exchange Program (NSEP)	Needle and Syringe Exchange Programs provide injecting equipment, education and information on reducing drug use and referral to drug treatment, medical care and legal and social services. Staff can also provide condoms and safe sex education.
NGO Programs	For example, Cancer Council, Heart Foundation, Diabetes Australia.
NSW Get Healthy Information & Coaching Service	The NSW "Get Healthy" Information and Coaching Service is a telephone and web based service aimed at providing information and ongoing behaviour change support for NSW adults in relation to healthy eating, physical activity and achieving and maintaining a healthy weight. The "Get Healthy" Service will target adults at risk of developing chronic disease with contributing lifestyle factors.

Selected Glossary

Primary and Community Health Care Related Programs

Nursing in General Practice Program	The Nursing in General Practice program encourages general practice to employ more practice nurses to improve patient access to integrated primary health care, to improve prevention and management of chronic disease and to reduce workforce pressure in general practice.
O	
Overweight & Obesity Prevention	Activities include a national social marketing campaign, breastfeeding promotion, monitoring of food and drink TV advertising to children, healthy school canteens and food labelling.
P	
Parenting Program for overweight and obese children	A component of NSW Health's multi-pronged strategy to tackle the rising incidence of overweight and obesity across NSW. The Program specifically targets children and their parents and will be actively promoted to communities where there is a greater prevalence of overweight and obesity.
Private Programs	For example, healthy lifestyle programs, life coaching.
Q	
Quality Use of Medicine (QUM) and Home Medication Review (HMR) Programs	<p>QUM and HMR are run through Divisions of General Practice in collaboration with the Pharmacy Guild and National Prescribing Service.</p> <p>The Home Medicines Review (HMR) is funded under the Fourth Community Pharmacy Agreement designed to assist consumers living at home to maximise the benefits of their medication regimen and prevent medication related problems. It is not available for in-patients of a hospital, day hospital facility or care recipients in residential aged care facilities. The review involves the consumer's GP and preferred community pharmacy and in some cases other relevant members of the healthcare team such as nurses in community practice or carers are included. In cooperation with the consumer's general practitioner, the pharmacist visits the consumer at home, reviews their medication regimen, and provides the general practitioner with a report. The general practitioner and consumer then agree on a medication management plan.</p>
R	
RACGP Putting Prevention into Practice	The guidelines are intended to be a practical resource designed to strengthen prevention activities in general practice. The expert team has created an up-to-date prevention approach and identified effective prevention activities for general practice.
Residential Aged Care Facilities	Residential care is for frail older people who can no longer live independently in their own home. There are two levels of care officially called "low level residential care" and "high level residential care". They are still widely referred to as "hostels" and "nursing homes", respectively.
Risk Factor Prevention	For example the SNAP (smoking, nutrition, alcohol and physical activity) and Lifescript programs.

Selected Glossary

Primary and Community Health Care Related Programs

S	
Safe Start - Infant and Perinatal Mental Health	Assists in identifying and supporting women with a range of social and emotional issues during pregnancy and following the birth of their infant. All pregnant women and new mothers in NSW can access screening and support services, parental wellbeing and parenting skills through local area health services. Safe Start also supports maternity and child and family health workers in identifying emotional issues, mental health problems and supporting women to get the right support.
School based HPV immunisation program	In 2008, year 7, 8, 9, and 10 female students will be offered Human Papilloma Virus vaccine in a 3 dose course.
School Link Program	This program provides a framework to support child and adolescent mental health services and schools to work collaboratively to promote mental health, prevent mental health problems and facilitate evidence-based identification, management and support of students with mental health problems.
Screening Programs	For example, cervical, bowel, breast screening
Sexual Health Services	Publicly funded sexual health services are available across NSW and provide a range of medical, counselling and health promotion services to those most at risk of HIV/AIDS and other sexually transmissible infections.
Sydney Diabetes Prevention Program	<p>The program will develop, implement and evaluate community-based diabetes prevention strategies including lifestyle interventions for those at risk. The program will also include the development and evaluation of culturally appropriate interventions for CALD and Aboriginal people.</p> <p>Sydney South West Area Health Service is delivering the Program under the Australian Better Health Initiative.</p>
T	
Tobacco Control	<p>Six focus areas of program activity have been identified in the NSW Tobacco Strategy 2005-2009. They are smoking cessation; exposure to environmental tobacco smoke; marketing and the promotion of tobacco products; availability and supply of tobacco products; capacity building; and research, monitoring and evaluation.</p> <p>Strategies and activities include: new social marketing activities; smoking cessation programs and services; legislative and regulatory activities; research studies and evaluation programs; and partnership programs.</p>

Selected Glossary

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<p>Transitional Aged Care Program (TACP)</p>	<p>Addresses the needs of older people who, in the absence of the program, would require residential aged care. It offers a time-limited (12 weeks) period of support and low intensity therapy in a residential or community setting.</p> <p>Older people who have been assessed by an Aged Care Assessment Team (ACAT) as eligible for admission to residential aged care are provided with an opportunity to optimise their functional capacity and determine their appropriate long-term care requirements. Key to the model is the provision of a goal-oriented therapy program which aims to help patients achieve their health goals in their own home or a home-like environment. Services are tailored according to each individual patient's requirements and are adjusted as the patient's function improves.</p>
<h1>W</h1>	
<p>Women's Health</p>	<p>NSW Health funds community-based Women's Health Centres and their peak NGO (Women's Health NSW), through a women-centred approach to primary health care.</p> <p>These centres aim to blend medical and clinical services and a range of counselling, health promotion, education, self-help and consumer advocacy services. They also aim to provide women with the knowledge, skills and resources to take more responsibility over factors that adversely affect their health.</p> <p>In AHSs, women's health services are delivered through a Women's Health Coordinator and include a range of preventative activities, information and early intervention programs delivered in primary health settings, all tailored to the specific needs of the communities in each AHS.</p>
<h1>Y</h1>	
<p>Youth Health Services</p>	<p>Youth Health Services aim to improve marginalised young people's access to health services by providing multidisciplinary primary health care to young people aged from 12-25 years.</p> <p>There are 15 youth health services across NSW. Services share a common philosophy and values around social justice, equity, and take an integrated/holistic view of young people's health and wellbeing.</p> <p>The Innovative Health Services for Homeless Youth (IHSY) program is a Commonwealth / State funded program and targets the particular needs of at risk and homeless youth.</p> <p>Youth Health Services work closely with GPs who play a significant role in health care for youth. Recently, the Centre for the Advancement of Adolescent Health launched the revised "Youth GP Resource Kit" which assists GPs in the provision of comprehensive and appropriate health care and referral for young people.</p>