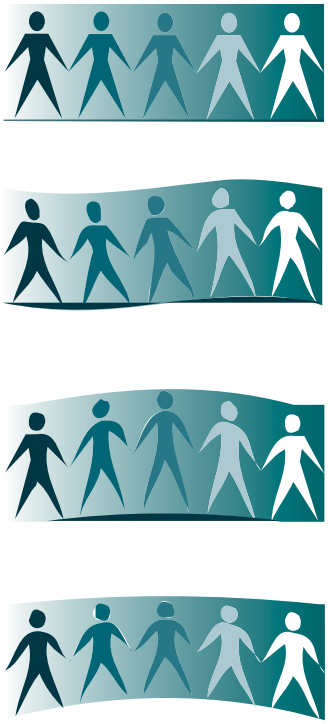
New South Wales Population Health Survey

2004

Report on Adult Health



Dubbo Plains

Division of General Practice

NSW HEALTH

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice

Acknowledgements:
The development and preparation of this edition of the General Practice Division Reports was a team effort involving staff from the NSW Health Survey Program, the Centre for Epidemiology and Research, and the Alliance of NSW Divisions of General Practice. The development of these reports was part funded by the Program for Enhanced Population Health Infostructure.

Source: New South Wales Population Health Survey 2002, 2003 and 2004 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

Produced by: Centre for Epidemiology and Research, Population Health Division, NSW Department of Health.
Last updated on: 26 September 2005

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Introduction

This report is the first of a series of triennial reports that will be produced for each division of general practice from the New South Wales Population Health Survey. The Dubbo/Plains Division of General Practice Report aims to assist divisions in monitoring the health status of their population, and to support needs assessment, monitoring and improving quality of care in general practice, and policy planning and service development.

The NSW Department of Health in conjunction with the Alliance of NSW Divisions of General Practice has identified a number of indicators for inclusion in the reports. The indicators are:

Health behaviours

- Alcohol risk drinking behaviour
- Fruit intake
- Vegetable intake
- Adequate physical activity
- Smoking status
- Cancer screening
- Influenza immunisation last 12 months 65 years and over
- Pneumococcal immunisation last 5 years 65 years and over
- Homes with a smoke alarm

Health Status

- Excellent, very good or good self-rated health status
- Current asthma
- Diabetes or high blood sugar
- All natural teeth missing
- Overweight and obesity
- High and very high psychological distress

Health services

- Difficulties getting health care when needing it
- Emergency department care rating
- Hospital care rating

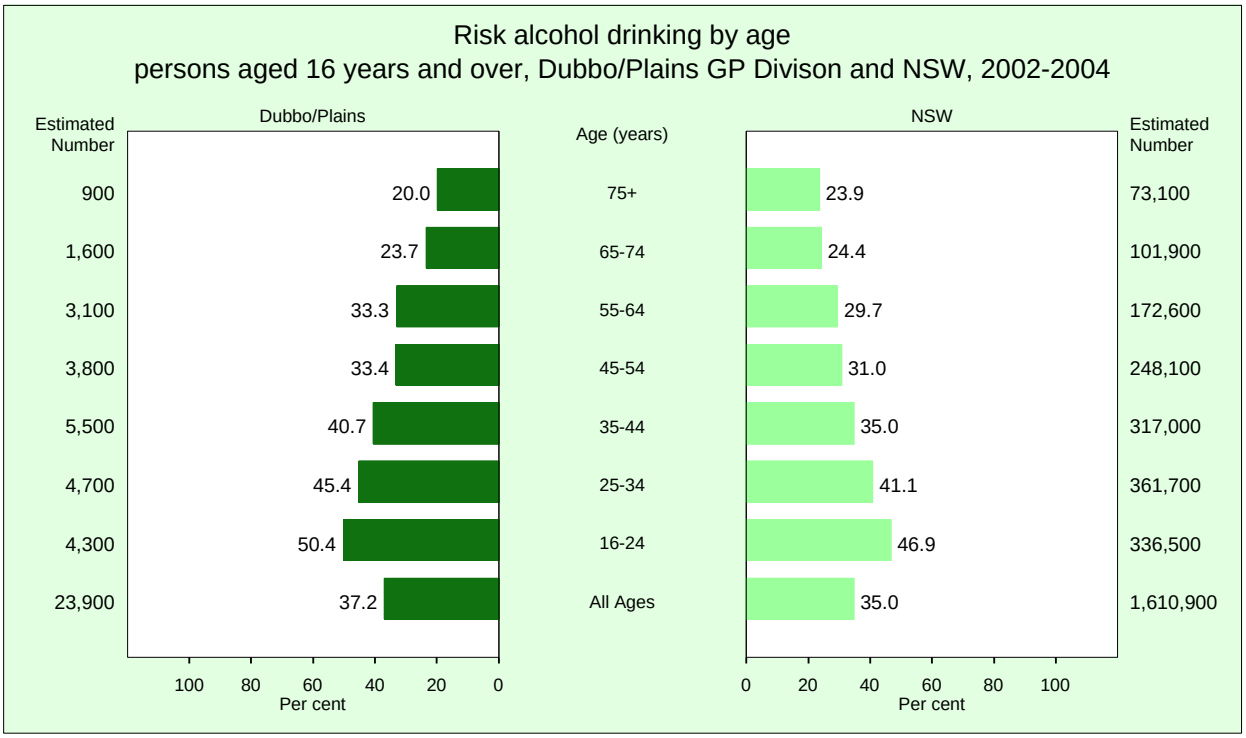
Social Capital

- Attended a community event in the last 6 months
- Most people can be trusted
- Visit neighbours

These indicators are presented in graphical and tabular form. For each indicator, the report includes a bar chart of the indicator by age group (2002, 2003 and 2004 Dubbo/Plains data), compared with the whole of New South Wales. The tables below the charts present the indicator estimates for males, females and persons and includes the 95% confidence intervals (CI). The 95% confidence interval provides a range of values that should contain the actual value 95% of the time. In general, a wider confidence interval reflects less certainty in the indicator estimate. If confidence intervals do not overlap then the observed estimates are significantly different. **Source:** New South Wales Population Health Survey 2002, 2003 and 2004 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Risk alcohol drinking by age

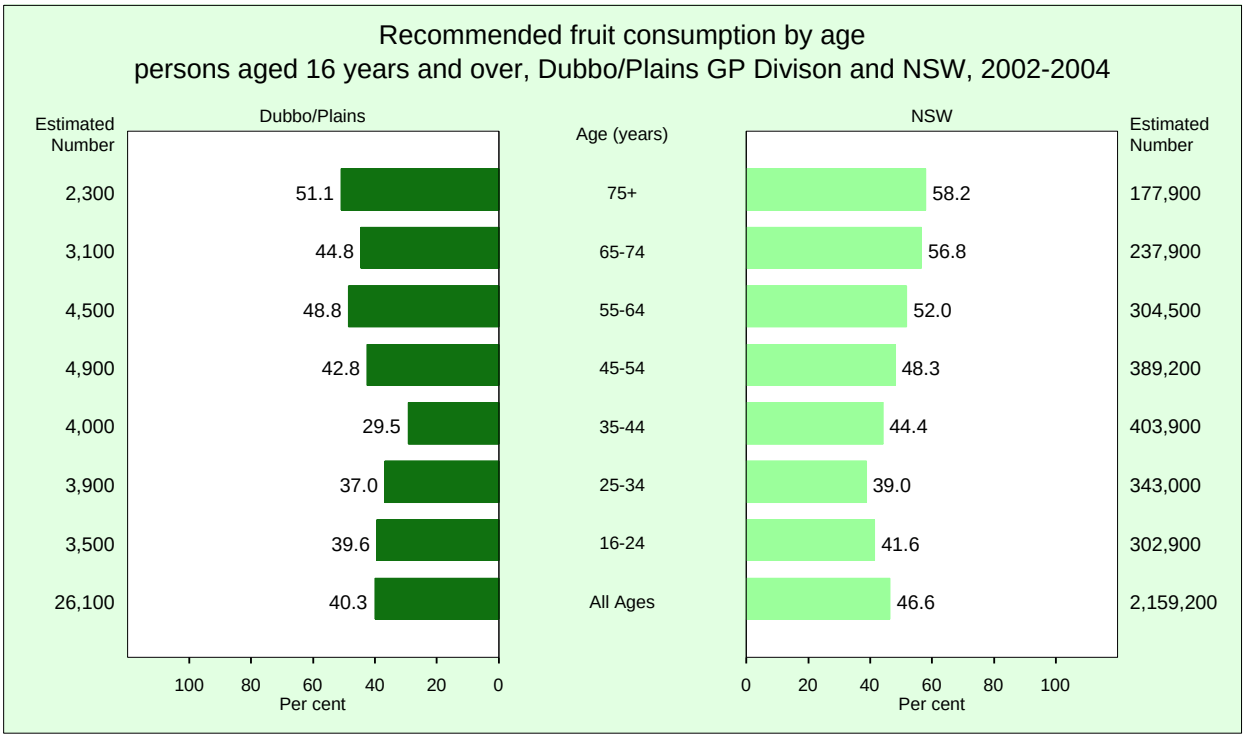


Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	43.5 (39.1-48.0)	13,700	31.1 (27.6-34.5)	10,100	37.2 (34.3-40.0)	23,900
	16-24	46.7 (34.5-58.8)	2,000	54.3 (41.2-67.4)	2,300	50.4 (41.5-59.4)	4,300
	25-34	54.8 (41.4-68.3)	2,600	37.5 (27.8-47.2)	2,100	45.4 (37.2-53.7)	4,700
	35-44	45.8 (34.3-57.3)	3,100	35.6 (27.1-44.1)	2,400	40.7 (33.6-47.8)	5,500
	45-54	42.5 (32.3-52.6)	2,400	24.5 (17.5-31.5)	1,400	33.4 (27.2-39.6)	3,800
	55-64	38.3 (30.0-46.5)	1,800	27.8 (20.9-34.8)	1,200	33.3 (27.9-38.7)	3,100
	65-74	35.4 (26.8-44.0)	1,200	12.5 (7.4-17.7)	400	23.7 (18.6-28.9)	1,600
	75+	31.3 (15.4-47.1)	600	11.4 (5.3-17.6)	300	20.0 (11.7-28.4)	900
NSW	All Ages	40.2 (39.0-41.5)	907,800	30.0 (29.0-31.0)	700,800	35.0 (34.2-35.7)	1,610,900
	16-24	49.3 (45.8-52.9)	178,300	44.8 (41.5-48.0)	157,500	46.9 (44.6-49.3)	336,500
	25-34	47.2 (43.8-50.7)	205,100	35.2 (32.7-37.7)	156,600	41.1 (38.9-43.2)	361,700
	35-44	38.0 (35.0-40.9)	169,700	32.1 (29.7-34.5)	146,500	35.0 (33.1-36.9)	317,000
	45-54	36.4 (33.6-39.1)	143,500	25.9 (23.9-28.0)	104,500	31.0 (29.3-32.7)	248,100
	55-64	36.0 (33.3-38.6)	105,500	23.4 (21.4-25.4)	66,900	29.7 (28.0-31.4)	172,600
	65-74	31.2 (28.7-33.7)	62,300	18.1 (16.1-20.1)	39,200	24.4 (22.8-26.0)	101,900
	75+	34.2 (30.6-37.8)	43,400	16.6 (14.6-18.6)	29,500	23.9 (21.9-25.8)	73,100

Note: Estimates are based on 1818 respondents in Dubbo/Plains and 34,980 in NSW. For this indicator 23 (1.27%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 389 (1.11%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those people who meet Guideline 1 of the NHMRC Australian Alcohol Guidelines, as 1 or more of the following: consuming alcohol every day, consuming on average more than [4 if male/2 if female] standard drinks, consuming more than [6 if male/4 if female] on any 1 occasion or day. Questions used to define the indicator were 'How often do you usually drink alcohol?', 'On a day when you drink alcohol, how many standard drinks do you usually have?', 'In the past 4 weeks have you had more than [7-10 if male/5-6 if female] drinks in a day?', and 'In the past 4 weeks how often have you had [11 or more if male/7 or more if female] drinks in a day?'.
Questions used to define the 1997 and 1998 indicator were 'How often do you have an alcoholic drink of any kind?', 'On a day when you have alcoholic drinks, how many standard drinks do you usually have?' and 'On the last occasion that you had more than [4 if male/2 if female] drinks in a day, how many drinks did you actually have?'

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Recommended fruit consumption by age

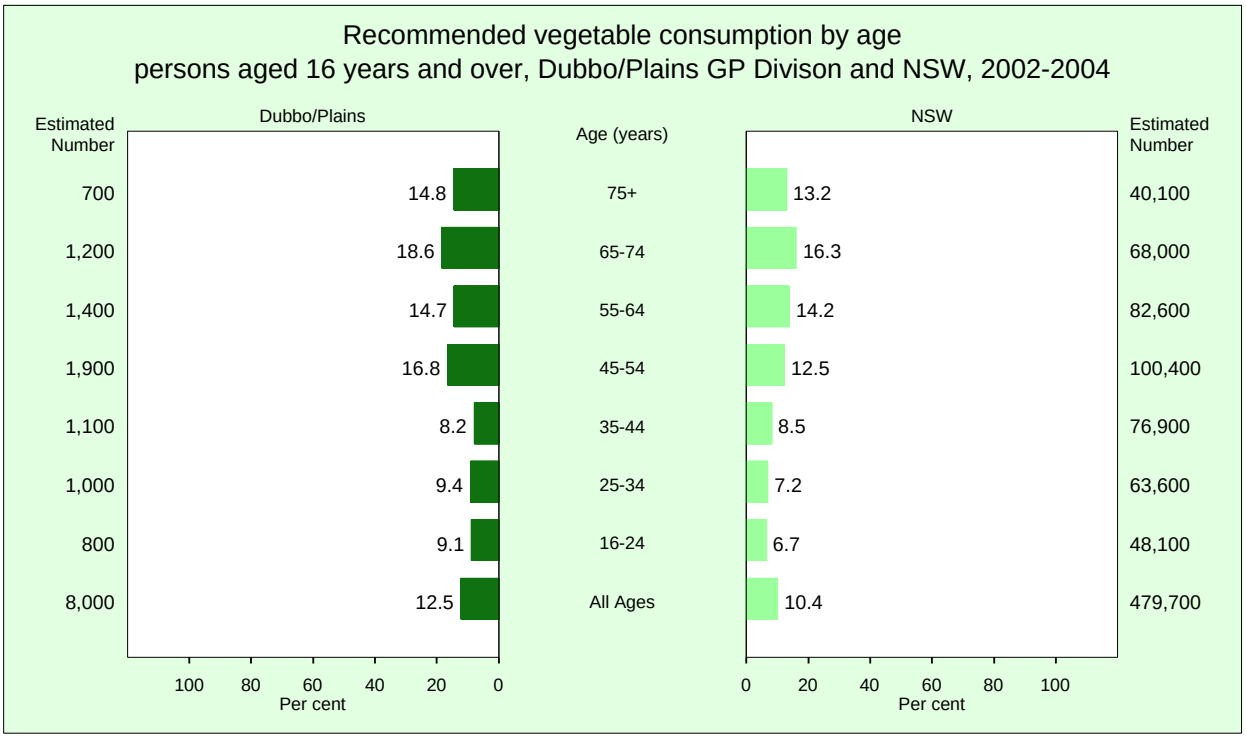


Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	32.1 (28.0-36.1)	10,200	48.0 (44.4-51.7)	15,800	40.3 (37.5-43.1)	26,100
	16-24	35.2 (23.4-47.1)	1,600	44.0 (31.2-56.8)	1,900	39.6 (30.8-48.4)	3,500
	25-34	27.6 (15.4-39.7)	1,300	44.9 (35.0-54.8)	2,500	37.0 (29.2-44.8)	3,900
	35-44	22.6 (13.5-31.6)	1,500	36.3 (27.6-45.0)	2,500	29.5 (23.1-36.0)	4,000
	45-54	33.9 (24.1-43.8)	2,000	51.3 (43.3-59.3)	2,900	42.8 (36.3-49.2)	4,900
	55-64	36.4 (28.3-44.6)	1,700	61.7 (54.5-69.0)	2,800	48.8 (43.1-54.4)	4,500
	65-74	37.5 (28.7-46.2)	1,300	52.0 (44.3-59.7)	1,800	44.8 (38.9-50.6)	3,100
	75+	42.6 (28.6-56.6)	800	57.2 (47.8-66.7)	1,400	51.1 (42.7-59.5)	2,300
NSW	All Ages	40.4 (39.2-41.7)	918,800	52.6 (51.5-53.6)	1,234,800	46.6 (45.8-47.4)	2,159,200
	16-24	39.1 (35.6-42.5)	144,400	44.5 (41.3-47.8)	158,000	41.6 (39.3-44.0)	302,900
	25-34	32.9 (29.7-36.2)	142,700	44.9 (42.2-47.6)	200,200	39.0 (36.8-41.1)	343,000
	35-44	38.2 (35.3-41.2)	171,800	50.4 (47.9-53.0)	231,000	44.4 (42.4-46.4)	403,900
	45-54	41.9 (39.0-44.7)	166,600	54.7 (52.4-57.1)	222,100	48.3 (46.5-50.2)	389,200
	55-64	44.0 (41.2-46.7)	129,800	60.3 (58.0-62.6)	173,500	52.0 (50.2-53.8)	304,500
	65-74	50.0 (47.2-52.8)	99,900	63.0 (60.6-65.4)	137,100	56.8 (55.0-58.6)	237,900
	75+	50.5 (46.7-54.3)	63,600	63.4 (60.7-66.1)	112,700	58.2 (56.0-60.4)	177,900

Note: Estimates are based on 1832 respondents in Dubbo/Plains and 35,162 in NSW. For this indicator 9 (0.49%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 207 (0.59%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who meet the recommended fruit consumption. The recommended consumption of fruit according to the National Campaign is 2 serves for people aged 16 years and over. One serve is equivalent to 1 medium piece or 2 small pieces of fruit.
The question used to define the indicator was 'How many serves of fruit do you usually eat each day?'.

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Recommended vegetable consumption by age



Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	8.1 (6.0-10.2)	2,600	16.7 (14.2-19.3)	5,500	12.5 (10.8-14.2)	8,000
	16-24	10.0 (2.9-17.0)	400	8.2 (1.9-14.5)	400	9.1 (4.3-13.8)	800
	25-34	7.2 (0.9-13.6)	300	11.1 (5.5-16.8)	600	9.4 (5.1-13.6)	1,000
	35-44	2.6 (0.0-5.3)	200	13.6 (7.6-19.6)	900	8.2 (4.7-11.6)	1,100
	45-54	9.1 (3.6-14.6)	500	24.6 (17.6-31.6)	1,400	16.8 (12.2-21.4)	1,900
	55-64	7.3 (3.3-11.3)	300	22.5 (16.0-29.0)	1,000	14.7 (10.8-18.6)	1,400
	65-74	14.5 (8.1-21.0)	500	22.7 (16.4-29.0)	800	18.6 (14.1-23.2)	1,200
	75+	12.7 (3.2-22.2)	300	16.4 (8.6-24.2)	400	14.8 (8.7-20.8)	700
NSW	All Ages	7.0 (6.5-7.6)	159,600	13.6 (12.9-14.3)	320,100	10.4 (9.9-10.9)	479,700
	16-24	5.4 (4.0-6.8)	19,800	8.0 (6.2-9.7)	28,300	6.7 (5.5-7.8)	48,100
	25-34	5.2 (3.8-6.7)	22,700	9.2 (7.5-10.8)	40,900	7.2 (6.1-8.3)	63,600
	35-44	5.2 (4.0-6.5)	23,600	11.6 (10.0-13.3)	53,300	8.5 (7.4-9.5)	76,900
	45-54	7.1 (5.7-8.5)	28,200	17.8 (16.0-19.6)	72,200	12.5 (11.3-13.7)	100,400
	55-64	9.2 (7.7-10.8)	27,200	19.3 (17.5-21.1)	55,400	14.2 (13.0-15.4)	82,600
	65-74	11.9 (10.1-13.7)	23,700	20.4 (18.4-22.5)	44,300	16.3 (15.0-17.7)	68,000
	75+	11.5 (9.2-13.9)	14,400	14.4 (12.4-16.4)	25,700	13.2 (11.7-14.8)	40,100

Note: Estimates are based on 1823 respondents in Dubbo/Plains and 35,000 in NSW. For this indicator 18 (0.99%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 369 (1.05%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who meet the recommended consumption of vegetables. The recommended vegetable intake according to the National Campaign is 5 serves per day for persons aged 16 years and over. One serve is equivalent to 1/2 cup of cooked vegetables or 1 cup of salad vegetables. The question used to define the indicator was: 'How many serves of vegetables do you usually eat each day?'

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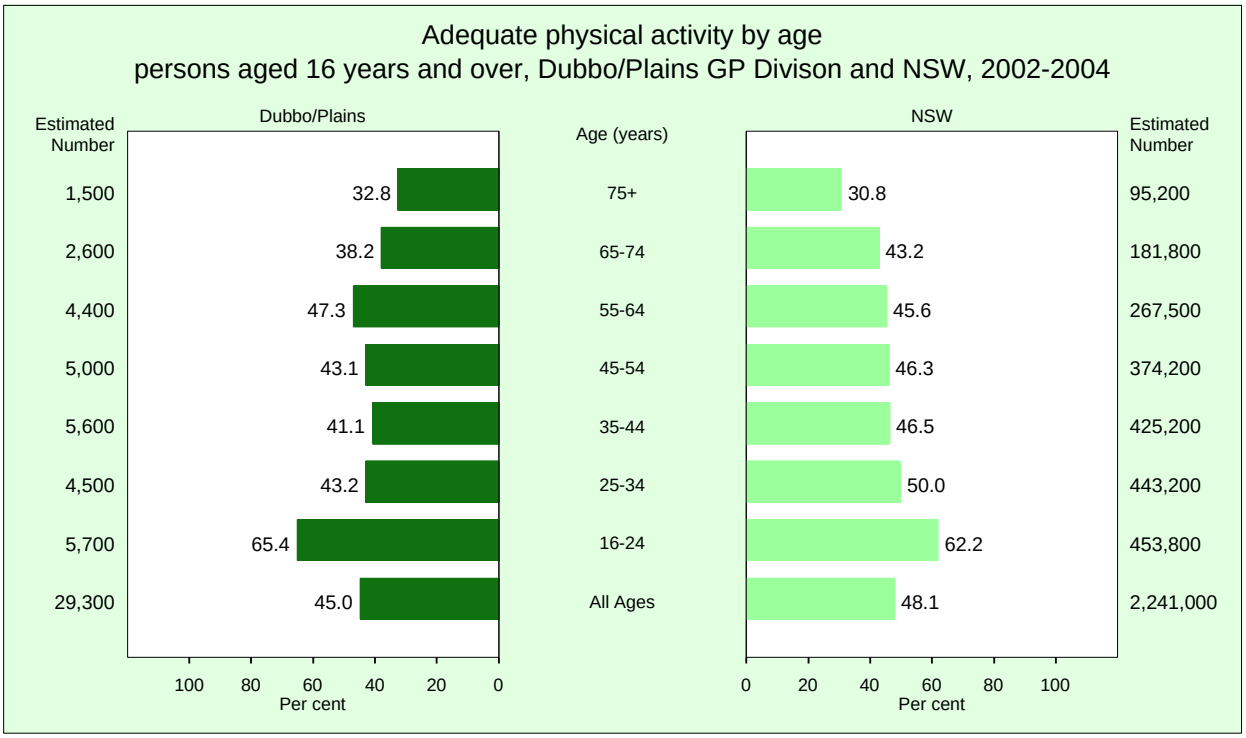
Dubbo/Plains Division of General Practice
Adequate physical activity by age

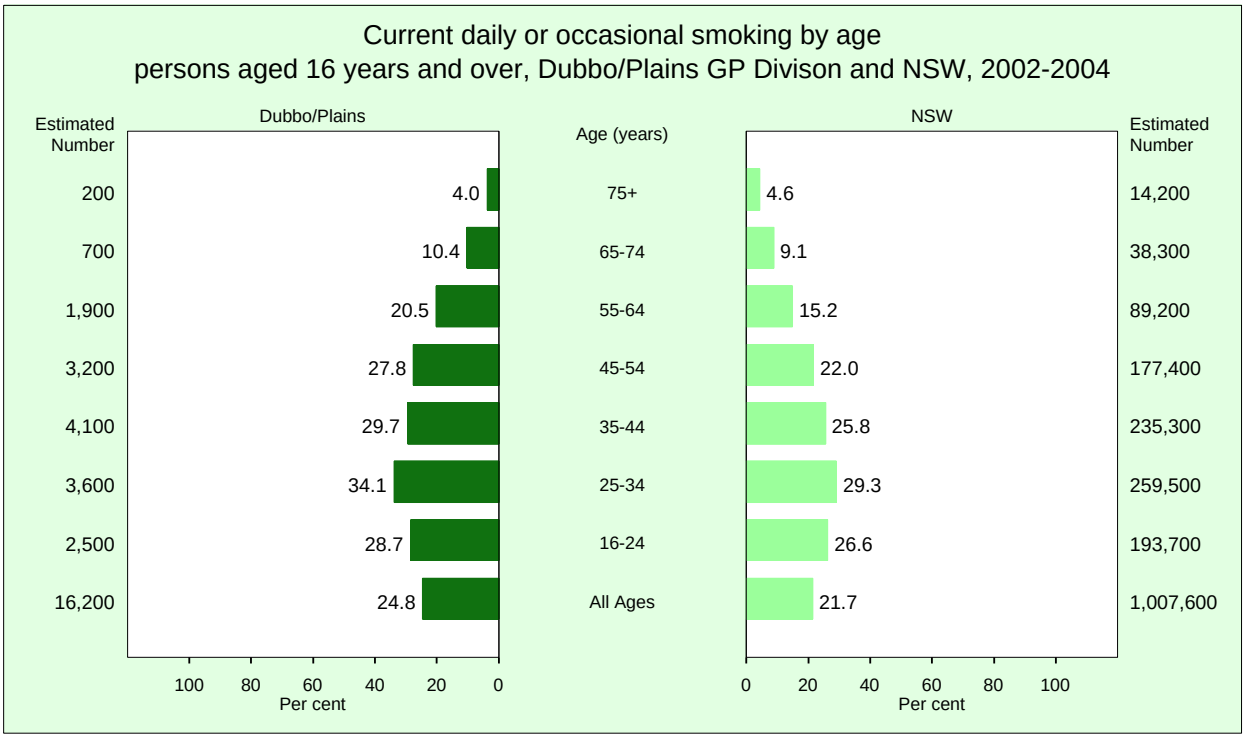


Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	48.5 (44.1-53.0)	15,500	41.7 (38.1-45.3)	13,800	45.0 (42.2-47.9)	29,300
	16-24	69.9 (59.2-80.5)	3,100	61.0 (48.9-73.0)	2,700	65.4 (57.4-73.5)	5,700
	25-34	50.3 (36.9-63.7)	2,400	37.1 (27.7-46.6)	2,100	43.2 (35.1-51.2)	4,500
	35-44	41.0 (29.5-52.6)	2,800	41.1 (32.5-49.7)	2,800	41.1 (33.9-48.2)	5,600
	45-54	45.3 (35.1-55.5)	2,600	40.5 (32.7-48.3)	2,300	43.1 (36.7-49.6)	5,000
	55-64	46.2 (37.8-54.6)	2,200	48.8 (41.3-56.4)	2,200	47.3 (41.6-52.9)	4,400
	65-74	45.7 (36.7-54.6)	1,500	30.8 (23.8-37.8)	1,100	38.2 (32.5-43.9)	2,600
	75+	42.6 (28.7-56.6)	800	25.5 (17.3-33.6)	600	32.8 (25.3-40.3)	1,500
NSW	All Ages	52.5 (51.2-53.8)	1,199,100	44.0 (43.0-45.1)	1,037,600	48.1 (47.3-49.0)	2,241,000
	16-24	66.8 (63.4-70.1)	247,000	57.5 (54.4-60.7)	205,200	62.2 (59.9-64.5)	453,800
	25-34	53.7 (50.3-57.1)	234,900	46.5 (43.9-49.2)	208,200	50.0 (47.8-52.2)	443,200
	35-44	49.4 (46.4-52.5)	223,500	43.6 (41.1-46.2)	200,700	46.5 (44.5-48.5)	425,200
	45-54	49.5 (46.6-52.4)	197,600	43.2 (40.9-45.5)	175,600	46.3 (44.4-48.2)	374,200
	55-64	49.8 (47.0-52.5)	147,500	41.6 (39.3-43.9)	120,000	45.6 (43.8-47.4)	267,500
	65-74	49.6 (46.9-52.4)	99,800	37.3 (34.9-39.7)	81,500	43.2 (41.3-45.0)	181,800
	75+	38.1 (34.4-41.8)	48,600	26.0 (23.6-28.3)	46,500	30.8 (28.8-32.9)	95,200

Note: Estimates are based on 1840 respondents in Dubbo/Plains and 35,365 in NSW. For this indicator 1 (0.05%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 4 (0.01%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who did adequate physical activity. Adequate physical activity is a total of 150 minutes per week on 5 separate occasions. The total minutes were calculated by adding minutes in the last week spent walking continuously for at least 10 minutes, minutes doing moderate physical activity, plus 2 x minutes doing vigorous physical activity. The questions used to define the indicator were 'In the last week, how many times have you walked continuously for at least 10 minutes for recreation or exercise or to get to or from places?', 'What do you estimate was the total time you spent walking in this way in the last week?','In the last week, how many times did you do any vigorous physical activity which made you breathe harder or puff and pant?', 'What do you estimate was the total time you spent doing this vigorous physical activity in the last week?', 'In the last week, how many times did you do any other more moderate physical activity that you have not already mentioned?' and 'What do you estimate was the total time that you spent doing these activities in the last week?'.

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Current daily or occasional smoking by age

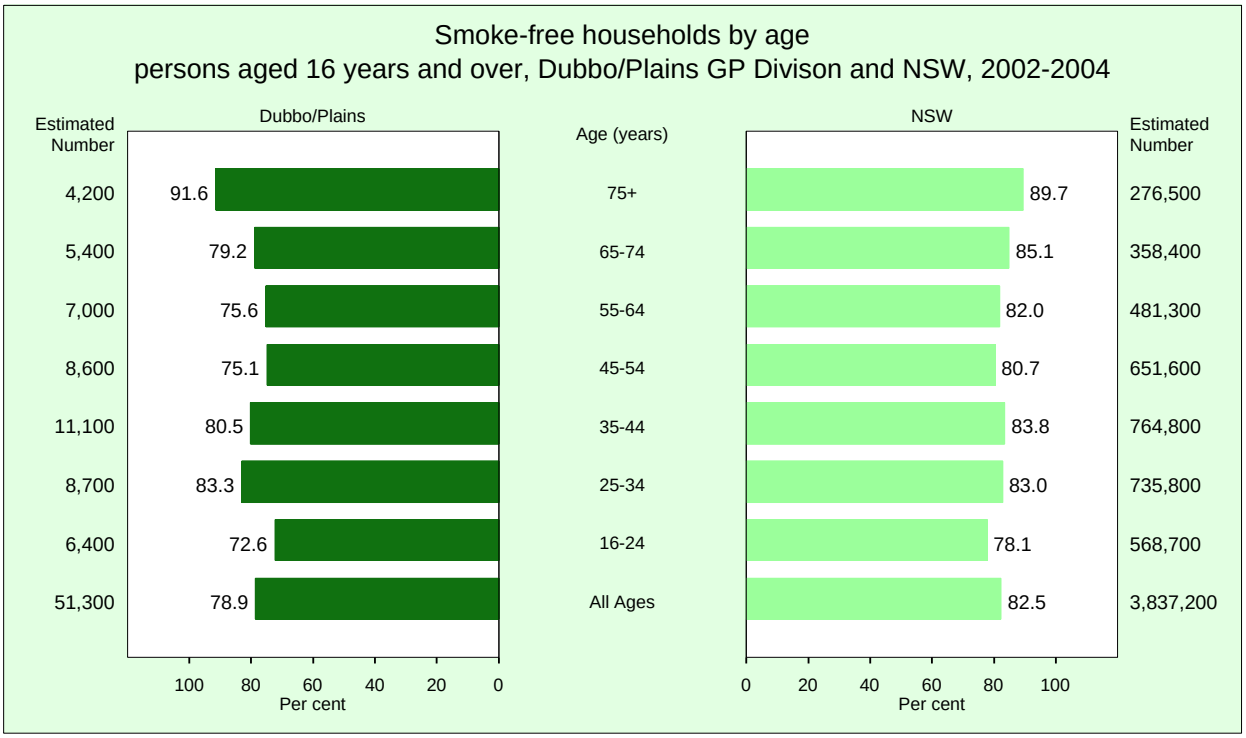


Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	28.0 (23.9-32.2)	8,900	21.7 (18.6-24.8)	7,200	24.8 (22.2-27.4)	16,200
	16-24	34.0 (22.3-45.7)	1,500	23.4 (12.8-34.0)	1,000	28.7 (20.7-36.7)	2,500
	25-34	39.0 (26.0-52.1)	1,900	29.9 (20.6-39.3)	1,700	34.1 (26.3-42.0)	3,600
	35-44	35.8 (24.4-47.2)	2,400	23.8 (16.6-31.0)	1,700	29.7 (22.9-36.5)	4,100
	45-54	27.0 (18.0-36.1)	1,600	28.8 (21.2-36.3)	1,600	27.8 (21.9-33.7)	3,200
	55-64	22.4 (15.4-29.4)	1,100	18.0 (12.4-23.7)	800	20.5 (15.9-25.0)	1,900
	65-74	13.0 (6.9-19.1)	400	7.6 (4.0-11.1)	300	10.4 (6.9-14.0)	700
	75+	3.4 (0.0-7.5)	100	4.5 (0.9-8.1)	100	4.0 (1.3-6.7)	200
NSW	All Ages	23.9 (22.8-25.0)	546,100	19.4 (18.6-20.2)	456,900	21.7 (21.0-22.3)	1,007,600
	16-24	26.7 (23.7-29.8)	98,800	26.0 (23.2-28.8)	92,600	26.6 (24.5-28.6)	193,700
	25-34	32.9 (29.8-36.1)	144,000	25.8 (23.4-28.1)	115,200	29.3 (27.3-31.2)	259,500
	35-44	29.1 (26.5-31.8)	131,400	22.4 (20.5-24.4)	103,100	25.8 (24.1-27.4)	235,300
	45-54	24.3 (21.9-26.8)	97,300	19.6 (17.8-21.4)	79,700	22.0 (20.4-23.5)	177,400
	55-64	15.7 (13.8-17.6)	46,600	14.6 (13.1-16.2)	42,200	15.2 (14.0-16.4)	89,200
	65-74	10.3 (8.7-11.9)	20,700	7.9 (6.6-9.2)	17,200	9.1 (8.1-10.1)	38,300
	75+	5.7 (4.0-7.4)	7,300	3.9 (3.0-4.8)	6,900	4.6 (3.7-5.5)	14,200

Note: Estimates are based on 1841 respondents in Dubbo/Plains and 35,353 in NSW. For this indicator 0 (0%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 16 (0.05%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who smoked daily or occasionally. The question used to define the indicator was 'Which of the following best describes your smoking status? Smoke daily, Smoke occasionally, Do not smoke now, but I used to, I have tried it a few times but never smoked regularly, and I have never smoked'.

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Smoke-free households by age



Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	78.4 (74.8-82.0)	25,000	79.3 (76.2-82.3)	26,200	78.9 (76.5-81.2)	51,300
	16-24	73.8 (62.8-84.8)	3,200	71.4 (59.8-82.9)	3,100	72.6 (64.6-80.6)	6,400
	25-34	84.1 (74.9-93.4)	4,000	82.6 (74.6-90.5)	4,700	83.3 (77.2-89.3)	8,700
	35-44	79.7 (70.4-88.9)	5,400	81.2 (74.7-87.7)	5,600	80.5 (74.8-86.1)	11,100
	45-54	74.6 (65.7-83.4)	4,300	75.6 (68.1-83.0)	4,300	75.1 (69.4-80.9)	8,600
	55-64	71.7 (64.2-79.3)	3,400	79.7 (73.7-85.7)	3,600	75.6 (70.7-80.4)	7,000
	65-74	81.8 (74.9-88.6)	2,800	76.9 (70.5-83.2)	2,600	79.2 (74.5-83.8)	5,400
	75+	92.4 (87.1-97.8)	1,800	90.9 (85.4-96.4)	2,300	91.6 (87.8-95.5)	4,200
NSW	All Ages	81.7 (80.7-82.6)	1,863,400	83.3 (82.6-84.1)	1,962,200	82.5 (81.9-83.1)	3,837,200
	16-24	76.8 (73.9-79.7)	283,100	79.3 (76.7-82.0)	282,800	78.1 (76.1-80.0)	568,700
	25-34	81.4 (79.0-83.9)	356,100	84.6 (82.7-86.5)	378,600	83.0 (81.5-84.6)	735,800
	35-44	83.4 (81.4-85.5)	376,500	84.1 (82.4-85.9)	386,500	83.8 (82.4-85.1)	764,800
	45-54	79.5 (77.4-81.7)	317,900	81.8 (80.1-83.5)	332,300	80.7 (79.3-82.0)	651,600
	55-64	82.0 (80.0-84.1)	243,200	82.0 (80.3-83.8)	236,300	82.0 (80.6-83.4)	481,300
	65-74	86.0 (84.1-87.9)	172,900	84.4 (82.5-86.4)	184,300	85.1 (83.8-86.5)	358,400
	75+	89.1 (86.8-91.5)	113,700	90.3 (88.8-91.8)	161,400	89.7 (88.4-91.0)	276,500

Note: Estimates are based on 1840 respondents in Dubbo/Plains and 35,328 in NSW. For this indicator 1 (0.05%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 39 (0.11%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those households who indicated that their home was smoke-free. The question used to define the indicator was 'Which of the following best describes your home situation? My home is smoke-free, People occasionally smoke in the house, and People frequently smoke in the house'.

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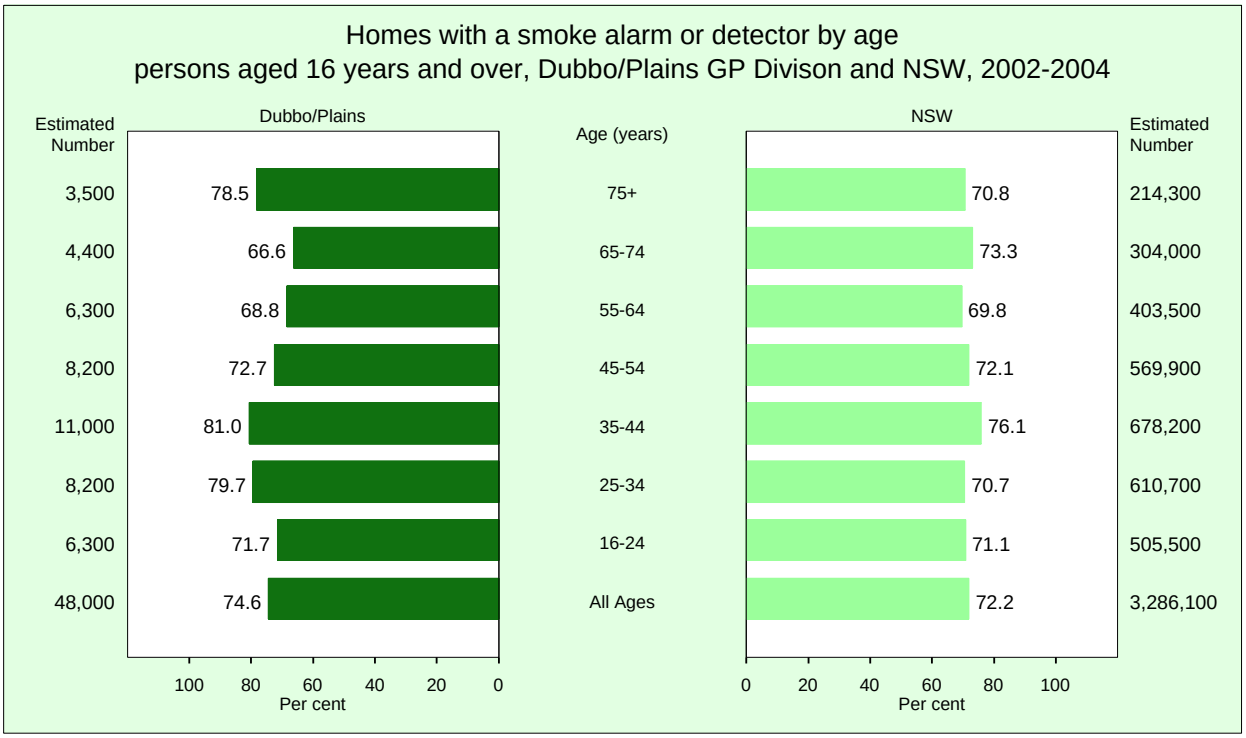
Dubbo/Plains Division of General Practice
Homes with a smoke alarm or detector by age



Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	75.7 (72.3-79.2)	23,900	73.6 (70.5-76.7)	23,900	74.6 (72.3-77.0)	48,000
	16-24	75.3 (65.7-84.9)	3,300	68.2 (56.7-79.6)	3,000	71.7 (64.2-79.3)	6,300
	25-34	84.1 (75.0-93.1)	4,000	76.0 (68.0-83.9)	4,200	79.7 (73.7-85.7)	8,200
	35-44	82.4 (74.6-90.3)	5,600	79.5 (72.9-86.1)	5,400	81.0 (75.8-86.1)	11,000
	45-54	73.7 (65.1-82.2)	4,200	72.3 (65.4-79.2)	4,000	72.7 (67.2-78.3)	8,200
	55-64	66.8 (58.8-74.8)	3,200	70.7 (63.8-77.6)	3,100	68.8 (63.4-74.1)	6,300
	65-74	65.2 (56.5-73.8)	2,200	67.8 (60.0-75.5)	2,300	66.6 (60.8-72.4)	4,400
	75+	79.3 (69.2-89.4)	1,500	77.6 (70.2-85.1)	1,900	78.5 (72.5-84.6)	3,500
NSW	All Ages	71.8 (70.7-72.9)	1,599,000	72.6 (71.7-73.6)	1,676,900	72.2 (71.5-72.9)	3,286,100
	16-24	72.1 (68.9-75.2)	258,400	69.9 (67.0-72.9)	244,300	71.1 (68.9-73.2)	505,500
	25-34	71.4 (68.3-74.4)	302,700	70.1 (67.6-72.6)	307,300	70.7 (68.7-72.7)	610,700
	35-44	74.1 (71.5-76.8)	326,200	78.0 (75.9-80.1)	350,100	76.1 (74.4-77.8)	678,200
	45-54	72.8 (70.2-75.5)	284,400	71.5 (69.3-73.7)	284,500	72.1 (70.4-73.8)	569,900
	55-64	68.7 (66.1-71.3)	200,100	70.9 (68.8-73.1)	201,600	69.8 (68.2-71.5)	403,500
	65-74	71.1 (68.5-73.7)	140,200	75.6 (73.4-77.7)	162,900	73.3 (71.6-75.0)	304,000
	75+	69.5 (65.9-73.0)	87,000	72.0 (69.5-74.5)	126,200	70.8 (68.8-72.9)	214,300

Note: Estimates are based on 1817 respondents in Dubbo/Plains and 34,762 in NSW. For this indicator 0 (0%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 0 (0%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who have a smoke alarm or detector in their home. The question used to define the indicator was 'Do you have any of the following fire safety measures in your home? Fire alarm (hard wired), Fire alarm (battery operated only), Fire sprinkler system, Safety switch or circuit breaker, Fire extinguisher, Fire evacuation plan, External water supply, External sprinkler'.

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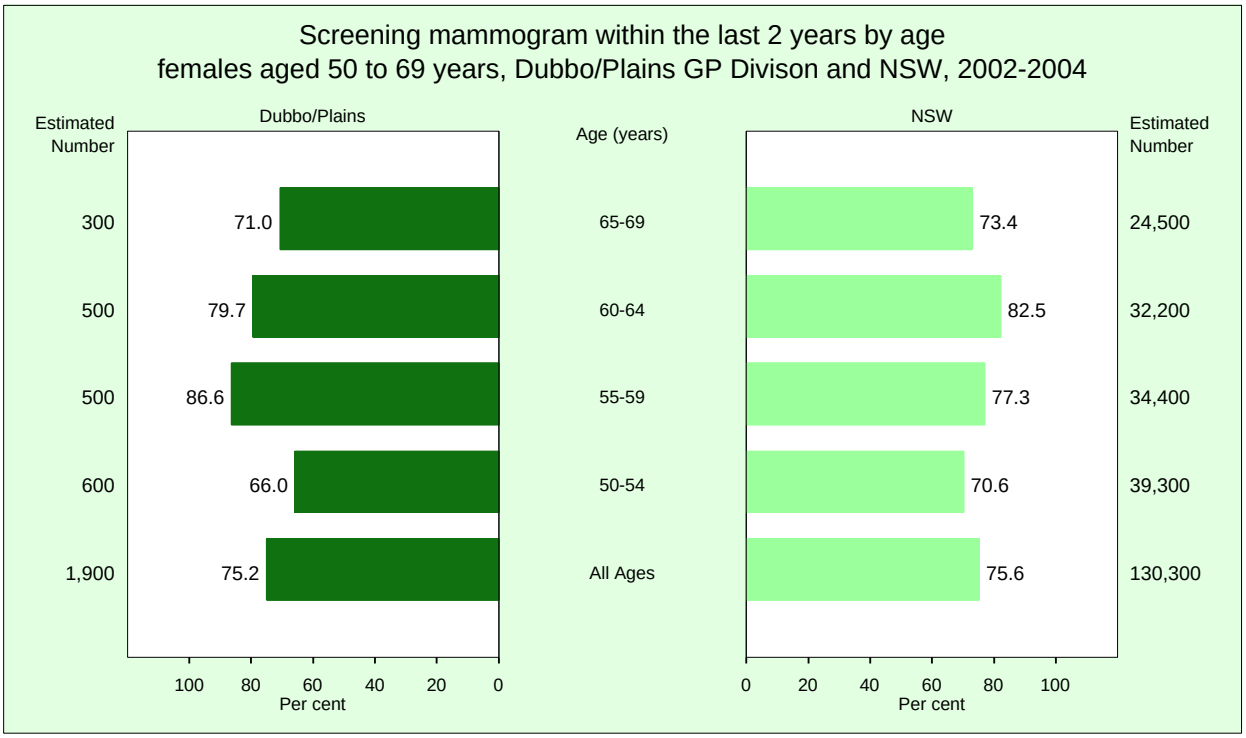
Dubbo/Plains Division of General Practice
Screening mammogram within the last 2 years by age



Division	Age (years)	Females (95% CI)	Females (est. no.)
Dubbo/Plains	All Ages	75.2 (66.5-83.9)	1,900
	50-54	66.0 (48.6-83.5)	600
	55-59	86.6 (73.2-100)	500
	60-64	79.7 (65.2-94.2)	500
	65-69	71.0 (48.7-93.2)	300
NSW	All Ages	75.6 (73.0-78.2)	130,300
	50-54	70.6 (65.5-75.7)	39,300
	55-59	77.3 (72.6-82.1)	34,400
	60-64	82.5 (78.5-86.6)	32,200
	65-69	73.4 (66.6-80.2)	24,500

Note: Estimates are based on 107 respondents in Dubbo/Plains and 2,202 in NSW. For this indicator 0 (0%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 5 (0.23%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who have had a screening mammogram in the last 2 years. This excludes women who had a mammogram for a breast problem or had had breast cancer in the past. The questions used to define the indicator were "Have you ever had a mammogram?" and "When did you last have a mammogram?" and "Can you tell me all the reasons why you had your last mammogram?".

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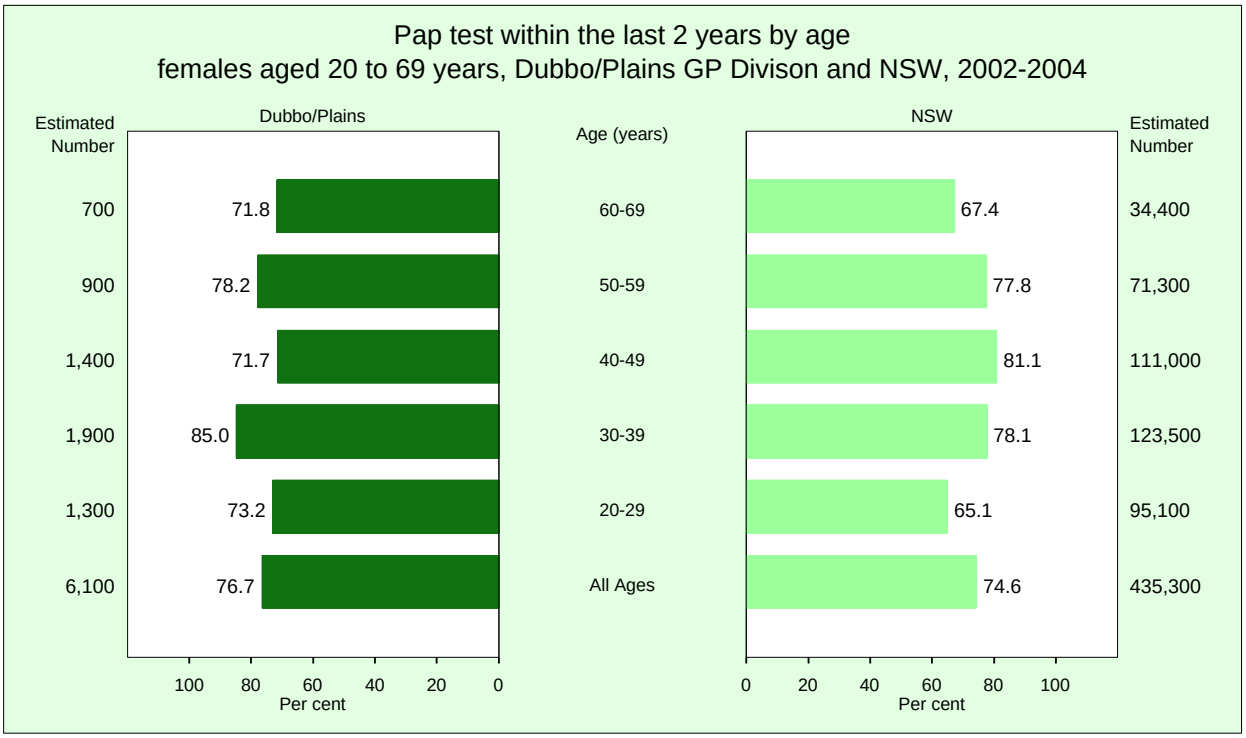
Dubbo/Plains Division of General Practice
Pap test within the last 2 years by age

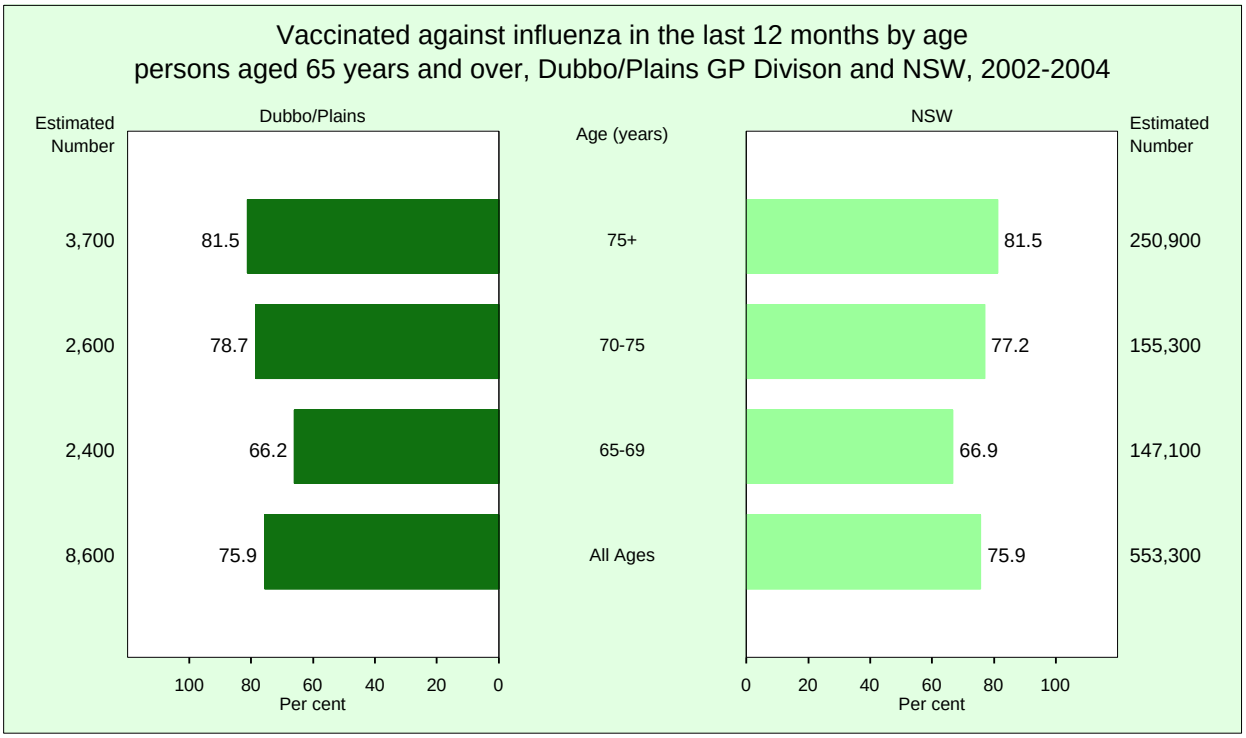


Division	Age (years)	Females (95% CI)	Females (est. no.)
Dubbo/Plains	All Ages	76.7 (70.8-82.6)	6,100
	20-29	73.2 (59.6-86.9)	1,300
	30-39	85.0 (74.1-95.9)	1,900
	40-49	71.7 (58.8-84.7)	1,400
	50-59	78.2 (65.1-91.3)	900
	60-69	71.8 (58.5-85.2)	700
NSW	All Ages	74.6 (72.8-76.4)	435,300
	20-29	65.1 (60.7-69.6)	95,100
	30-39	78.1 (74.6-81.5)	123,500
	40-49	81.1 (77.9-84.4)	111,000
	50-59	77.8 (74.2-81.4)	71,300
	60-69	67.4 (63.0-71.9)	34,400

Note: Estimates are based on 227 respondents in Dubbo/Plains and 4,499 in NSW. For this indicator 1 (0.44%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 23 (0.51%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who have had a Pap test in the last 2 years and have not had a hysterectomy. The questions used to define the indicator were "A Pap test, is a routine test carried out by a doctor. It is recommended for all women for early detection of cancer of the cervix. Have you ever had a Pap test?", "When did you last have a Pap test?" and "Have you ever had a hysterectomy?".

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Vaccinated against influenza in the last 12 months by age



Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	75.2 (69.0-81.4)	4,000	76.3 (71.0-81.6)	4,500	75.9 (71.9-79.9)	8,600
	65-69	63.4 (51.9-74.9)	1,100	68.6 (58.4-78.8)	1,200	66.2 (58.6-73.9)	2,400
	70-75	77.7 (66.9-88.5)	1,200	79.6 (69.6-89.6)	1,300	78.7 (71.4-86.0)	2,600
	75+	83.8 (74.9-92.7)	1,700	79.4 (71.5-87.3)	2,000	81.5 (75.5-87.4)	3,700
NSW	All Ages	75.5 (73.5-77.4)	247,700	76.3 (74.8-77.8)	302,900	75.9 (74.7-77.1)	553,300
	65-69	65.2 (61.6-68.7)	69,900	68.8 (65.7-72.0)	77,000	66.9 (64.5-69.3)	147,100
	70-75	77.2 (73.8-80.6)	72,400	77.3 (74.4-80.2)	82,200	77.2 (75.0-79.4)	155,300
	75+	82.9 (79.9-85.8)	105,500	80.4 (78.3-82.6)	143,700	81.5 (79.7-83.2)	250,900

Note: Estimates are based on 550 respondents in Dubbo/Plains and 9,684 in NSW. For this indicator 0 (0%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 12 (0.12%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those respondents that are aged 65 years and over who have been vaccinated against flu in the past 12 months.
The question used was 'Were you vaccinated or immunised against flu in the past 12 months?'.

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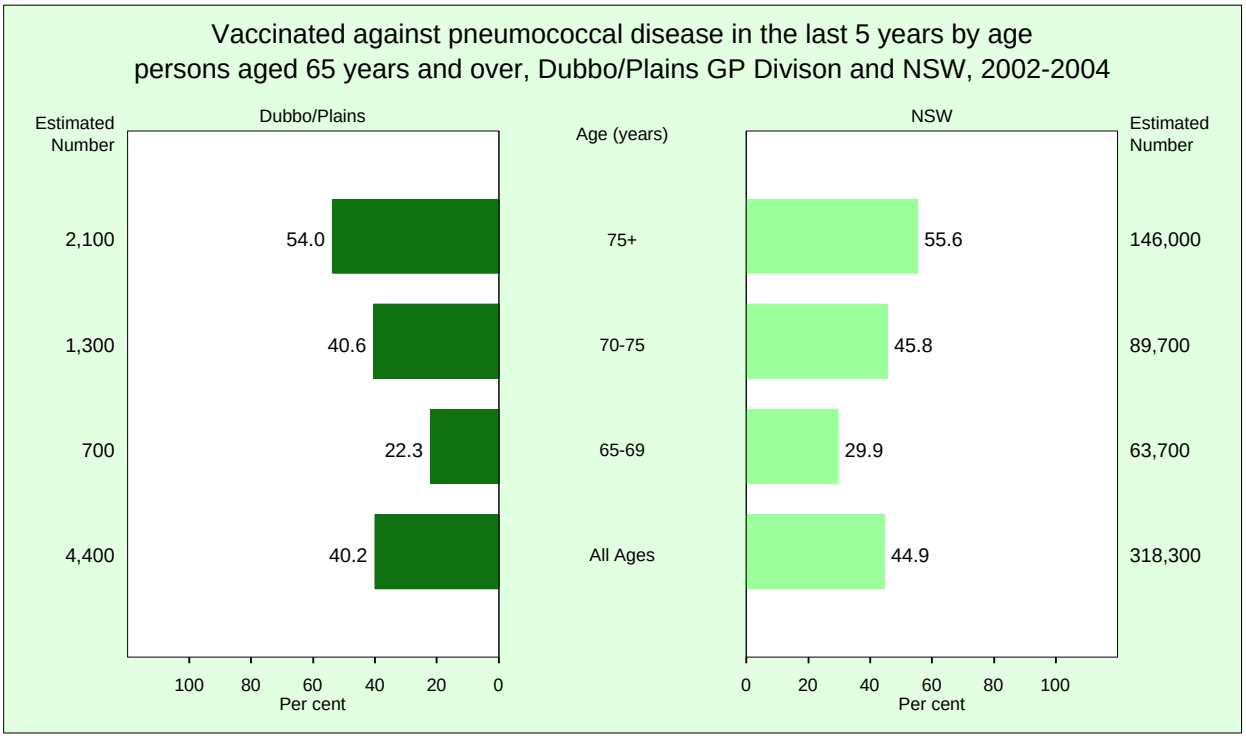
Dubbo/Plains Division of General Practice
Vaccinated against pneumococcal disease in the last 5 years by age



Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	36.7 (28.4-44.9)	1,900	43.1 (37.1-49.0)	2,500	40.2 (35.3-45.2)	4,400
	65-69	23.7 (13.1-34.4)	400	21.1 (12.1-30.0)	400	22.3 (15.4-29.2)	700
	70-75	35.3 (22.1-48.5)	500	45.4 (34.6-56.3)	800	40.6 (32.1-49.1)	1,300
	75+	51.6 (35.2-68.0)	900	55.1 (45.1-65.1)	1,200	54.0 (45.0-63.0)	2,100
NSW	All Ages	42.3 (40.0-44.5)	134,100	47.1 (45.2-48.9)	182,800	44.9 (43.5-46.3)	318,300
	65-69	27.5 (24.1-30.9)	28,400	32.2 (28.8-35.5)	35,200	29.9 (27.5-32.3)	63,700
	70-75	42.0 (37.8-46.1)	38,000	49.2 (45.8-52.7)	51,500	45.8 (43.1-48.5)	89,700
	75+	56.7 (52.6-60.7)	60,200	54.8 (51.9-57.7)	84,800	55.6 (53.2-57.9)	146,000

Note: Estimates are based on 533 respondents in Dubbo/Plains and 9,430 in NSW. For this indicator 17 (3.19%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 266 (2.82%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those respondents that are aged 65 years and over who have been vaccinated against pneumococcal disease in the last 5 years. The question used was "When were you last vaccinated or immunised against pneumonia?".

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Excellent, very good, or good self-rated health status by age

Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	80.0 (76.6-83.4)	25,500	82.2 (79.7-84.8)	27,200	81.1 (79.0-83.2)	52,700
	16-24	90.2 (83.4-97.1)	4,000	91.9 (86.1-97.8)	4,000	91.1 (86.6-95.6)	8,000
	25-34	89.1 (82.0-96.2)	4,300	81.7 (73.8-89.5)	4,600	85.1 (79.6-90.5)	8,900
	35-44	77.5 (68.6-86.4)	5,300	85.8 (79.9-91.7)	5,900	81.7 (76.4-87.0)	11,200
	45-54	76.9 (68.0-85.8)	4,400	80.1 (74.0-86.2)	4,500	78.5 (73.1-84.0)	9,000
	55-64	78.6 (72.0-85.1)	3,700	85.6 (80.7-90.4)	3,800	81.8 (77.6-85.9)	7,600
	65-74	76.9 (69.4-84.5)	2,600	69.5 (62.4-76.5)	2,400	73.1 (67.9-78.3)	5,000
	75+	61.8 (46.3-77.3)	1,200	73.3 (65.2-81.4)	1,800	67.7 (59.3-76.2)	3,100
NSW	All Ages	81.2 (80.2-82.2)	1,852,000	79.8 (79.0-80.6)	1,878,300	80.5 (79.8-81.1)	3,741,600
	16-24	85.1 (82.4-87.8)	314,200	83.2 (80.8-85.5)	296,600	84.2 (82.4-86.0)	613,600
	25-34	84.6 (82.1-87.2)	370,200	85.4 (83.5-87.2)	381,700	85.0 (83.4-86.6)	753,200
	35-44	83.2 (81.1-85.3)	376,100	82.0 (80.1-83.8)	376,800	82.6 (81.2-84.0)	754,800
	45-54	81.6 (79.4-83.7)	325,300	80.0 (78.2-81.8)	324,900	80.7 (79.3-82.1)	651,700
	55-64	76.1 (73.7-78.5)	225,600	75.5 (73.5-77.5)	217,500	75.7 (74.1-77.3)	444,000
	65-74	77.1 (74.7-79.4)	154,600	73.2 (71.0-75.5)	159,500	75.0 (73.4-76.7)	315,300
	75+	68.0 (64.5-71.5)	86,100	68.0 (65.5-70.6)	121,400	68.1 (66.0-70.2)	209,000

Note: Estimates are based on 1840 respondents in Dubbo/Plains and 35,324 in NSW. For this indicator 1 (0.05%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 45 (0.13%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those responding excellent, very good, or good to a global self-rated health status question. The question used to define the indicator was 'Overall, how would you rate your health during the past 4 weeks? Was it excellent, very good, good, fair, poor, or very poor'. Question used to define the indicator in 1997 and 1998 was 'In general would you say your health is excellent, very good, good, fair, or poor'.

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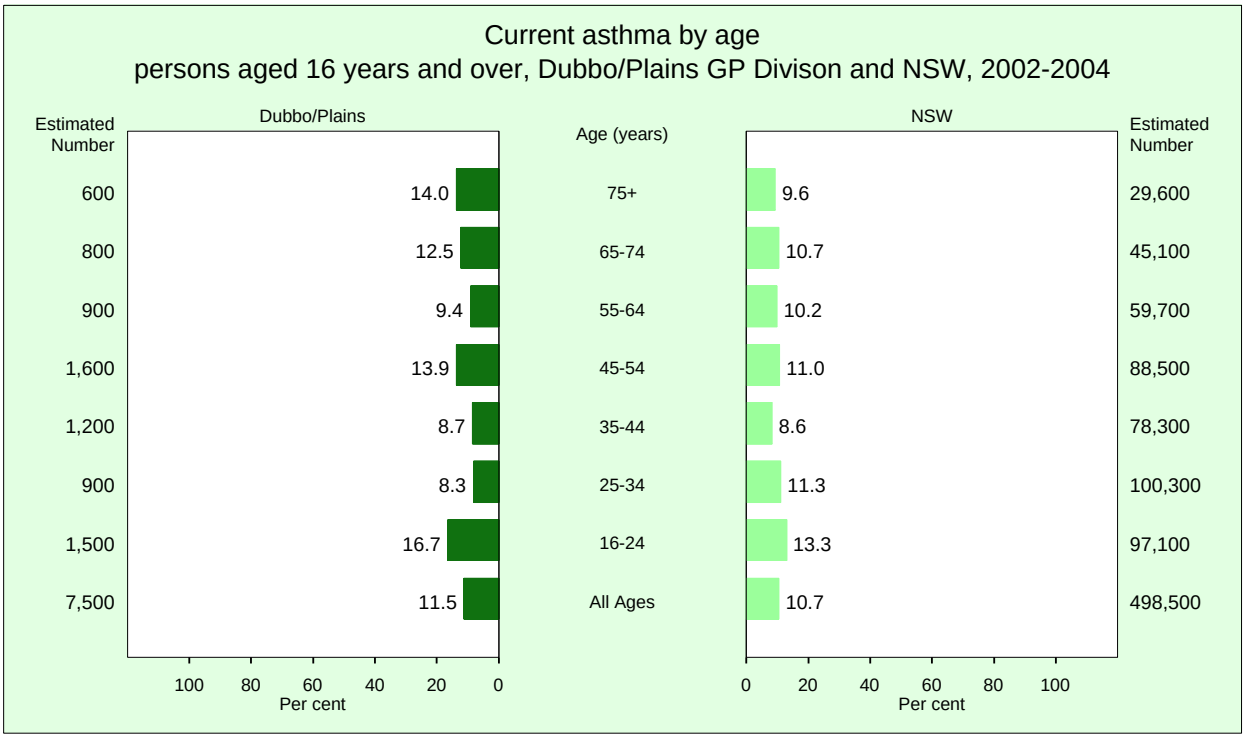
Dubbo/Plains Division of General Practice
Current asthma by age



Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	9.2 (6.7-11.8)	2,900	13.6 (11.1-16.0)	4,500	11.5 (9.7-13.3)	7,500
	16-24	9.1 (2.4-15.9)	400	24.3 (13.5-35.1)	1,100	16.7 (10.2-23.2)	1,500
	25-34	7.8 (1.7-13.9)	400	8.8 (3.9-13.7)	500	8.3 (4.5-12.2)	900
	35-44	6.6 (1.5-11.7)	400	10.7 (5.4-16.0)	700	8.7 (5.0-12.4)	1,200
	45-54	11.2 (4.5-17.9)	600	16.0 (9.9-22.0)	900	13.9 (9.3-18.4)	1,600
	55-64	9.2 (4.2-14.1)	400	9.5 (5.4-13.7)	400	9.4 (6.2-12.6)	900
	65-74	11.0 (5.4-16.6)	400	14.0 (9.1-19.0)	500	12.5 (8.8-16.2)	800
	75+	13.2 (0.0-29.8)	300	14.8 (8.0-21.6)	400	14.0 (5.9-22.1)	600
NSW	All Ages	9.1 (8.4-9.9)	208,300	12.3 (11.6-12.9)	288,700	10.7 (10.2-11.2)	498,500
	16-24	11.8 (9.4-14.2)	43,600	15.0 (12.9-17.1)	53,400	13.3 (11.7-14.9)	97,100
	25-34	12.0 (9.5-14.5)	52,400	10.7 (9.1-12.3)	47,900	11.3 (9.9-12.8)	100,300
	35-44	6.8 (5.4-8.2)	30,600	10.3 (8.9-11.7)	47,300	8.6 (7.6-9.6)	78,300
	45-54	8.1 (6.5-9.6)	32,300	13.8 (12.2-15.4)	56,000	11.0 (9.8-12.1)	88,500
	55-64	7.4 (6.0-8.8)	22,000	12.9 (11.4-14.4)	37,100	10.2 (9.1-11.2)	59,700
	65-74	8.3 (6.8-9.7)	16,600	13.0 (11.3-14.6)	28,300	10.7 (9.6-11.8)	45,100
	75+	8.4 (6.4-10.4)	10,800	10.5 (8.7-12.2)	18,700	9.6 (8.3-10.9)	29,600

Note: Estimates are based on 1840 respondents in Dubbo/Plains and 35,333 in NSW. For this indicator 1 (0.05%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 36 (0.1%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those respondents who had symptoms of asthma or had taken treatment for asthma in the last 12 months. The questions used to define the indicator were 'Have you ever been told by a doctor or at a hospital that you have asthma?' and 'Have you had symptoms of asthma or taken treatment for asthma in the last 12 months?'.

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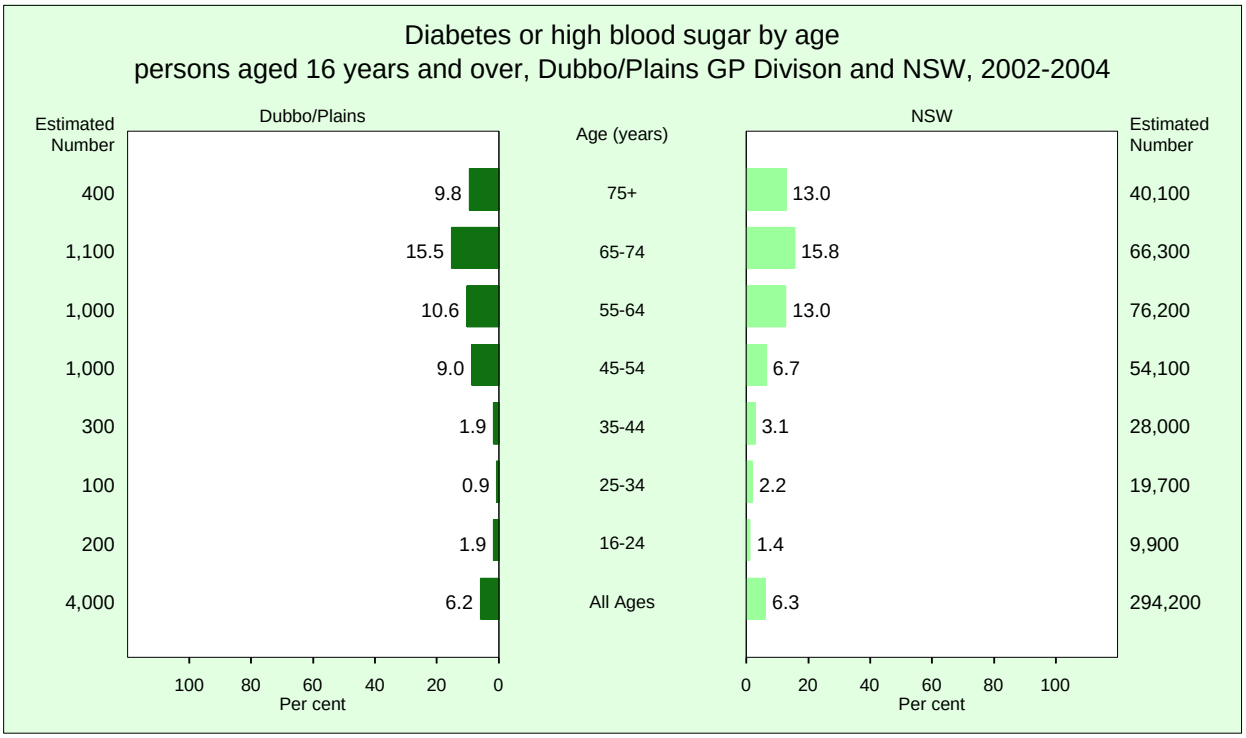
Dubbo/Plains Division of General Practice
Diabetes or high blood sugar by age

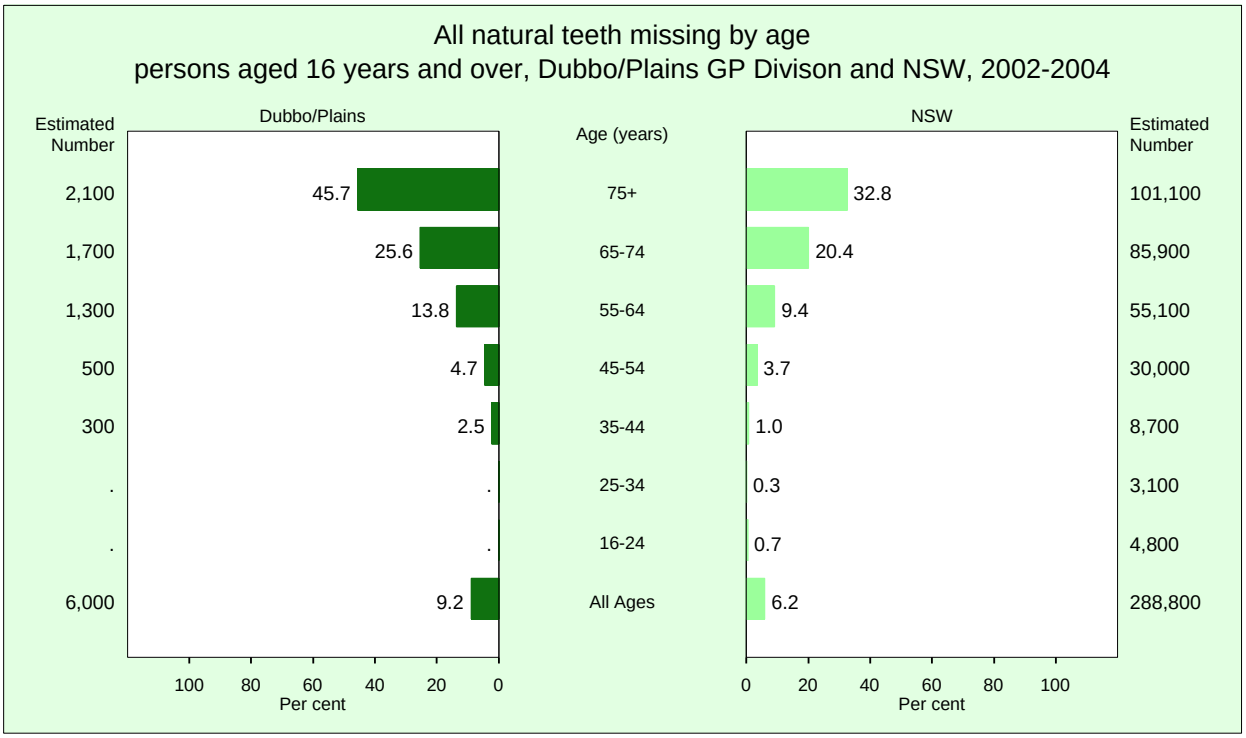


Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	7.8 (5.7-10.0)	2,500	4.3 (3.2-5.4)	1,400	6.2 (5.0-7.4)	4,000
	16-24	2.4 (0.0-6.4)	100	1.4 (0.0-3.5)	100	1.9 (0.0-4.2)	200
	25-34	0.4 (0.0-1.2)	0	1.2 (0.0-3.0)	100	0.9 (0.0-1.9)	100
	35-44	3.2 (0.0-7.0)	200	0.6 (0.0-1.9)	0	1.9 (0.0-3.9)	300
	45-54	12.3 (5.2-19.4)	700	5.0 (1.9-8.1)	300	9.0 (5.0-12.9)	1,000
	55-64	14.3 (8.0-20.6)	700	6.4 (3.0-9.9)	300	10.6 (6.9-14.3)	1,000
	65-74	17.1 (10.3-23.9)	600	13.6 (8.4-18.9)	500	15.5 (11.2-19.8)	1,100
	75+	10.0 (3.4-16.6)	200	8.4 (4.1-12.7)	200	9.8 (5.8-13.7)	400
NSW	All Ages	7.2 (6.6-7.7)	163,400	5.5 (5.1-5.9)	128,900	6.3 (6.0-6.7)	294,200
	16-24	0.9 (0.3-1.5)	3,300	1.8 (0.9-2.7)	6,400	1.4 (0.8-1.9)	9,900
	25-34	2.7 (1.5-3.8)	11,600	1.8 (1.2-2.5)	8,100	2.2 (1.6-2.9)	19,700
	35-44	3.5 (2.5-4.6)	16,000	2.6 (1.9-3.3)	12,000	3.1 (2.5-3.7)	28,000
	45-54	8.0 (6.6-9.5)	32,000	5.3 (4.3-6.3)	21,400	6.7 (5.8-7.6)	54,100
	55-64	16.0 (13.9-18.0)	47,200	9.9 (8.5-11.3)	28,500	13.0 (11.7-14.3)	76,200
	65-74	17.6 (15.4-19.7)	35,200	14.2 (12.4-16.0)	30,800	15.8 (14.4-17.2)	66,300
	75+	14.3 (11.9-16.8)	18,200	12.1 (10.3-13.9)	21,700	13.0 (11.6-14.5)	40,100

Note: Estimates are based on 1834 respondents in Dubbo/Plains and 35,248 in NSW. For this indicator 0 (0%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 8 (0.02%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who either had diabetes or high blood sugar levels but did not have gestational diabetes. The questions used to define the indicator were 'Have you ever been told by a doctor or at a hospital that you have diabetes?', 'Have you ever been told by a doctor or at a hospital that you have high sugar levels in your blood or urine?' and if female 'Were you pregnant when you were first told that you had diabetes or high blood sugar?' and 'Have you ever had diabetes or high blood sugar apart from when you were pregnant?'.

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
All natural teeth missing by age

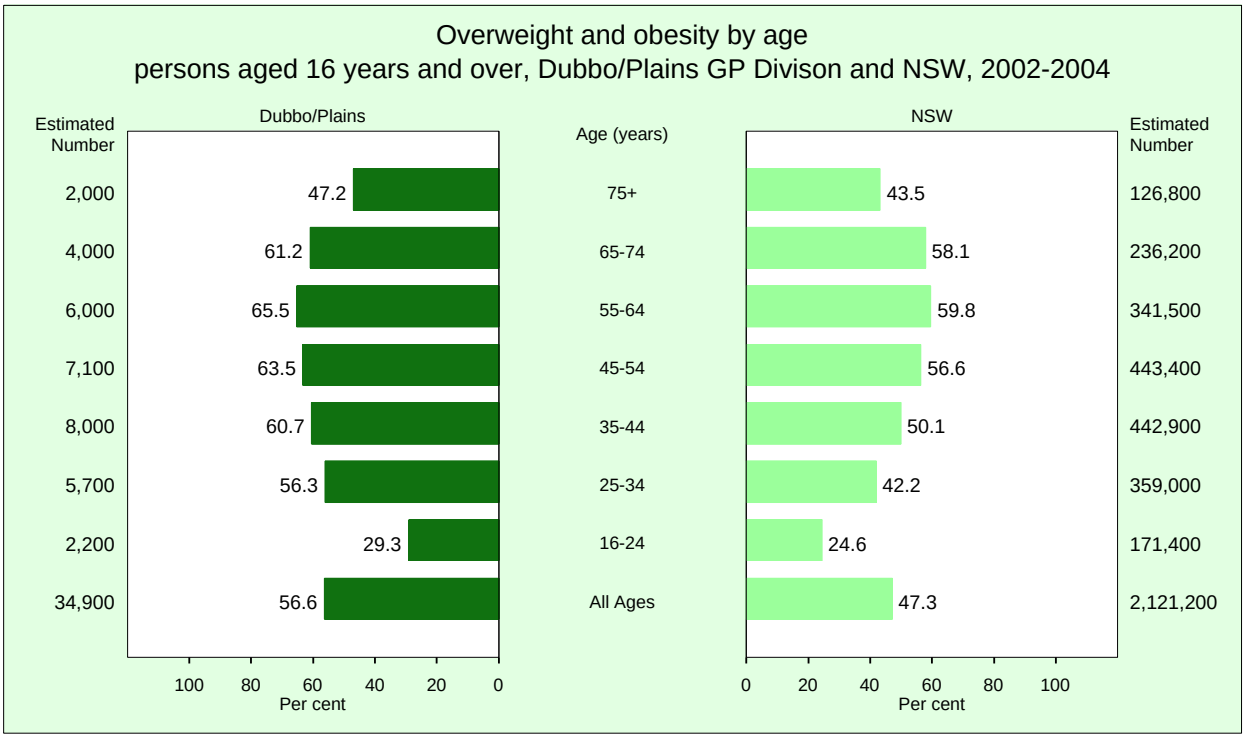


Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	8.1 (6.1-10.2)	2,600	10.1 (8.4-11.8)	3,300	9.2 (7.9-10.5)	6,000
	16-24	. (.-.)	.	. (.-.)	.	. (.-.)	.
	25-34	. (.-.)	.	. (.-.)	.	. (.-.)	.
	35-44	2.7 (0.0-5.9)	200	2.3 (0.0-4.8)	200	2.5 (0.5-4.5)	300
	45-54	5.2 (1.2-9.3)	300	4.2 (1.5-6.9)	200	4.7 (2.3-7.1)	500
	55-64	11.8 (6.6-17.1)	600	15.8 (10.3-21.3)	700	13.8 (10.0-17.7)	1,300
	65-74	22.2 (14.9-29.4)	700	28.9 (22.2-35.7)	1,000	25.6 (20.7-30.6)	1,700
	75+	40.0 (24.5-55.5)	800	49.5 (40.1-58.9)	1,200	45.7 (37.3-54.1)	2,100
NSW	All Ages	4.5 (4.1-4.9)	103,700	7.8 (7.3-8.2)	182,900	6.2 (5.9-6.5)	288,800
	16-24	0.3 (0.0-0.7)	1,200	1.0 (0.1-1.9)	3,600	0.7 (0.2-1.1)	4,800
	25-34	0.2 (0.0-0.5)	1,100	0.4 (0.0-0.9)	2,000	0.3 (0.1-0.6)	3,100
	35-44	0.6 (0.2-1.1)	2,900	1.3 (0.7-1.8)	5,800	1.0 (0.6-1.3)	8,700
	45-54	3.5 (2.5-4.5)	14,100	3.9 (3.0-4.8)	15,900	3.7 (3.0-4.4)	30,000
	55-64	6.8 (5.5-8.1)	20,200	11.8 (10.4-13.2)	33,900	9.4 (8.4-10.4)	55,100
	65-74	15.0 (13.1-16.9)	30,200	25.3 (23.1-27.5)	55,300	20.4 (18.9-21.9)	85,900
	75+	26.7 (23.3-30.2)	34,100	37.1 (34.5-39.7)	66,400	32.8 (30.7-34.8)	101,100

Note: Estimates are based on 1841 respondents in Dubbo/Plains and 35,355 in NSW. For this indicator 0 (0%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 14 (0.04%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those respondents who had all of their natural teeth missing. The question used to define the indicator was 'Are any of your natural teeth missing? (Natural teeth does not include dentures but includes wisdom teeth)'.

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Overweight and obesity by age

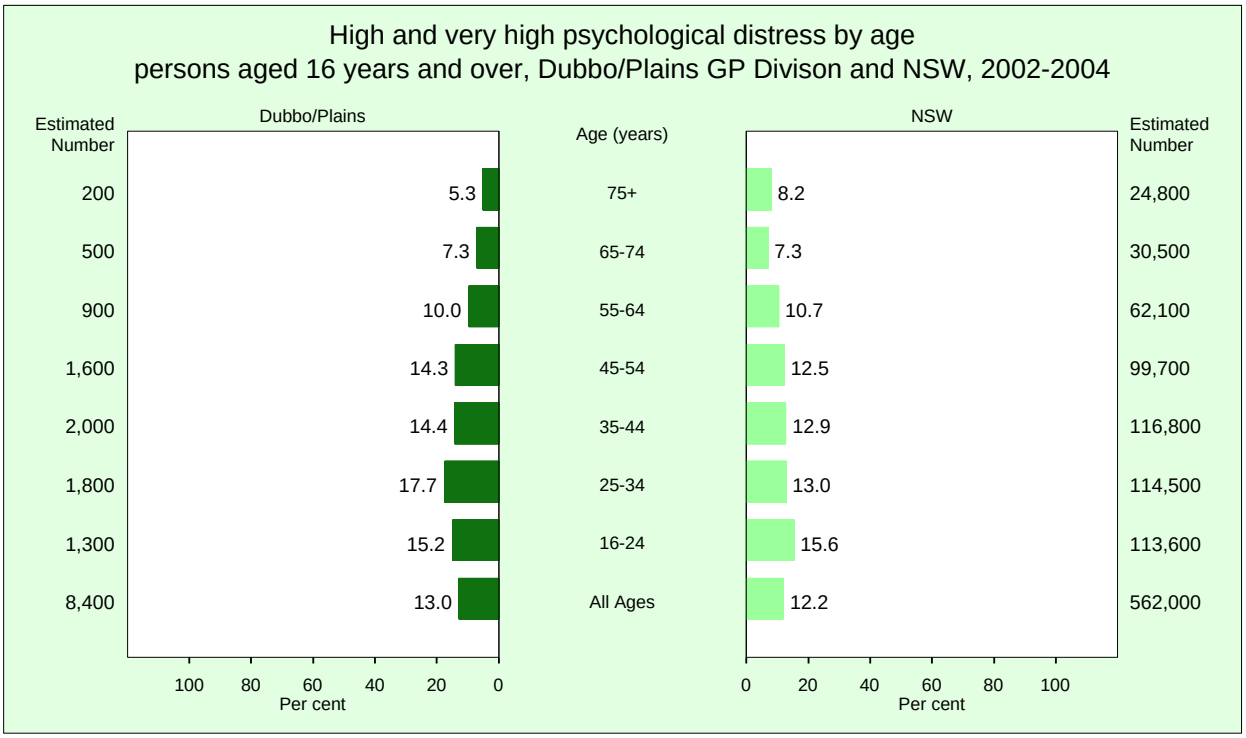


Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	63.4 (59.1-67.7)	19,700	49.7 (45.9-53.4)	15,200	56.6 (53.6-59.5)	34,900
	16-24	33.8 (22.3-45.2)	1,300	24.3 (12.8-35.8)	800	29.3 (21.1-37.5)	2,200
	25-34	63.9 (51.2-76.7)	3,100	49.3 (38.9-59.7)	2,600	56.3 (48.0-64.5)	5,700
	35-44	71.8 (61.6-82.0)	4,800	49.1 (39.9-58.3)	3,200	60.7 (53.5-67.9)	8,000
	45-54	73.7 (64.6-82.8)	4,200	53.2 (45.0-61.4)	2,900	63.5 (57.2-69.8)	7,100
	55-64	68.1 (60.4-75.9)	3,200	62.5 (55.2-69.8)	2,800	65.5 (60.2-70.8)	6,000
	65-74	62.9 (54.1-71.8)	2,100	59.5 (51.9-67.2)	1,900	61.2 (55.3-67.0)	4,000
	75+	52.3 (37.7-66.9)	1,000	43.4 (33.7-53.2)	1,000	47.2 (38.4-55.9)	2,000
NSW	All Ages	54.5 (53.3-55.8)	1,223,800	40.0 (39.0-41.0)	891,000	47.3 (46.5-48.1)	2,121,200
	16-24	30.3 (26.9-33.6)	108,600	18.3 (15.9-20.7)	61,200	24.6 (22.5-26.8)	171,400
	25-34	50.6 (47.2-54.1)	217,500	33.4 (30.9-36.0)	140,400	42.2 (40.0-44.3)	359,000
	35-44	61.1 (58.1-64.1)	272,300	39.0 (36.5-41.6)	170,100	50.1 (48.1-52.2)	442,900
	45-54	64.5 (61.6-67.3)	254,200	48.6 (46.2-51.0)	188,600	56.6 (54.7-58.5)	443,400
	55-64	66.2 (63.5-68.9)	193,300	53.0 (50.6-55.3)	146,800	59.8 (58.0-61.6)	341,500
	65-74	61.1 (58.4-63.8)	121,000	55.3 (52.8-57.8)	114,400	58.1 (56.2-59.9)	236,200
	75+	45.5 (41.7-49.2)	56,900	42.2 (39.3-45.0)	69,500	43.5 (41.2-45.8)	126,800

Note: Estimates are based on 1749 respondents in Dubbo/Plains and 33,809 in NSW. For this indicator 92 (5.26%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 1557 (4.61%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those with a Body Mass Index (BMI) of 25 or higher. The questions used to define the indicator were 'How tall are you without shoes?' and 'How much do you weigh without clothes or shoes?'. The BMI is calculated as follows: BMI = weight(kg)/height^2(m). Categories for this indicator include overweight (BMI between 25 and 29.9) and obese(BMI of 30 and over).

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
High and very high psychological distress by age

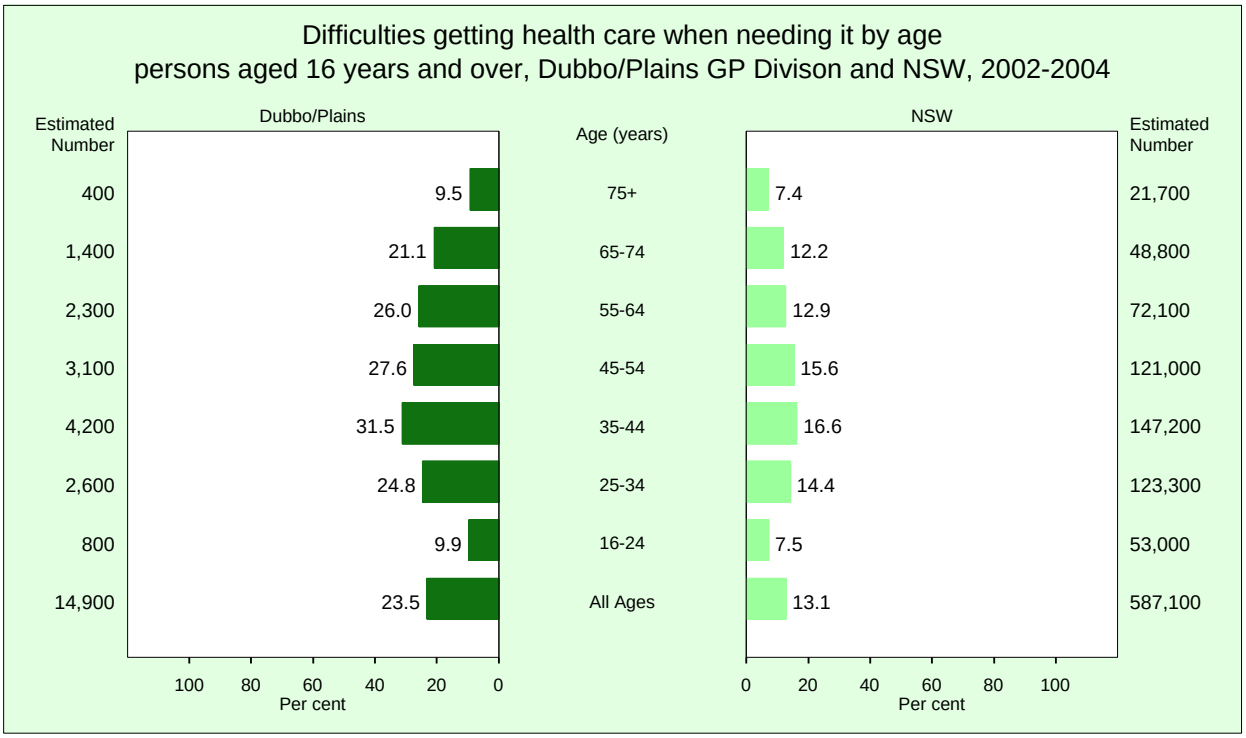


Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	9.0 (6.7-11.2)	2,900	16.7 (13.8-19.7)	5,500	13.0 (11.1-14.9)	8,400
	16-24	10.5 (3.9-17.1)	500	19.9 (9.8-30.1)	900	15.2 (9.1-21.3)	1,300
	25-34	7.0 (1.4-12.6)	300	26.9 (17.5-36.4)	1,500	17.7 (11.6-23.9)	1,800
	35-44	11.6 (5.3-18.0)	800	17.2 (10.8-23.6)	1,200	14.4 (9.9-19.0)	2,000
	45-54	7.7 (2.8-12.7)	400	20.3 (13.4-27.2)	1,200	14.3 (9.9-18.7)	1,600
	55-64	11.8 (6.4-17.2)	600	7.8 (4.0-11.6)	300	10.0 (6.7-13.3)	900
	65-74	5.8 (1.7-10.0)	200	8.8 (4.6-13.0)	300	7.3 (4.4-10.3)	500
	75+	3.1 (0.0-6.6)	100	5.8 (2.1-9.5)	100	5.3 (2.4-8.3)	200
NSW	All Ages	10.4 (9.7-11.2)	235,900	13.9 (13.2-14.7)	324,900	12.2 (11.7-12.7)	562,000
	16-24	11.8 (9.5-14.0)	43,500	19.6 (17.0-22.2)	69,700	15.6 (13.9-17.3)	113,600
	25-34	12.2 (10.0-14.4)	52,600	13.9 (12.1-15.7)	61,800	13.0 (11.6-14.5)	114,500
	35-44	10.8 (9.1-12.6)	48,200	15.0 (13.3-16.8)	68,600	12.9 (11.7-14.1)	116,800
	45-54	10.7 (9.1-12.3)	42,300	14.2 (12.6-15.8)	57,000	12.5 (11.3-13.6)	99,700
	55-64	9.7 (7.9-11.4)	28,400	11.8 (10.2-13.4)	33,700	10.7 (9.5-11.8)	62,100
	65-74	6.1 (4.8-7.5)	12,200	8.4 (7.1-9.6)	18,100	7.3 (6.4-8.2)	30,500
	75+	7.0 (5.0-9.0)	8,700	9.2 (7.6-10.9)	16,100	8.2 (7.0-9.5)	24,800

Note: Estimates are based on 1829 respondents in Dubbo/Plains and 34,985 in NSW. For this indicator 12 (0.66%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 384 (1.1%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those with a Kessler 10 (K10) score of 22 or above. The K10 is a 10-item questionnaire about the level of anxiety and depressive symptoms in the most recent 4-week period. K10 scores for respondents aged 65 years and over were derived using 6 questions from the K10 questionnaire.

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Difficulties getting health care when needing it by age

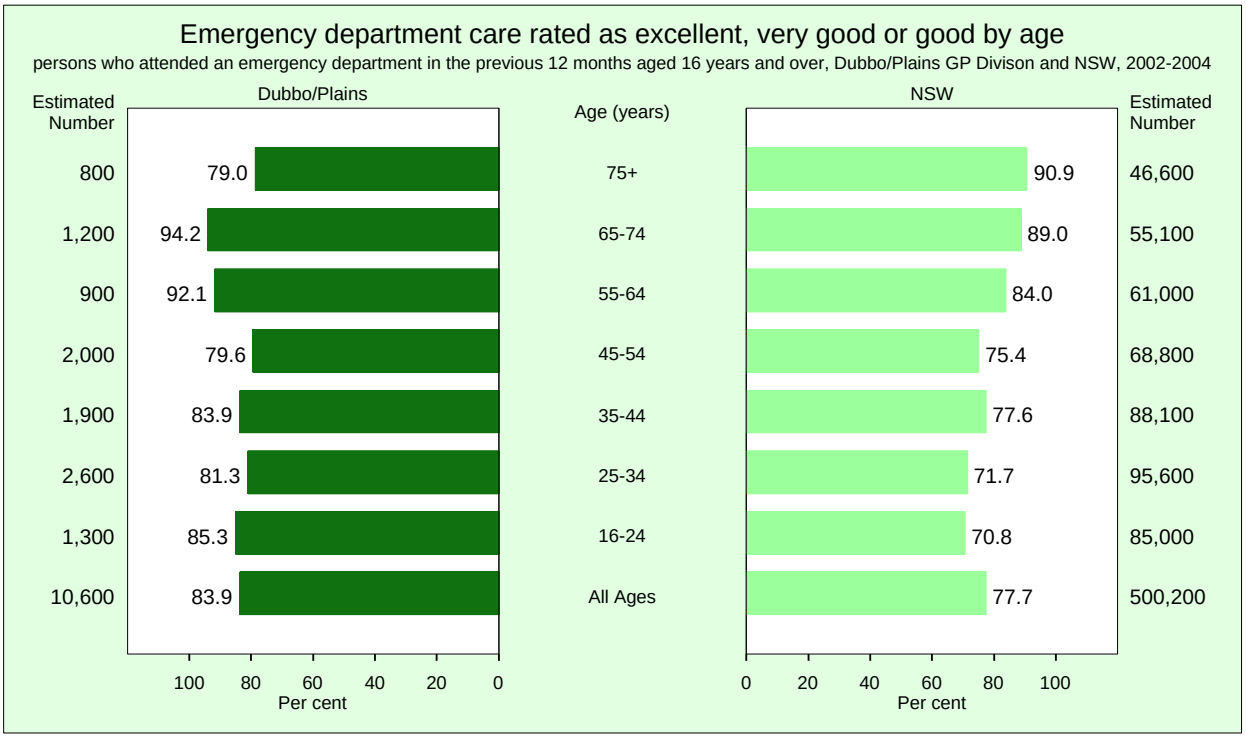


Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	20.2 (16.6-23.9)	6,300	26.7 (23.5-29.9)	8,600	23.5 (21.1-25.9)	14,900
	16-24	9.6 (2.0-17.3)	400	10.1 (3.9-16.4)	400	9.9 (4.9-14.8)	800
	25-34	19.7 (9.1-30.3)	900	29.1 (20.2-38.1)	1,700	24.8 (17.9-31.7)	2,600
	35-44	26.2 (15.7-36.7)	1,700	36.7 (28.2-45.2)	2,500	31.5 (24.7-38.3)	4,200
	45-54	21.8 (13.6-29.9)	1,200	33.8 (26.2-41.5)	1,900	27.6 (22.0-33.3)	3,100
	55-64	26.0 (18.8-33.3)	1,200	26.3 (19.8-32.7)	1,100	26.0 (21.1-30.8)	2,300
	65-74	19.4 (12.0-26.8)	600	23.1 (16.5-29.7)	700	21.1 (16.2-26.1)	1,400
	75+	7.3 (0.8-13.8)	100	11.3 (5.7-17.0)	300	9.5 (5.3-13.8)	400
NSW	All Ages	11.6 (10.8-12.3)	253,200	14.6 (13.9-15.3)	333,000	13.1 (12.6-13.6)	587,100
	16-24	5.2 (3.8-6.7)	18,800	9.9 (8.1-11.7)	34,200	7.5 (6.3-8.6)	53,000
	25-34	12.8 (10.6-15.0)	53,300	16.0 (14.2-17.8)	70,000	14.4 (13.0-15.8)	123,300
	35-44	13.6 (11.7-15.5)	59,500	19.5 (17.6-21.4)	87,700	16.6 (15.2-17.9)	147,200
	45-54	14.3 (12.4-16.1)	53,900	16.9 (15.2-18.6)	66,700	15.6 (14.4-16.9)	121,000
	55-64	11.8 (10.2-13.5)	33,400	14.1 (12.6-15.6)	38,600	12.9 (11.8-14.0)	72,100
	65-74	13.2 (11.4-15.0)	25,300	11.3 (9.8-12.7)	23,300	12.2 (11.0-13.3)	48,800
	75+	7.2 (5.5-9.0)	8,900	7.5 (6.1-9.0)	12,600	7.4 (6.3-8.5)	21,700

Note: Estimates are based on 1780 respondents in Dubbo/Plains and 33,854 in NSW. For this indicator 61 (3.43%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 1515 (4.48%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who had difficulties getting health care when they needed it. It excludes those who said they do not need health care. The question used to define the indicator was 'Do you have any difficulties getting health care when you need it?'.

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Emergency department care rated as excellent, very good or good by age



Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	85.9 (77.0-94.9)	5,400	81.6 (74.6-88.6)	5,100	83.9 (78.3-89.5)	10,600
	16-24	88.9 (75.7-100)	900	79.2 (55.1-100)	500	85.3 (73.0-97.7)	1,300
	25-34	88.1 (66.8-100)	1,300	75.8 (59.7-92.0)	1,300	81.3 (68.4-94.2)	2,600
	35-44	88.2 (69.4-100)	1,000	79.9 (62.5-97.2)	900	83.9 (71.0-96.8)	1,900
	45-54	76.1 (54.2-97.9)	800	81.7 (66.4-97.0)	1,100	79.6 (66.9-92.3)	2,000
	55-64	94.1 (85.8-100)	600	89.0 (76.7-100)	400	92.1 (85.1-99.1)	900
	65-74	100 (100-100)	600	89.0 (78.5-99.4)	600	94.2 (88.5-99.9)	1,200
	75+	66.5 (20.7-100)	400	95.6 (87.0-100)	400	79.0 (48.2-100)	800
NSW	All Ages	78.7 (76.1-81.4)	256,800	76.6 (74.2-78.9)	241,900	77.7 (75.9-79.4)	500,200
	16-24	74.1 (67.2-81.1)	48,600	67.1 (59.8-74.4)	36,100	70.8 (65.8-75.8)	85,000
	25-34	73.6 (66.6-80.7)	46,600	69.9 (63.9-75.9)	49,100	71.7 (67.1-76.3)	95,600
	35-44	77.2 (70.8-83.5)	44,800	78.0 (72.7-83.2)	43,100	77.6 (73.5-81.7)	88,100
	45-54	74.7 (67.3-82.1)	35,000	76.3 (70.6-81.9)	33,600	75.4 (70.7-80.0)	68,800
	55-64	86.0 (80.2-91.7)	32,700	81.6 (76.5-86.7)	28,000	84.0 (80.1-87.8)	61,000
	65-74	90.6 (86.7-94.4)	29,800	87.0 (82.5-91.5)	25,100	89.0 (86.0-91.9)	55,100
	75+	89.7 (84.5-94.9)	19,400	91.7 (88.2-95.2)	27,000	90.9 (87.9-93.9)	46,600

Note: Estimates are based on 344 respondents in Dubbo/Plains and 5,672 in NSW. For this indicator 4 (1.16%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 45 (0.79%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those attending an emergency department in the last 12 months who rated the care as excellent, very good, or good for their most recent visit. The question used to define the indicator was 'In the last 12 months, have you attended a hospital emergency department or casualty for your own medical care?' and 'Overall, what do you think of the care you received at this emergency department? Was it excellent, very good, good, fair, or poor'.

Report of the New South Wales Population Health Survey

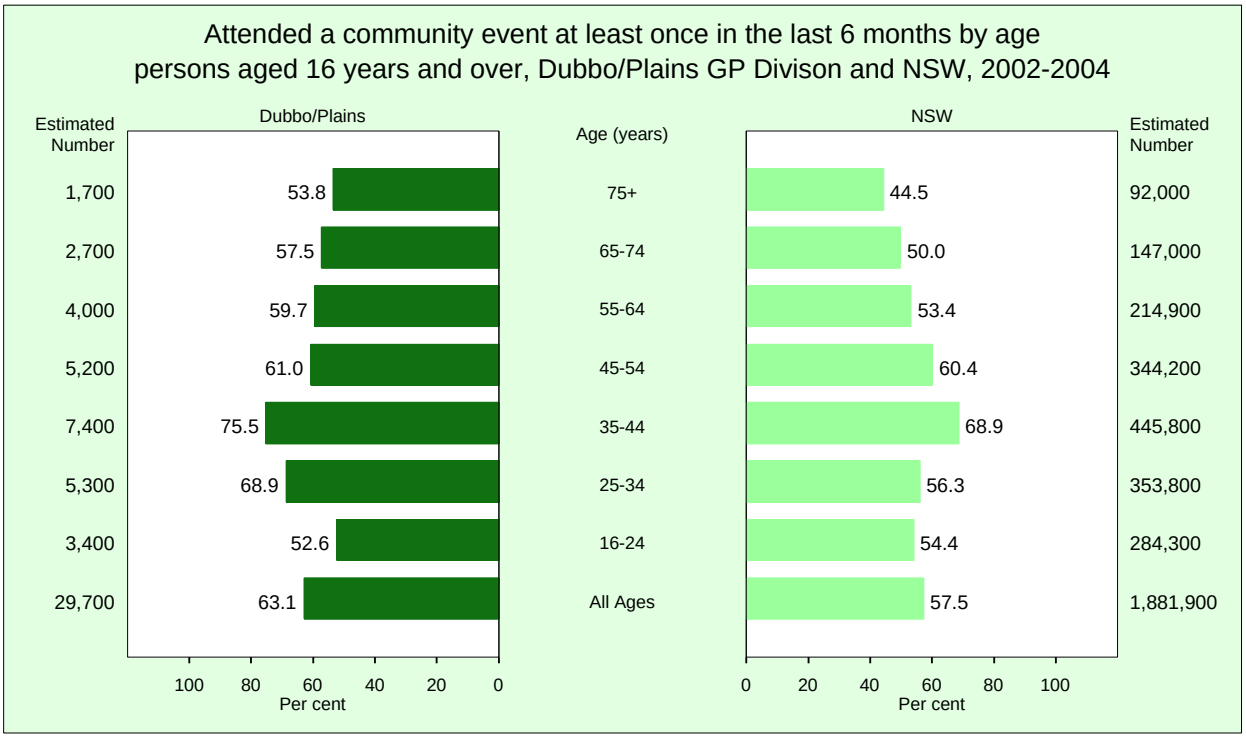
Dubbo/Plains Division of General Practice
Hospital care rated as excellent, very good or good by age

Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	91.2 (84.8-97.6)	4,300	86.8 (81.0-92.6)	5,400	88.6 (84.4-92.9)	9,700
	16-24	100 (100-100)	800	74.4 (44.1-100)	400	89.0 (74.8-100)	1,200
	25-34	88.2 (66.6-100)	600	91.6 (81.3-100)	1,800	90.8 (81.3-100)	2,400
	35-44	100 (100-100)	400	76.6 (55.8-97.5)	600	84.5 (70.0-99.1)	1,000
	45-54	63.1 (26.4-99.9)	300	79.4 (64.5-94.4)	700	73.8 (56.6-90.9)	1,000
	55-64	92.9 (83.3-100)	800	95.6 (87.2-100)	500	94.0 (87.3-100)	1,400
	65-74	93.8 (85.5-100)	900	95.8 (89.8-100)	700	93.9 (88.4-99.4)	1,600
	75+	92.1 (77.4-100)	500	87.5 (76.3-98.7)	600	89.8 (81.0-98.6)	1,200
NSW	All Ages	92.4 (90.6-94.2)	247,800	89.9 (88.3-91.6)	329,500	91.0 (89.8-92.2)	579,300
	16-24	90.4 (83.9-96.9)	29,200	84.7 (78.1-91.3)	35,400	87.2 (82.5-91.9)	64,700
	25-34	90.5 (85.2-95.9)	33,400	89.7 (85.9-93.4)	90,000	89.9 (86.8-93.0)	123,400
	35-44	87.1 (79.3-94.9)	26,700	89.1 (84.8-93.3)	54,100	88.5 (84.6-92.3)	81,200
	45-54	90.3 (84.6-95.9)	38,700	91.1 (87.4-94.8)	42,400	90.7 (87.4-94.0)	81,400
	55-64	95.5 (93.0-98.0)	40,800	88.8 (84.7-92.9)	33,500	92.4 (90.0-94.8)	74,800
	65-74	94.8 (92.1-97.4)	39,900	92.4 (89.5-95.3)	33,700	93.5 (91.5-95.5)	73,800
	75+	96.2 (93.5-99.0)	39,100	94.4 (92.1-96.7)	40,500	95.3 (93.5-97.1)	80,000

Note: Estimates are based on 344 respondents in Dubbo/Plains and 5,451 in NSW. For this indicator 0 (0%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 9 (0.17%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those admitted to hospital in the last 12 months who rated the care as excellent, very good, or good for their most recent overnight stay. The questions used to define the indicator were 'In the last 12 months, have you stayed for at least 1 night in hospital?' and 'Overall, what do you think of the care you received at this hospital? Was it excellent, very good, good, fair, or poor'.

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Attended a community event at least once in the last 6 months by age

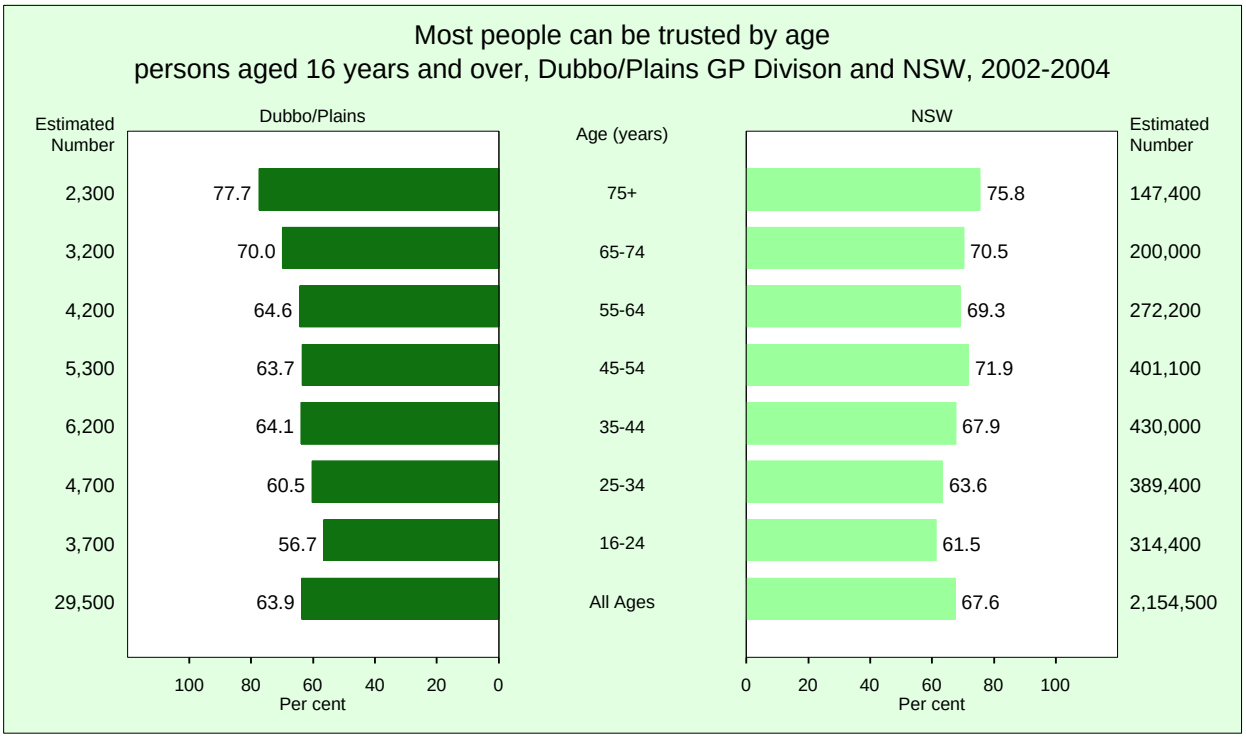


Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	60.6 (55.7-65.4)	14,400	66.1 (62.1-70.0)	15,300	63.1 (60.0-66.3)	29,700
	16-24	51.3 (37.9-64.8)	1,700	54.0 (39.3-68.7)	1,700	52.6 (42.7-62.6)	3,400
	25-34	67.4 (53.8-81.0)	2,500	70.4 (59.8-80.9)	2,900	68.9 (60.4-77.5)	5,300
	35-44	74.1 (63.0-85.2)	3,700	76.9 (68.6-85.2)	3,700	75.5 (68.5-82.4)	7,400
	45-54	58.8 (47.9-69.7)	2,600	62.9 (54.3-71.5)	2,600	61.0 (54.0-67.9)	5,200
	55-64	52.6 (43.4-61.8)	1,900	68.9 (60.9-77.0)	2,100	59.7 (53.5-65.9)	4,000
	65-74	53.6 (43.1-64.1)	1,300	62.4 (53.5-71.3)	1,400	57.5 (50.6-64.5)	2,700
	75+	53.7 (35.5-71.9)	700	54.9 (44.3-65.4)	900	53.8 (43.8-63.8)	1,700
NSW	All Ages	53.7 (52.3-55.1)	860,100	61.5 (60.4-62.6)	1,017,900	57.5 (56.6-58.4)	1,881,900
	16-24	50.1 (46.3-54.0)	131,100	59.0 (55.4-62.6)	152,500	54.4 (51.7-57.0)	284,300
	25-34	51.7 (47.9-55.4)	160,500	61.0 (58.1-63.9)	193,200	56.3 (53.9-58.6)	353,800
	35-44	65.1 (61.9-68.4)	208,300	72.8 (70.3-75.3)	236,700	68.9 (66.8-70.9)	445,800
	45-54	57.5 (54.4-60.7)	163,000	63.6 (61.0-66.2)	180,700	60.4 (58.4-62.5)	344,200
	55-64	48.4 (45.3-51.5)	97,900	58.7 (56.1-61.3)	116,100	53.4 (51.4-55.4)	214,900
	65-74	45.9 (42.8-49.0)	64,300	53.9 (51.1-56.8)	82,000	50.0 (47.9-52.1)	147,000
	75+	41.7 (37.4-45.9)	34,900	46.9 (43.9-50.0)	56,700	44.5 (42.0-47.0)	92,000

Note: Estimates are based on 1376 respondents in Dubbo/Plains and 25,602 in NSW. For this indicator 5 (0.36%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 44 (0.17%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who have attended at least one community event in the last six months. The question used was "In the past six months, how often have you attended a local community event such as a church or school fete, school concert, or a street fair?".

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Most people can be trusted by age

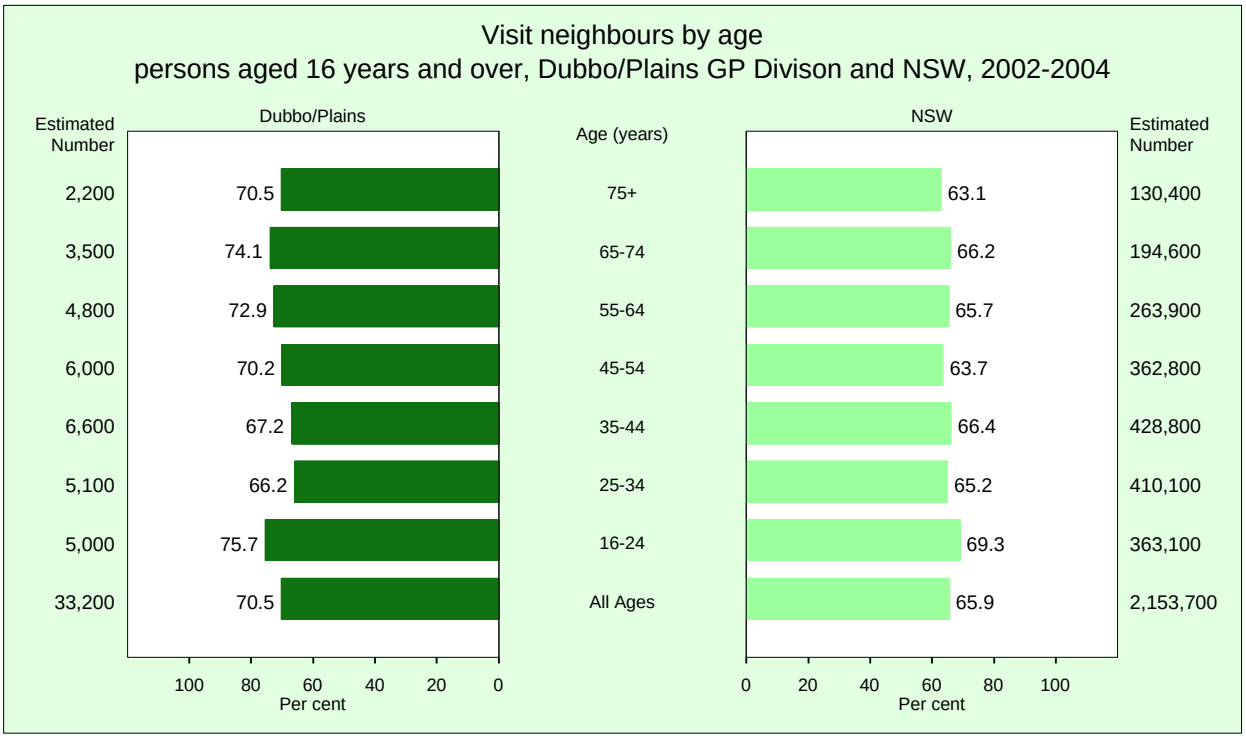


Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	67.6 (62.7-72.4)	15,800	60.1 (55.9-64.3)	13,600	63.9 (60.7-67.1)	29,500
	16-24	63.7 (50.9-76.5)	2,100	49.4 (34.7-64.2)	1,600	56.7 (46.9-66.5)	3,700
	25-34	64.3 (50.2-78.4)	2,300	57.1 (45.6-68.6)	2,300	60.5 (51.5-69.5)	4,700
	35-44	68.6 (55.5-81.7)	3,400	59.1 (48.9-69.4)	2,700	64.1 (55.6-72.5)	6,200
	45-54	61.1 (49.7-72.6)	2,700	66.3 (58.0-74.6)	2,600	63.7 (56.6-70.9)	5,300
	55-64	72.3 (64.0-80.7)	2,500	55.2 (46.3-64.2)	1,700	64.6 (58.4-70.8)	4,200
	65-74	72.0 (62.5-81.5)	1,700	68.2 (59.1-77.4)	1,500	70.0 (63.4-76.6)	3,200
	75+	83.1 (72.7-93.5)	1,100	74.8 (65.2-84.4)	1,200	77.7 (70.3-85.1)	2,300
NSW	All Ages	70.2 (68.9-71.5)	1,101,100	65.3 (64.1-66.4)	1,045,900	67.6 (66.8-68.5)	2,154,500
	16-24	65.8 (62.2-69.5)	168,400	57.3 (53.7-60.9)	144,600	61.5 (58.9-64.1)	314,400
	25-34	66.6 (63.0-70.1)	202,900	60.7 (57.8-63.7)	186,100	63.6 (61.3-65.9)	389,400
	35-44	69.6 (66.4-72.7)	218,200	66.3 (63.6-69.0)	210,300	67.9 (65.8-70.0)	430,000
	45-54	74.5 (71.7-77.3)	208,300	69.3 (66.8-71.9)	192,000	71.9 (70.0-73.8)	401,100
	55-64	71.8 (69.0-74.7)	143,200	67.0 (64.5-69.6)	128,100	69.3 (67.4-71.3)	272,200
	65-74	72.6 (69.8-75.5)	98,900	68.5 (65.7-71.4)	99,900	70.5 (68.5-72.5)	200,000
	75+	76.5 (72.7-80.3)	61,200	75.1 (72.4-77.9)	84,800	75.8 (73.5-78.0)	147,400

Note: Estimates are based on 1347 respondents in Dubbo/Plains and 24,837 in NSW. For this indicator 34 (2.52%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 809 (3.26%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who strongly agree, or agree that most people can be trusted. The question used was "Most people can be trusted. Do you strongly agree, agree, disagree or strongly disagree?".

Report of the New South Wales Population Health Survey

Dubbo/Plains Division of General Practice
Visit neighbours by age



Division	Age (years)	Males (95% CI)	Males (est. no.)	Females (95% CI)	Females (est. no.)	Persons (95% CI)	Persons (est. no.)
Dubbo/Plains	All Ages	74.7 (70.0-79.4)	17,700	66.1 (62.0-70.2)	15,300	70.5 (67.3-73.6)	33,200
	16-24	84.9 (76.1-93.7)	2,900	65.9 (51.5-80.2)	2,100	75.7 (67.0-84.4)	5,000
	25-34	67.1 (53.1-81.1)	2,500	65.4 (54.0-76.8)	2,700	66.2 (57.2-75.1)	5,100
	35-44	70.1 (55.8-84.3)	3,500	64.2 (54.4-73.9)	3,100	67.2 (58.5-75.8)	6,600
	45-54	76.5 (67.3-85.7)	3,300	63.2 (54.5-71.9)	2,600	70.2 (63.8-76.7)	6,000
	55-64	72.3 (63.8-80.8)	2,500	74.0 (66.2-81.8)	2,300	72.9 (67.1-78.7)	4,800
	65-74	78.3 (69.7-86.9)	1,900	69.4 (60.9-77.9)	1,600	74.1 (68.1-80.2)	3,500
	75+	80.9 (69.9-91.9)	1,100	61.5 (51.0-72.1)	1,100	70.5 (62.3-78.7)	2,200
NSW	All Ages	68.1 (66.7-69.4)	1,089,900	63.8 (62.6-64.9)	1,054,800	65.9 (65.0-66.7)	2,153,700
	16-24	74.6 (71.3-77.9)	195,200	64.0 (60.5-67.5)	165,500	69.3 (66.9-71.7)	363,100
	25-34	66.8 (63.3-70.3)	207,900	63.6 (60.7-66.4)	201,400	65.2 (62.9-67.4)	410,100
	35-44	65.9 (62.6-69.3)	210,400	66.7 (64.1-69.4)	216,600	66.4 (64.3-68.5)	428,800
	45-54	66.5 (63.4-69.6)	188,500	61.1 (58.4-63.8)	173,500	63.7 (61.7-65.8)	362,800
	55-64	68.0 (65.0-71.0)	137,200	63.5 (60.9-66.1)	125,400	65.7 (63.8-67.7)	263,900
	65-74	67.2 (64.2-70.3)	94,200	65.4 (62.7-68.2)	99,600	66.2 (64.1-68.3)	194,600
	75+	67.6 (63.5-71.6)	56,600	60.2 (57.2-63.3)	72,800	63.1 (60.7-65.6)	130,400

Note: Estimates are based on 1378 respondents in Dubbo/Plains and 25,605 in NSW. For this indicator 3 (0.22%) were 'not stated' (Don't know or Refused) in Dubbo/Plains and 41 (0.16%) were 'not stated' (Don't know or Refused) in NSW.
The indicator includes those who visited someone in their neighbourhood at least once in the past week. The question used was "How often have you visited someone in your neighbourhood in the past week?"