

CLINICAL ASSESSMENT

Hand Hygiene Technique

Name:

Designation / Position:

Employee No.

Department/ward:

Cost Centre No
(tick appropriate column)

Indicator	Performance Criteria	Performed	Not Performed
1. Knowledge of active and non-active products.	Makes a distinction between an active and non-active product.		
2. Uses for an active and non-active product.	Verbally provides relevant example/s of when an active and non-active product should be used to perform hand hygiene.		
3. Items, that interfere with effective hand hygiene (eg. rings, watch, bracelet, full length sleeves), removed	Removes items that may become contaminated and cause cross infection.		
4. Technique for using wrist and elbow tap handles.	Demonstrates the technique for using wrist and elbow tap handles without contaminating hands.		
5. Hands are wet before applying any product.	Water is put onto the hands before applying product to ensure there is no possible irritation to the skin.		
6. Amount of product applied to the hands.	3 – 5 mL of product is applied to hands. Excessive product may leave residual that can damage hands. Too little may not be effective in reducing micro-organisms.		
7. The correct technique for hand hygiene is demonstrated.	Performs a 10 – 15 second hand wash using appropriate hand washing solution, either: antimicrobial or non-antimicrobial liquid soap		
8. Hands are rinsed thoroughly.	Demonstrates effective rinsing of products from hands. Product left on hands may irritate the skin.		
9. The water is turned off without contaminating the hands from the tap handles.	Demonstrates technique for using wrist or elbow tap handles without contaminating hands or uses paper towel for hand operated tap handles.		
10. The hands are completely dried using single use towels.	Dries hands using single use towel and in a manner that does not damage the skin.		

11. Applies alcohol based, water free skin cleanser on clean, dry hands.	Applies and rubs alcohol based, water free skin cleanser to all surfaces of clean, dry hands.		
12. The alcohol based, water free skin cleanser is allowed to dry completely.	Rubs vigorously until the alcohol-based, water free skin cleanser has completely dried.		

Name assessor:	Position:
Signature:	Date:
Recommendation (e.g. pass or reassess):	