Urgent care is now available in Caringbah



In-person service. Available 365 days per year, 8am-8pm.

Call healthdirect on 1800 022 222 to get free* urgent care. Your call will be answered by a nurse.

For language support call TIS on **131 450** and ask for healthdirect.

*Free for Medicare card holders and community-based asylum seekers.

When you have an injury or illness that can't wait for an appointment with your regular GP but is not life-threatening.

- Minor infections
- Minor fractures, sprains, sports injuries and neck and back pain
- Urinary tract infections (UTIs)
- Sexually transmitted infections (STIs)
- Minor cuts
- Insect bites and rashes
- Minor eye and ear infections
- Respiratory illness
- Gastroenteritis
- Mild burns

In an emergency always call Triple Zero (**000**)

Find out more

