

Influenza's around.
Help keep your bubs strong
with the free flu shot.



Influenza is serious for children.

All Aboriginal people aged 6 months and over can get a free* influenza (flu) vaccine. It will reduce the risk of you and your mob getting seriously ill this winter.



Speak to your doctor, pharmacist,
Aboriginal healthcare worker or
Aboriginal Medical Service today.
health.nsw.gov.au/flu

Doing these simple things can keep you and
your community safe and strong this winter:

- Get a flu shot
- Stay at home if unwell
- Wash or sanitise your hands frequently

*Some providers may charge an administration or consultation fee.