Influenza Surveillance Weekly Report

Week 21: May 20 to May 26, 2019

Key Points

► Influenza activity continued to be high across all NSW local health districts, consistent with the annual influenza season.

► Respiratory presentations to NSW emergency departments increased or remained high in most NSW local health districts, and were within the usual range for influenza seasons overall.

► Influenza A strains predominated but influenza B strain activity is also increasing.

Activity compared to the previous week – NSW local health districts

<table>
<thead>
<tr>
<th>Local Health District</th>
<th>Confirmed Influenza Cases</th>
<th>Trend ¹</th>
<th>NSW Emergency Departments (67) All Respiratory/Fever/Unspecified infections Presentations</th>
<th>Trend ¹</th>
<th>% of LHD ED presentations²</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central Coast</td>
<td>54</td>
<td>►</td>
<td>388</td>
<td>►</td>
<td>13%</td>
</tr>
<tr>
<td>Far West</td>
<td>9</td>
<td>►</td>
<td>45</td>
<td>►</td>
<td>10%</td>
</tr>
<tr>
<td>Hunter New England</td>
<td>114</td>
<td>▲</td>
<td>952</td>
<td>▲</td>
<td>14%</td>
</tr>
<tr>
<td>Illawarra Shoalhaven</td>
<td>56</td>
<td>►</td>
<td>398</td>
<td>▲</td>
<td>12%</td>
</tr>
<tr>
<td>Mid North Coast</td>
<td>12</td>
<td>▲</td>
<td>352</td>
<td>▲</td>
<td>15%</td>
</tr>
<tr>
<td>Murrumbidgee</td>
<td>78</td>
<td>▲</td>
<td>321</td>
<td>▲</td>
<td>15%</td>
</tr>
<tr>
<td>Nepean Blue Mountains</td>
<td>99</td>
<td>▲</td>
<td>304</td>
<td>▲</td>
<td>14%</td>
</tr>
<tr>
<td>Northern NSW</td>
<td>18</td>
<td>►</td>
<td>260</td>
<td>►</td>
<td>12%</td>
</tr>
<tr>
<td>Northern Sydney</td>
<td>338</td>
<td>▲</td>
<td>650</td>
<td>▲</td>
<td>14%</td>
</tr>
<tr>
<td>South Eastern Sydney</td>
<td>210</td>
<td>▲</td>
<td>916</td>
<td>▲</td>
<td>14%</td>
</tr>
<tr>
<td>South Western Sydney</td>
<td>214</td>
<td>▲</td>
<td>1026</td>
<td>▲</td>
<td>17%</td>
</tr>
<tr>
<td>Southern NSW</td>
<td>32</td>
<td>▲</td>
<td>299</td>
<td>▲</td>
<td>16%</td>
</tr>
<tr>
<td>Sydney</td>
<td>147</td>
<td>▲</td>
<td>517</td>
<td>▲</td>
<td>15%</td>
</tr>
<tr>
<td>Western NSW</td>
<td>71</td>
<td>▲</td>
<td>381</td>
<td>▲</td>
<td>14%</td>
</tr>
<tr>
<td>Western Sydney</td>
<td>391</td>
<td>▲</td>
<td>1029</td>
<td>▲</td>
<td>19%</td>
</tr>
<tr>
<td>New South Wales</td>
<td>1843</td>
<td>▲</td>
<td>7811</td>
<td>▲</td>
<td>15%</td>
</tr>
</tbody>
</table>

Confirmed influenza by NSW local health district and local area (SA2)³
Summary for this reporting week:

- **Hospital surveillance** – ILI presentations to EDs remain on an increasing trend
- **Laboratory surveillance** – the influenza laboratory test positive rate was higher (16.3%) 
  Influenza A strains predominated but B strains are increasing
- **Community surveillance** – influenza activity increased across the majority of LHDs and 
  was above the usual range across all LHDs
- **Death surveillance** – 43 influenza-related deaths have been reported to date in 2019. 
  People who die with influenza may have other underlying 
  illnesses, and surveillance captures only a proportion of people 
  who die from influenza
- **National surveillance** – high influenza activity for this time of year

**Hospital Surveillance**

**NSW emergency department (ED) presentations for respiratory illness**

Source: PHREDSS\(^4\)

For the week ending May 26, 2019:

- Presentations for *All respiratory illness, fever and unspecified infections* increased further and 
  remain above the usual range for this time of year (Figure 1, Table 1). The proportion of these 
  presentations to all unplanned ED presentations increased slightly and was higher than the 
  previous week at 14.8 per 100 presentations and within the seasonal range (Figure 2).
- Presentations were significantly elevated across all ages and in the majority of NSW local 
  health districts (LHD) (Table 1).
- The daily index of increase for *influenza-like illness* (ILI\(^5\)) presentations across NSW increased 
  further to 43.2 (up from 32.2 last week). The seasonal threshold of 15 was exceeded on 21 
  April (Week 16), marking the start of the PHREDSS ILI season.
- ILI presentations resulting in admission increased and remained above the usual range for this 
  time of year (Figure 3, Table 1).
- ED presentations for pneumonia remained steady whilst admissions for *pneumonia* decreased 
  however both remain above the usual range for this time of year (Table 1).
- *Pneumonia* and ILI presentations requiring admission to critical care increased but were within 
  the usual range for this time of year (Figure 4, Table 1).
- ED presentations for *Bronchiolitis* increased but were within the usual range for this time of 
  year (Table 1).
**Figure 1:** Total weekly counts of ED visits for *All respiratory illness, fever and unspecified infections*, all ages, from January 1 – May 26, 2019 (black line), compared with the 5 previous years (coloured lines).

![Graph showing total weekly counts of ED visits for All respiratory illness, fever and unspecified infections from January 1 – May 26, 2019, compared with the 5 previous years.](image)

**Figure 2:** Total weekly counts of ED visits for *All respiratory illness, fever and unspecified infections*, all ages, as a rate per 100 ED visits, from January 1 – May 26, 2019 (black line), compared with the range of season rate curves for the 5 previous years (white zone) aligned to the PHREDSS season start in 2019 (week 16).

![Graph showing total weekly rates of ED visits for All respiratory illness, fever and unspecified infections per 100 visits from January 1 – May 26, 2019, compared with the previous 5 years.](image)

**Figure 3:** Total weekly counts of ED visits for *influenza-like-illness* that were admitted, all ages, from January 1 – May 26, 2019 (black line), compared with the 5 previous years (coloured lines).

![Graph showing total weekly counts of ED visits for influenza-like-illness admissions from January 1 – May 26, 2019, compared with the previous 5 years.](image)
**Figure 4:** Total weekly of ED presentations for influenza-like illness and pneumonia, *that were admitted to a critical care ward*, all ages, from January 1 – May 26, 2019 (black line), compared with the 5 previous years (coloured lines).

**Table 1:** Weekly emergency department respiratory illness summary, week ending May 26, 2019.

<table>
<thead>
<tr>
<th>Data source</th>
<th>Diagnosis or problem category</th>
<th>Trend since last week</th>
<th>Comparison with usual range*</th>
<th>Significantly elevated age groups</th>
<th>Significant elevated severity indicators**</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>ED presentations 60 NSW hospitals</td>
<td>Influenza-like illness (ILI)</td>
<td>Increased (264)</td>
<td>Above (37-54)</td>
<td>0-4 years (40)</td>
<td>5-16 years (54)</td>
<td>17-34 years (68)</td>
</tr>
<tr>
<td>ILI admissions</td>
<td>Increased (66)</td>
<td>Above (2-13)</td>
<td>65+ years (24)</td>
<td>17-34 years (15)</td>
<td>0-4 years (7)</td>
<td>5-16 years (10)</td>
</tr>
<tr>
<td>Pneumonia</td>
<td>Steady (584)</td>
<td>Above (410–558)</td>
<td>5-16 years (85)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pneumonia admissions</td>
<td>Decreased (396)</td>
<td>Above (301–384)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pneumonia and ILI critical care admissions</td>
<td>Increased (35)</td>
<td>Within (19-35)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Asthma</td>
<td>Increased (657)</td>
<td>Within (600–720)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bronchiolitis</td>
<td>Increased (330)</td>
<td>Within (285–361)</td>
<td>Bronchiolitis is a disease of infants.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>All respiratory illness, fever and unspecified infections</td>
<td>Increased (7,798)</td>
<td>Above (5,910–6,382)</td>
<td>5-16 years (1,170)</td>
<td>35-64 years (1,296)</td>
<td>17-34 years (1,009)</td>
<td>65+ years (1,609)</td>
</tr>
<tr>
<td>Ambulance Breathing problems</td>
<td>Increased (2,443)</td>
<td>Above (1,615–2,047)</td>
<td>65+ years (1,292)</td>
<td>35-64 years (598)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Notes:*The usual range is the range of weekly counts for the same week in the previous five years for ED presentations and for ambulance Triple (000) calls.

Key for trend since last week: Non-bold and green=decreased or steady; Non-bold and orange=increased

Key for comparison with usual range: Non-bold and green =usual range; Non-bold and orange=above usual range, but not significantly above five-year mean; Bold and yellow=within usual range, but significantly above five-year mean; Bold and red = above the usual range and significantly above five-year mean (ED). Count are statistically significant (shown in bold) if they are at least five standard deviations above the five-year mean.

The ‘daily index of increase’ is statistically significant above a threshold of 15. LHD = Local Health District.

**Severity indicators include: Admission or admission to a critical care ward (CCW); Triage category 1; Ambulance arrival and Death in ED.**
FluCAN (The Influenza Complications Alert Network)

In 2009, the FluCAN surveillance system was created to be a rapid alert system for severe respiratory illness requiring hospitalisation. Data is provided on patients admitted with influenza confirmed by polymerase chain reaction (PCR) testing.

In NSW, three hospitals participate in providing weekly FluCAN data: Westmead Hospital, John Hunter Hospital and the Children’s Hospital at Westmead.

During week 21 there were 10 influenza admissions to NSW sentinel hospitals (Figure 6).

Since April 1, 2019, there have been 57 hospital admissions reported for influenza; 38 due to influenza A (including 12 A(H1N1) and 12 A(H3)) and 19 due to influenza B (Figure 6). Of these admissions, 52 were paediatric cases (<16 years of age) and five were in adults. No cases have been admitted to a critical care ward.

**Figure 6:** FluCAN – Confirmed influenza hospital admissions in NSW, April 1 – May 26, 2019*.

![FluCAN](image)

**Note:** * Admissions data are subject to change as new information is received. Westmead Hospital data is not currently available.

Laboratory Surveillance

For the week ending May 26, 2019 the number and proportion of respiratory specimens reported by NSW sentinel laboratories which tested positive for influenza A or influenza B increased further and remained higher than expected for this time of year (Table 2, Figure 7).

Overall, 16.3% of tests for respiratory viruses were positive for influenza (Figure 7), higher than the previous week (13.4%) and already above the seasonal threshold (5%).

Influenza A strains remained more common than B strains, with influenza A(H3N2) strains now more common than A(H1N1) strains (Table 2, Figures 7-8).

Rhinovirus remained the most common respiratory virus identified, followed by influenza then respiratory syncytial virus (RSV), which is a common cause of bronchiolitis in infants (Table 2).
**Table 2**: Summary of testing for influenza and other respiratory viruses at NSW laboratories, January 1 to May 26, 2019.

<table>
<thead>
<tr>
<th>Month ending</th>
<th>Total Tests</th>
<th>TEST RESULTS</th>
<th>Influenza A</th>
<th>Influenza B</th>
<th>Adeno</th>
<th>Parainf 1, 2 &amp; 3</th>
<th>RSV</th>
<th>Rhino</th>
<th>HMPV **</th>
<th>Entero</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td><strong>Total (%)</strong></td>
<td><strong>H3N2</strong></td>
<td><strong>H1N1 pdm09</strong></td>
<td><strong>A (Not typed)</strong></td>
<td><strong>Total (%)</strong></td>
<td><strong>Total</strong></td>
<td><strong>Total</strong></td>
<td><strong>Total</strong></td>
<td><strong>Total</strong></td>
</tr>
<tr>
<td>3/02/2019*</td>
<td>23486</td>
<td>2055 (8.7%)</td>
<td>111 (5.4%)</td>
<td>161 (7.8%)</td>
<td>1777 (86.5%)</td>
<td>129 (0.5%)</td>
<td>730</td>
<td>902</td>
<td>920</td>
<td>3171</td>
</tr>
<tr>
<td>3/03/2019*</td>
<td>25351</td>
<td>2232 (8.8%)</td>
<td>144 (6.5%)</td>
<td>134 (6.0%)</td>
<td>1954 (87.5%)</td>
<td>145 (0.6%)</td>
<td>710</td>
<td>926</td>
<td>1448</td>
<td>5053</td>
</tr>
<tr>
<td>31/03/2019</td>
<td>31863</td>
<td>2664 (8.4%)</td>
<td>132 (5.0%)</td>
<td>198 (7.4%)</td>
<td>2334 (87.6%)</td>
<td>302 (0.9%)</td>
<td>967</td>
<td>1408</td>
<td>2583</td>
<td>5866</td>
</tr>
<tr>
<td>28/04/2019</td>
<td>34720</td>
<td>2957 (8.5%)</td>
<td>144 (4.9%)</td>
<td>158 (5.3%)</td>
<td>2652 (89.7%)</td>
<td>491 (1.4%)</td>
<td>1003</td>
<td>1422</td>
<td>3799</td>
<td>7148</td>
</tr>
<tr>
<td>5/05/2019</td>
<td>9906</td>
<td>700 (7.1%)</td>
<td>49 (7.0%)</td>
<td>24 (3.4%)</td>
<td>627 (69.6%)</td>
<td>208 (2.1%)</td>
<td>274</td>
<td>261</td>
<td>899</td>
<td>1531</td>
</tr>
<tr>
<td>12/05/2019</td>
<td>10336</td>
<td>815 (7.9%)</td>
<td>36 (4.4%)</td>
<td>17 (2.1%)</td>
<td>762 (93.5%)</td>
<td>297 (2.9%)</td>
<td>279</td>
<td>271</td>
<td>828</td>
<td>1703</td>
</tr>
<tr>
<td>19/05/2019</td>
<td>11786</td>
<td>1176 (10.0%)</td>
<td>52 (4.4%)</td>
<td>26 (2.2%)</td>
<td>1098 (93.4%)</td>
<td>401 (3.4%)</td>
<td>295</td>
<td>242</td>
<td>891</td>
<td>2179</td>
</tr>
<tr>
<td>26/05/2019</td>
<td>13812</td>
<td>1645 (11.9%)</td>
<td>51 (3.1%)</td>
<td>25 (1.5%)</td>
<td>1569 (95.4%)</td>
<td>608 (4.4%)</td>
<td>334</td>
<td>281</td>
<td>1012</td>
<td>2928</td>
</tr>
</tbody>
</table>

Notes: * Five-week reporting period. ** Human metapneumovirus

**Figure 7**: Weekly influenza positive test results by type and sub-type reported by NSW sentinel laboratories, January 1 to May 26, 2019
Community Surveillance

Influenza notifications by Local Health District (LHD)

In the week ending May 26 there were 1843 notifications of influenza confirmed by polymerase chain reaction (PCR) testing, higher than the 1330 (revised) notifications reported in the previous week. Rates were higher than usual for this time of year.

Influenza notification rates increased across the State with the exception of Illawarra, Mid North Coast and Northern NSW. Rates were higher than usual in all jurisdictions for this time of year. Rates were highest in Western Sydney, Northern Sydney and Far West NSW (Table 3).
### Influenza outbreaks in institutions

There were seven influenza outbreaks in institutions reported this week. All were in residential care facilities and all were due to influenza A. In the year to date there have been 56 laboratory confirmed influenza outbreaks in institutions reported to NSW public health units, including 45 in residential care facilities (Table 4, Figure 9). Fifty-four of the outbreaks have been due to influenza A, one was due to influenza B and one involved both A and B strains.

In the 45 influenza outbreaks affecting residential care facilities, at least 432 residents were reported to have had ILI symptoms and 50 required hospitalisation. Overall, there have been 12 deaths in residents reported which were linked to these outbreaks, all of whom were noted to have other significant co-morbidities.

NSW public health units advise institutions on how to manage their influenza outbreaks. NSW Health also provides influenza antiviral treatment to help control outbreaks when requested and appropriate. This week NSW Health provided 45 courses of oseltamivir to two institutions with influenza outbreaks, and have provided 763 courses so far this year.

### Table 4: Reported influenza outbreaks in NSW residential care facilities, January 2014 to May 26, 2019.

<table>
<thead>
<tr>
<th>Year</th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of outbreaks</td>
<td>121</td>
<td>103</td>
<td>252</td>
<td>543</td>
<td>42</td>
<td>45</td>
</tr>
</tbody>
</table>

Note: * Year to date.

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1 Deaths associated with institutional outbreaks are also included in the Deaths surveillance section if laboratory-confirmed.
Figure 9: Reported influenza outbreaks in NSW residential care facilities by month, 2014 to May 26, 2019.

The Australian Sentinel Practices Research Network (ASPREN)

ASPREN is a network of sentinel general practitioners (GPs) run through the Royal Australian College of General Practitioners and the University of Adelaide which has collected de-identified information on influenza-like illness (ILI) and other conditions seen in general practice since 1991. Participating GPs in the program report on the proportion of patients presenting with an ILI. The number of GPs participating on a weekly basis may vary.

In week 21 there were ASPREN reports received from 71 NSW GPs. The reported consultation rate for ILI per 1000 consultations was increased at 12.14 (Figure 10), higher than the previous week (6.24), higher than usual for this time of year and higher than the national rate.

For further information see the ASPREN website.

Figure 10: ASPREN – NSW and National GP ILI rates per 1000 consultations – 2019 to the week ending May 26, compared to 2018 weekly rates.
**FluTracking.net**

FluTracking.net is an online health surveillance system to detect epidemics of influenza. It is a project of the University of Newcastle, the Hunter New England Local Health District and the Hunter Medical Research Institute. Participants complete a simple online weekly survey which is used to generate data on the rate of ILI symptoms in communities.

In week 21 FluTracking received reports for 13,358 people in NSW with the following results:

- 2.1% of respondents reported fever and cough, higher than the previous week (2.0%) and higher than the five year annual mean (2.0%) (Figure 11).
- Among respondents who reported being vaccinated for influenza in 2019, 2.0% reported fever and cough the same as the 2.0% rate reported among unvaccinated respondents (Figure 11).
- 1.3% of respondents reported fever, cough and absence from normal duties, higher than the previous week (1.2%).

**Figure 11:** FluTracking – Percent of NSW participants reporting fever and cough by vaccination status and week, 2019 to the week ending May 26, 2019 compared to the 5 year mean.

Notes: Participants are not considered vaccinated until at least two weeks has elapsed since their recorded time of vaccination.

For further information on the project and how to participate, please see the [FluTracking](#) website.

**Healthdirect Australia**

Healthdirect Australia is a national, government-owned, not-for profit organisation that collects data based on calls to its Healthdirect helpline (1800 022 222). This data includes the number of callers who report symptoms consistent with influenza-like illness (ILI).

In the week ending May 26 the number of ILI-related calls to Healthdirect Australia for NSW increased and was above the usual range of activity for this time of year and was in the moderate range of activity for the season (Figure 12).
Deaths surveillance

It is estimated that several hundred people die from influenza in NSW annually, although only a small proportion of these are diagnosed at the time of death and reported on death certificates. NSW Health monitors the number of people whose deaths certificates reported influenza, however the proportion of deaths accurately identified as being due to influenza likely varies over time as influenza testing has become more readily available, and so trends need to be interpreted with caution.

Pneumonia and influenza mortality

Due to delays in the death registration process, death data for recent weeks are highly variable. For this reason, death data from the three most recent weeks are not included in the report.

For the week ending May 3, 2019, the rate of deaths attributed to pneumonia or influenza was 0.84 per 100 000 NSW population, below the epidemic threshold of 1.19 per 100 000 population (Figure 13).

For the year up to May 3, 2019, pneumonia or influenza deaths have remained mostly below the epidemic threshold with the exception of a short period late in February and mid-March where the death rate rose above the epidemic threshold. However, the death rate has remained above the predicted seasonal baseline throughout summer and autumn (Figure 13).

Among the 17,130 registry death certificates in 2019, 40 (0.24%) certificates mentioned influenza. These included one death in a child (although not laboratory confirmed), one death in a person in the 25-34 years age-group, with the remaining deaths in people aged 55 years or older. An additional 1303 (7.61%) death certificates mentioned pneumonia.
Figure 13: Rate of deaths classified as influenza or pneumonia per 100,000 NSW population, 2014 – May 3, 2019

Source: NSW Registry of Births, Deaths and Marriages.

* Notes on interpreting death data:
(a) Deaths registration data is routinely reviewed for deaths attributed to pneumonia or influenza. While pneumonia has many causes, a well-known indicator of seasonal and pandemic influenza activity is an increase in the number of death certificates that mention pneumonia or influenza as a cause of death.
(b) The predicted seasonal baseline estimates the predicted rate of pneumonia or influenza deaths in the absence of influenza epidemics. If deaths exceed the epidemic threshold, then it may be an indication that influenza is beginning to circulate widely and may be more severe.
(c) The number of deaths mentioning “Pneumonia or influenza” is reported as a rate per 100,000 NSW population (rather than a rate per total deaths reported).
(d) Deaths referred to a coroner during the reporting period may not be available for analysis, particularly deaths in younger people which are more likely to require a coronial inquest. Influenza-related deaths in younger people may be under-represented in these data as a result.
(e) The interval between death and death data availability is usually at least 14 days, and so these data are at least two weeks behind reports from emergency departments and laboratories and subject to change.

Influenza-related deaths with laboratory confirmation
For the year to May 26, 2019 there have been 43 laboratory-confirmed influenza deaths (Table 5). This includes one person who died in this reporting week. All of the newly reported deaths were in people aged 65 years or older.

In 2019, 10 of the deaths occurred in May, 11 were in April, three were in March, 10 were in February and nine were in January.

These influenza death data come from all sources, including public health units, aged care facility outbreaks, the NSW Coroner’s Office, and the NSW Registry of Births, Deaths and Marriages, but are only included here where there has been laboratory confirmation of influenza infection for that person. Data are subject to change as new information is received.
Table 5: Laboratory-confirmed influenza deaths by age-group and year, NSW, January 1, 2017 to May 26, 2019 (by date of death).

<table>
<thead>
<tr>
<th>Age-group</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2017</td>
</tr>
<tr>
<td>0-4 years</td>
<td>2</td>
</tr>
<tr>
<td>5-19 years</td>
<td>4</td>
</tr>
<tr>
<td>20-64 years</td>
<td>44</td>
</tr>
<tr>
<td>65+ years</td>
<td>509</td>
</tr>
<tr>
<td>Total</td>
<td>559</td>
</tr>
</tbody>
</table>

Notes: *Year to date.

Government-funded vaccine distribution

NSW Health commenced distributing National Immunisation Program and NSW Government Program influenza vaccines on April 1, 2019.

National Immunisation Program (NIP) vaccines include vaccines for people aged 65 years and over, pregnant women, Aboriginal people aged 6 months and over, and people 6 months and over with medical conditions pre-disposing them to severe influenza.

NSW Government Program vaccines are for health care workers in NSW Health facilities and all children from 6 months to under 5 years of age not covered under the NIP.

As of May 26, 2.1 million doses had been distributed to general practitioners, Aboriginal medical services, hospitals, aged care facilities, and childhood vaccination clinics across NSW.


National and International Influenza Surveillance

National Influenza Surveillance

The fortnightly Australian Surveillance Report No.2, with data up to May 19, 2019, noted:

- **Activity** – Currently, influenza and influenza-like illness (ILI) activity are high for this time of year compared to previous years. At the national level, notifications of laboratory-confirmed influenza have increased in the past fortnight and it is likely these figures will be revised upwards due to backlogs in data entry. Influenza A was the most common respiratory virus detected in patients presenting with ILI to sentinel general practices this fortnight.

- **Severity** – There is no indication of the potential severity of the 2019 season at this time.

- **Impact** – There is no indication of the potential impact on society of the 2019 season at this time.

- **Virology** – In the year to date and in the past fortnight, the majority of confirmed influenza cases reported nationally were influenza A (87%). Where subtyping data were available, influenza A(H3N2) was the dominant influenza A subtype in the past fortnight.

For further information see the [Australian Influenza Surveillance Reports](https://www.health.nsw.gov.au/immunisation/Pages/flu.aspx).

Global Influenza Update

The latest [WHO global update on 27 May 2019](https://www.who.int/influenza/surveillance_and_monitoring/update_2019_05_27/en/) provides data up to 12 May 2019. In the temperate zones of the southern hemisphere, influenza detections increased overall. In summary:
In Australia and New Zealand influenza detections were predominantly influenza A(H3N2) and influenza B viruses.

In South Africa, predominantly influenza A(H3N2) viruses were detected.

In South America, influenza A(H1N1)pdm09 viruses predominated.

In Southern Asia, influenza activity was low overall.

In the Caribbean, Central American countries, and the tropical countries of South America, influenza and RSV activity were low in general.

In Eastern, West and Middle Africa, influenza activity was low across reporting countries.

In the temperate zone of the northern hemisphere influenza activity decreased overall.

In North America and Europe, influenza activity was low overall.

In North Africa, influenza detections were low across reporting countries.

In Western Asia, influenza activity was low overall, but with continued detections in a few countries on the Arabian Peninsula.

In East Asia, decreased but continued influenza activity was reported.

Worldwide, seasonal influenza A viruses accounted for the majority of detections.

Follow the link for the WHO influenza surveillance reports.

Influenza at the human-animal interface

WHO publishes regular updated risk assessments of human infections with avian and other non-seasonal influenza viruses at Influenza at the human-animal interface, with the most recent report published on 9 April 2019. These reports provide information on human cases of infection with non-seasonal influenza viruses, such as H5 and H7 clade viruses, and outbreaks among animals.

Since the previous update, new human infections with avian influenza A(H7N9) and A(H9N2) viruses were reported. The overall risk assessment for these viruses remains unchanged. Other sources of information on avian influenza and the risk of human infection include:

- US CDC Avian influenza
- European CDC (ECDC) Avian influenza
- Public Health Agency of Canada Avian influenza H7N9.

Composition of influenza vaccines in 2019

WHO influenza vaccine strain recommendations – Southern Hemisphere, 2019

The WHO recommendations for the composition of trivalent vaccines included changes in the influenza A(H3N2) component and the influenza B (Victoria lineage), as follows:

- an A/Michigan/45/2015 (H1N1)pdm09-like virus
- an A/Switzerland/8060/2017 (H3N2)-like virus
- a B/Colorado/06/2017-like virus (B/Victoria lineage)

It was recommended that quadrivalent vaccines also contain a second B component, a B/Phuket/3073/2013-like virus (B/Yamagata lineage).
Australian influenza vaccine strain recommendations – 2019 influenza season

While WHO makes recommendations for the influenza vaccine, it is up to national authorities to decide on the final composition for their individual countries.

The Australian Influenza Vaccine Committee (AIVC) recommendation for the Australian trivalent vaccine includes a B/Yamagata lineage virus (a B/Phuket/3073/2013-like virus), rather than a B/Victoria lineage virus. This is because in Australia, the vast majority of recently circulating influenza B viruses have been of the B/Yamagata lineage and few B/Victoria lineage viruses have been detected.

The Therapeutic Goods Administration (TGA) has accepted the AIVC recommendations for 2019. Information on NSW seasonal influenza vaccination activities in 2019, including free vaccine for all children aged 6 months to less than 5 years can be found at: https://www.health.nsw.gov.au/immunisation/Pages/flu.aspx.

WHO influenza vaccine strain recommendations – Northern Hemisphere, 2019-20

The WHO Consultation on the Composition of Influenza Vaccines for Use in the 2019-20 Northern Hemisphere Influenza Season was held in Beijing on 18-20 February 2019.

From this meeting it was recommended that egg based quadrivalent vaccines for use in the 2019-2020 northern hemisphere influenza season contain the following:

- an A/Brisbane/02/2018 (H1N1)pdm09-like virus;
- an A/Kansas/14/2017 (H3N2)-like virus;
- a B/Colorado/06/2017-like virus (B/Victoria/2/87 lineage); and
- a B/Phuket/3073/2013-like virus (B/Yamagata/16/88 lineage).

It was also recommended that the influenza B virus component of trivalent vaccines for use in the 2019-2020 northern hemisphere influenza season should be a B/Colorado/06/2017-like virus of the B/Victoria/2/87-lineage.

In light of recent changes in the proportions of genetically and antigenically diverse A(H3N2) viruses, the recommendation for the A(H3N2) component was announced on 21 March. More details about the most recent influenza vaccine recommendations can be found at: http://www.who.int/influenza/vaccines/virus/en/.
Report Notes:

1 Notes for trend comparisons with the previous week:

<table>
<thead>
<tr>
<th>Trend in Cases</th>
<th>Trend in Presentations</th>
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<tbody>
<tr>
<td>► Stable</td>
<td>&lt;10% change or &lt;20 cases change</td>
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<tr>
<td>▼ Decrease</td>
<td>10% or greater decrease</td>
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<td>▲ Increase</td>
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2 All Respiratory, fever and unspecified infections presentations as a percentage of all unplanned emergency department presentations in participating hospitals in the local health district.

3 NSW Local Health Districts and SA2: Influenza notification maps use NSW Local Health District Boundaries and Australian Bureau of Statistics (ABS) statistical area level 2 (SA2) of place of residence of cases are shown. Note that place of residence is used as a surrogate for place of acquisition for cases; the infection may have been acquired while the person was in another area.

4 NSW Health Public Health Rapid, Emergency Disease and Syndromic Surveillance system, CEE, NSW Ministry of Health. Comparisons are made with data for the preceding 5 years. Includes unplanned presentations to 67 NSW emergency departments, which accounted for 83% of all NSW ED presentations in the 2016/2017 financial year. The coverage is lower in rural EDs. Data is continuously updated.

5 The ED ‘ILI’ syndrome includes provisional diagnoses selected by a clinician of ‘influenza-like illness’ or ‘influenza’ (including ‘pneumonia with influenza’), avian and other new influenza viruses.

6 Preliminary laboratory data is provided by participating sentinel laboratories on a weekly basis and are subject to change. Point-of-care test results have been included since August 2012 but serological diagnoses are not included. Participating sentinel laboratories: Pathology North (Hunter, Royal North Shore Hospital), Pathology West (Nepean, Westmead), South Eastern Area Laboratory Services, Sydney South West Pathology Service (Liverpool, Royal Prince Alfred Hospital), The Children’s Hospital at Westmead, Australian Clinical Labs, Douglas Hanly Moir Pathology, Laverty Pathology, Medlab, SydPath, VDLab