



**Exemption**  
**Public Health (COVID-19 Self-Isolation) Order (No 4) 2021**  
Made under the *Public Health Act 2010* (NSW)

I, Kerry Chant, delegate of the Minister for Health, being satisfied that it is necessary to protect the health and well-being of any member of the public, under clause 15 of the *Public Health (COVID-19 Self Isolation) Order (No 4) 2021 (the Order)*, hereby grant the following exemption from Order:

1. An Exempt Person is exempt from clauses 6, 7A, and 8 of the Order but only in relation to attending an Exempt Site for the purposes of providing care and physical/emotional support in a birthing unit/environment during a labour, birth, and the immediate postnatal period and subject to the conditions at Clause 2.
2. The exemption at clause 1 is subject to the following conditions:
  - a) The Exempt Person must only attend the Exempt Site if permitted by staff of the Exempt Site
  - b) The Exempt person must only attend with the informed consent of the pregnant woman (which is documented in the woman's healthcare record)
  - c) The Exempt Person must travel by the most practicable direct route using private transport only to and from the Exempt Site and their place of residence or isolation.
  - d) The Exempt Person must, on arrival to the Exempt Site:
    - apply personal protective equipment and wear that equipment as directed by staff at the Exempt Site at all times
    - be escorted by staff at the Exempt Site directly to the birthing unit/environment
    - follow directions and guidance from staff at the Exempt Site at all times
    - take reasonably practical steps to remain in the birthing unit/environment at the Exempt Site at all times.
  - e) The Exempt Person must remain in or at areas of the Exempt Site as directed by the occupier of the Exempt Site.
  - f) The Exempt Person must be escorted by an employee from the Exempt Site once the birthing woman leaves the birthing unit/environment and immediately return by the most practicable direct route to their place of residence or isolation.

In this instrument:

- 1) An Exempt Person means the one person (participant in care/birth partner) nominated by the pregnant women or mother to provide care and physical/emotional support during labour, birth, and the immediate postnatal period while at the birthing unit/environment at the Exempt Site.
- 2) An Exempt Site means a:
  - a) private health facility, within the meaning of the Private Health Facilities Act 2007,
  - b) public health organisation, within the meaning of the meaning as in the Health Services Act 1997, and a
  - c) public hospital controlled by the Crown.

This exemption instrument may be revoked at any time.

  
**Dr Kerry Chant**  
**Chief Health Officer**

Dated: 28/2/22