

STEPS FOR CONTACT TRACING

This factsheet explains how NSW Health uses contact tracing to slow the spread of coronavirus or COVID-19.

COVID-19 can easily spread from one person to another. It only takes one infected person to spread COVID-19 in the community.

What is contact tracing?

When someone gets COVID-19, NSW Health asks them where they have been in the last few days.

They will also ask for information about the people who may have been in the same place as you.

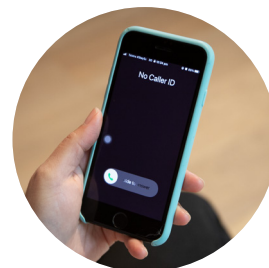
This is called contact tracing. The people from NSW Health who make the phone calls are called contact tracers.

Step 1

If you have been in the same place with someone who gets COVID-19, a NSW Health contact tracer will call you.



The phone call will come from a private number so please answer the call.



If you need an interpreter, tell the contact tracer that you need one. Interpreters are free and will not cost you anything.



Step 2

The contact tracer will talk to you to see how you are feeling.

They will ask you questions about yourself.

This information will be kept private.



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The contact tracer will tell you the rules you need to follow.



You will also need to self-isolate. This means stay at home, away from other people.



The contact tracer will also ask if you have enough food and medicines at home.



Step 3

The contact tracer will call or text you when you are at home to check on how you are feeling.



The contact tracer will tell you when you can see your friends and family again.

