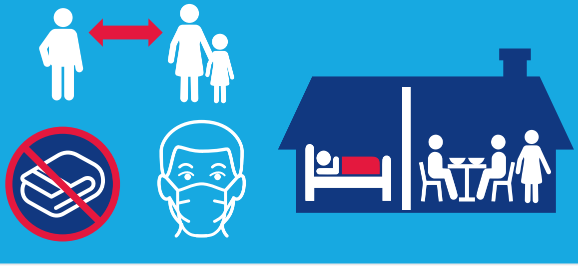
Assyrian

COVID-19

ܕܵܐܟܼ ܚܵܝܹܝܢ ܟܹܐ ܗܵܘܲܚ؟

ܝܼ ܓܹܐ ܫܲܒܼܩܘܼܢ ܥܲܡ ܐ̱ܢܵܫܹ̈ܐ ܐ̱ܚܹܪ̈ܢܹܐ

- ܐܸܢ ܩܪܵܒܼܘܼܢ ܥܲܡ ܐ̱ܢܵܫܹ̈ܐ ܐ̱ܚܹܪ̈ܢܹܐ ܒܡܲܕܒܼܫܵܐ ܕܣܲܓܼܝܼ ܐܘܼܠܨܵܢܵܐ ܝܠܵܗ ܦܵܘܪܵܐ، ܝܼ ܡܲܚܡܸܨܝܵܢܵܐ ܠܗ̇ܘ
- ܒܸܠܗܘܿܢ 1,5 ܡܸܬܪ̈ܵܐ ܪܚܝܼܩܵܐ ܡܢ ܐ̱ܢܵܫܹ̈ܐ ܐ̱ܚܹܪ̈ܢܹܐ
- ܠܒܘܼܫܘܿܢ ܚܕܵܐ ܡܲܣܟܼܵܐ ܐܸܢ ܕܠܹܐ ܚܕܵܐ ܐܘܼܪܚܵܐ ܗܵܘܹܐ ܥܲܡ ܐ̱ܢܵܫܹ̈ܐ ܐ̱ܚܹܪ̈ܢܹܐ (ܐܲܝܟܼ ܕܒܵܬܹܐ ܐ̱ܢܝܼ ܠܹܗ ܣܝܼܡܘܼܬܵܐ ܕܐܲܚܹܐ ܡܲܢܵܐ)
- ܐܸܢ ܩܪܵܒܼܘܼܢ ܥܲܡ ܐ̱ܢܵܫܹ̈ܐ ܐ̱ܚܹܪ̈ܢܹܐ ܒܡܲܕܒܼܫܵܐ ܕܡܲܕܢܝܼܬܵܐ ܕܒܸܪܝܘܼܬܵܐ ܡ̣ܢ ܦܪܝܼܫܹ̈ܐ، ܚܘܼܠܛܵܢܵܐ ܕܐܝܼܩܵܪܵܐ ܡ̣ܢ ܩܵܪ̈ܝܹܐ. ܡܲܚܝܼܠܘܼܢ ܡܢ ܟܠ ܡܲܕܒܼܫܵܐ.



ܦܵܝܫܘܼܢ ܓܵܘ ܒܲܝܬܘܼܟ݂ܘܿܢ

ܐܝܼܬ ܦܵܫܵܐ ܕܐܲܪܘܵܚܵܐ ܠܦܘܼܠܚܵܢܵܐ ܝܢ ܕܐܲܪܘܵܚܵܐ ܠܡܲܕܪܵܫܬܵܐ ܝܢ ܕܩܘܼܝܵܡܵܐ ܝܢ ܕܡܲܣܝܵܪܬܵܐ ܕܓܘܼܫܦܹܐ ܐܵܢܫܹܐ ܝܢ ܕܡܲܕܒܼܫܵܐ ܕܓܘܼܫܵܟܵܐ ܐܵܢܫܵܢܵܐ.

*ܩܘܼܝܵܡܘܼܢ ܕܦܲܠܛܝܼܬܘܿܢ ܡ̣ܢ ܒܲܝܬܵܐ ܠܡܲܚܙܝܼܬܵܐ ܡܲܦܬܵܐ ܕܟܘܼܠܵܐ ܐܵܢܫܵܐ ܝܢ ܒܝܼܪܵܢܵܐ ܕܣܲܓܼܝܼ ܠܲܪܒܵܘܬܵܐ.

ܐܝܼܬ ܦܵܫܵܐ ܕܬܘܼܠܟܹܐ ܚܕܵܐ ܡܸܣܝܵܪܬܵܐ

ܦܵܝܫܘܼܢ ܚܲܕ ܪܘܼܚܵܢܵܐ ܠܠܹܐ ܠܢܘܼܪܵܐ

ܠܒܘܼܫܘܿܢ ܒܘܼܩܵܪ̈ܐ ܦܸܪ̈ܝܵܢܵܐ (ܝܼܘܿܓܵܐ) ܪ̈ܘܼܚܵܢܹܐ ܓܵܘ ܒܲܝܬܵܐ.

ܚܲܠܠܘܼܢ ܐܝܼܕܲܝܟ݂ܘܿܢ ܪ̈ܵܒܵܐ ܓܲܢܵܐ

ܡܲܣܝܼܘܼܢ ܐܝܼܕܲܝܟ݂ܘܿܢ ܒܡܲܝܵܐ ܕܣܵܒܘܿܢ.

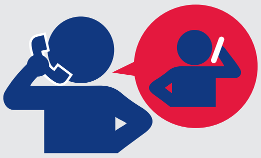
ܦܵܝܫܘܼܢ ܠܗ ܒܗܘܼܕܵܥܬܵܐ ܚܘܼܒܵܐ ܠܐܵܕܡܵܐ (ܠܘܼܬ ܕܐܲܗܠܘܿܢ، ܕܐܲܚܹܐ ܝܢ ܕܚܲܒܼܪ̈ܘܼܢ) ܥܲܡ ܚܲܒܼܪܹ̈ܐ ܘܐܲܚ̈ܘܿܬܵܐ

ܡܟܲܣܘܼܢ ܠܦܘܼܡܘܿܢ ܟܲܠܠܵܬܵܐ ܘܥܸܛܵܫܵܬܵܐ

ܐܝܼܬ ܡܲܕܪܵܫܬܵܐ ܡܢ ܚܲܕ ܡܲܠܦܵܢܵܐ 7\24

Lifeline
13 11 14
lifeline.org.au

Beyond Blue
1800 512 348
coronavirus.beyondblue.org.au



ܐܲܝܡܘܼܢ ܠܗ ܡܲܕܟܝܵܢܵܐ ܕܓܵܘ ܡܲܕܒܼܫܘܼܢ ܒܲܝܬܵܐ ܪ̈ܒܵܐ ܓܲܢܵܐ

ܗ̱ܘ ܐܝܼܬܠܘܼܟ݂ܘܿܢ ܒܘܼܩܵܪ̈ܐ؟

www.nsw.gov.au/covid-19

ܣܘܼܟ݂ܵܐ ܕܐܝܼܡܲܝܢܵܐ ܐܘܼܡܵܢܵܐ ܕܡܲܕܒܼܪܵܢܘܼܬܵܐ ܕܒܹܝܬܝܵܐ ܚܕܪܵܢܵܐ
1800 020 080 (ܣܘܼܟ݂ܵܐ ܕܡܲܕܒܼܪܵܢܘܼܬܵܐ ܦܬܝܼܚܵܐ ܝܘܿܡܵܐ 24 ܫܵܥܹ̈ܐ)
ܠܡܲܦܩܵܢܵܐ ܡܲܬܪܓܡܵܢܘܼܬܵܐ ܒܠܸܫܵܢܵܐ ܕܝܵܠܘܿܦܘܼܬܘܿܢ ܡܲܕܘܿ ܐܝܼܠܹܗ **13 14 50**

ܡܲܕܘܿ ܐܝܼܬܠܹܗ ܐܝܼܠ ܐܸܡܲܪܓ݂ܢܣܝ

ܡܲܕܘܿ ܗ̱ܘ ܐܝܼܬܠܵܗ ܓܲܒܵܒܘܼܬܵܐ (000) ܝܼ ܐܸܡܲܪܓ݂ܢܣܝ ܕܘܼܟܵܐ ܡܲܢܵܐ ܐܝܼܠܹܗ ܚܲܕܵܐ (ܗ̱ܘ ܓܘܼܦܵܐ ܕܗ ܗܵܘܹܐ ܡܲܚܘܼܬܵܐ ܕܡܲܠܦܵܢܘܼܬܘܿܢ ܫܲܦܝܵܐ).

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