समुदायमा पर्याप्त व्यक्तिहरूको कोरोना वर्कस्ट्रोम गरीहेका छैनन्।
लक्षण भएका सबैलाई COVID-19 को समुदाय प्रसार रोकन मद्दत गर्नको लागि परीक्षण गर्नु आवश्यक।

कैम तपाईले परीक्षण हुन्छु?
• यदि तपाईंसँग लक्षणहरू छन् भने तपाईंले अनन्वाय रूपमा परीक्षण परिस्थिती छन्। लक्षणहरूमा ज्याद, खोकी, घोटी दुर्घट/ बिलासन, सास फेर्न, कठिनाई महसुस, स्वादको वा गन्ध को शक्तिमा हस आउने समावेश छन्।
• यदि तपाईले मासक लागाउनु भएपन्छ धेरै व्यक्तिहरूलाई नभेट्नुहोला, यदि तपाईंसँग लक्षणहरू छन् भने, तपाईं अझै पनि परीक्षण गर्नु पर्दछ।
• यदि तपाईं सामनहरुमा जानुभएको छ भने, यस वेबसाइटको सललाह अनुसरण गर्नुहोस्:

कै म तपाईले परीक्षण हुन्छु?
• परीक्षण क्लिनिकहरू सफा र सुरक्षित छन्। परीक्षक्को सुरक्षाले बनाउन सुरक्षा छ।
• परीक्षण हुनको लागि पैसा लागि नस्थुलकः। तपाईको मेनिकल उपहार भएको हो।
• कहाँ परीक्षण हुन्छु?
  • तयहाँ धेरै परीक्षण क्लिनिकहरू छन्। यस वेबसाइटले NSW का परीक्षण क्लिनिकहरू देखाउँछ:
  • तपाईं खालि सार्वजनिक क्लिनिकमा जान सक्नुहुन्छ। तपाईले भेट्ने समय लिनु पर्दछ।
  • केही क्लिनिककेही जहाँ तपाईं सिर्दै जान सक्नुहुन्छ। अन्य क्लिनिकहरू ड्राइभ-ड्रु(सवारी साधन चढेर जाने) क्लिनिकहरू हुन।

यदि तपाईलाई COVID-19 भएको भएको छ भने?
• हामी तपाईलाई पैसा फोन गर्नेको लागि तपाईलाई थप प्लेष्नहरू सोधौं र तपाईलाईको गरुँ उपरुपरु सवारी साधन बताउँदछ।
• अधिकांश व्यक्तिहरू अस्पताल र व्यक्तिहरूको स्वास्थ्यकोटरमा जानु पर्दछ।
• स्वास्थ्य प्रणालीले तपाईले समथ्यन गर्नेको लागि तपाईलाई स्वास्थ्यकोट्रमा उपचार गर्नु पर्दछ।

Information about COVID-19 testing clinics
Nepali
Information about COVID-19 testing clinics

Not enough people in the community are getting tested for COVID-19.

Everyone with symptoms needs to get tested to help stop the community spread of COVID-19.

Should I get tested?
- If you have any symptoms you should get tested. Symptoms include fever, cough, sore/scratchy throat, shortness of breath, loss of taste or smell.
- Even if you wear a mask and don't see many people, you should still get tested if you have symptoms.
- If you have been to an area of concern, follow the advice on this website: https://www.nsw.gov.au/covid-19/latest-news-and-updates#self-isolate-and-get-tested-immediately-if-youve-been-to-these-locations

Is it safe to get tested?
- The testing clinics are clean and safe. It is safe to get tested.

Do I have to pay to get tested? Do I need a Medicare card to get tested?
- In a public clinic, it is free to get tested. You don’t need a Medicare card.

Where can I get tested?
- There are many testing clinics. This website shows the testing clinics in NSW: https://www.health.nsw.gov.au/Infectious/covid-19/Pages/clinics.aspx
- You can just turn up at a public clinic. You don’t need to make an appointment.
- Some clinics you can walk into. Other clinics are drive-through clinics.

Can children get tested?
- Yes, children can get tested.
- Some clinics may not test very young children. You can call the clinic or check the NSW Health website for age limits: https://www.health.nsw.gov.au/Infectious/covid-19/Pages/clinics.aspx

Does it take long to get tested?
- The test is very quick.
- If the clinic is busy you might need to wait to be tested

How will I get my results?
- Most test results are sent by text message or you can call the number provided by the clinic. Most results are available in less than 24 hours.
- If your test is positive, the health service will call you.

What happens after I get tested?
- You need to self-isolate until your get your results. This means you need to stay at home, away from other people.

What happens if I have COVID-19?
- We will call you, ask you more questions, and tell you what to do.
- You will need to stay home for 14 days, away from other people.
- Most people don’t need to go to hospital or a quarantine hotel.
- The health system will support you. If you need treatment in hospital there will no cost to you.