



COVID-19: Amategeko mashasha murugo no kubantu ba hafi muri NSW

Niba uri umuntu usanzwe uba murugo canke wagiraniye umubonano wa hafi kandi ukaba udafise ibimenyetso bya COVID-19, ntukeneye kwigunga ariko ugomba gukurikiza amabwiriza ya NSW Health:

- Usabwa kutagenda ahantu hashobora kwibasirwa n'ibitaro canke ibigo biraba abantu bageze mu za bukuru
- Kora canke wige kuva murugo igihe bishoboka. Ukeneye uruhusha rwumukoresha wawe canke ikigo c'uburezi niba ukeneye kuja kukazi canke kwishuri
- Wambare agafukamunwa (mask) mu nzu niba ufise imyaka 12+. Ntukeneye kwambara agafukamunwa (mask) murugo rwawe
- Irinde guterana munzu canke abantu benshi hamwe nabantu mutabana. Niba ukeneye kwitabira, kora antigen yihuse mbere yuko ugenda

Kurikiza amategeko muminsi 7 uhereye igihe uheruka murugo rwawe umuntu yipimishije COVID-19.

Niba ufise ibimenyetso canke ufise ibimenyetso, ugomba kwigunga no kwipimisha COVID-19. Kurikiza inama zubuzima za NSW Health niba ibisubizo vyawe ari vyiza.

Niba ibisubizo vyawe vyikizamini, guma murugo kugeza igihe udafise ibimenyetso.

Raba www.nsw.gov.au/covid-19/management/household-contacts kuzindi nkuru.