

COVID-19

Ihinduka rijanye no kwikumira



Ntugomba kwikumira niba wipimishije yuko urwaye COVID-19 ariko birasabwa kuguma murugo kugeza ibimenyetso vyawe bikaze (ibiserubitemba, kubabara mu muhogo, inkorora n'ihoma) birangiye.

Niba ugomba kuva mu nzu:

- kwambara masike mugihe uri murugo no mumodoka
- irinde guteranira hamwe n'ahantu huzuye abantu
- ntugasure abantu bafise ivyago vyinshi vy' indwara zikomeye, umuntu wese uri mubitaro, canke ikigo bitaho ku bageze mu za bukuru canke ubumuga n'iburi iminsi 7
- vugana n'umukoresha wawe igihe ugomba gusubira kukazi.

Niba ufise [ibimenyetso](#) vy' inkorora canke ibicurane, nivyiza kuguma murugo hanyuma [ugende wipimishe](#). Niba wemerewe [imiti ya virusi](#) ya COVID-19, ni ngombwa kwipimisha ukimara kugira ibimenyetso. Nubwo wabona ibisubizo bibi vya COVID-19, guma murugo utameze neza, kugirango utanduzi abo ukunda n' abanyagihugu.

Nubwo bitagitegekwa kwandikisha igipimo c'ihuse ca antigen NSW Health busaba abantu kwandikisha ibisubizo vyabo muri Service NSW kuko kwiwandikisha bishobora kugufasha kuronka ubuzima nizindi mfashanyo.

Niba ufise ibibazo vyubuzima kandi ukeneye imfashanyo y' ururimi, hamagara Serivisi ishinzwe guhindura no gusobanura (TIS) kuri 131450 hanyuma usabe Healthdirect kuri 1800 022 222.

