

JUST GOT TESTED FOR COVID-19?

Thank you for getting a COVID-19 test



Go straight home. You must self-isolate until you get your test result. Don't share a room or bathroom with anyone, if possible.



Self-isolation means you must not go to the shops, work, the gym, any public places, or have people over at your home or catch public transport.



Read [tips on self-isolation](#).

How do I get my test results?

- We understand this may be a stressful time. You will usually get your COVID-19 result within 24-72 hours.
- If you don't receive your result after 72 hours, follow up with the clinic where you were tested.
- If you registered for an SMS service, you will receive an SMS result.
- If your COVID-19 test is positive, a public health official will contact you as a priority and tell you what to do next. You might be contacted from a private number so please pick up private calls when waiting to hear back about test results. Any treatment costs will be waived, even if you don't have a Medicare card or insurance.



Still have questions?

Call the National Coronavirus Health Information line: **1 800 020 080** or visit www.nsw.gov.au/COVID-19

Don't forget to follow NSW Health on **Twitter**, **Facebook** and **Instagram** for important updates and live information.

I was a close contact of a confirmed COVID-19 case BUT my test is negative

A close contact means you were near a person with COVID-19 while they were infectious, and have a reasonable chance you were infected with COVID-19.



- **IF YOU'RE A CLOSE CONTACT, YOU MUST SELF-ISOLATE EVEN IF YOUR COVID-19 TEST IS NEGATIVE AND YOU ARE FEELING WELL AND HAVE NO SYMPTOMS.**
- You need to self-isolate until 14 days after you last saw the confirmed COVID-19 case or attended a location where that person visited.
- Home isolation for close contacts is enforceable under the [Public Health \(COVID Self-Isolation\) Order \(No 3\) 2020](#). Not following these rules is a criminal offence and attracts heavy penalties.
- Read more [information on close contacts](#).

My COVID-19 test is negative AND I no longer have symptoms

If your test is negative and you are not a close contact of a confirmed COVID-19 case, you do not need to self-isolate further. You should continue to watch for COVID-19 symptoms, and if you get symptoms again, get re-tested.

My COVID-19 test is negative AND I still feel unwell

If you're still feeling unwell, you should talk to your GP. If your symptoms become serious (e.g. shortness of breath at rest or difficulty breathing), you should call Triple Zero (**000**).

Remember: If you feel unwell again with even the mildest of symptoms - don't go out, don't see family or friends - get re-tested.

Help and support is available - Speak to a counsellor 24/7

Lifeline **13 11 14** lifeline.org.au or Beyond Blue **1800 512 348** coronavirus.beyondblue.org.au