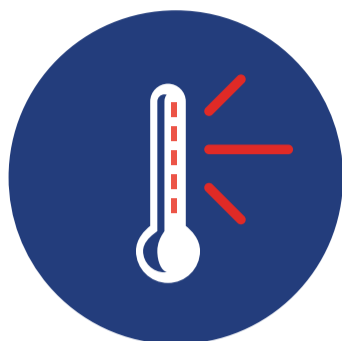


# Help us stop the spread



If you have a **fever, cough, sore throat or shortness of breath** and you have been **overseas** in the last 14 days. Please call your doctor. If you need an interpreter call TIS National on 131 450 and ask for healthdirect.

Kuonyë wook buku thiëi piny cök kääc

Dinka

Na nõṅ alëth alëth **guöp, ḡṡṡ, röl kuk** ka **wëëi rilic**, ku yin e tö **paan ayeer** në nin ke 14 cī wan. Cɔl akimdu. Na wic raan de wëër thok ke yin cɔl TIS National tö 131 450 ku thiëc bi yiin yiëk healthdirect.

Dufashe iyo ngwara ntirandagate

Kirundi

Niyo waba **ushushe, ujugumira, ukorora, mu mu muhogo havyimvye** canke **uhema bibanje kugorana, ukabura impwemu, kandi ukaba waragiye hanze y'igihugu** mu misi 14 iheze. Usabwe guhamagara muganga wawe. Igihe woba ukeneye umusobanuzi hamagara TIS National kuri 131 450 maze usabe healthdirect.

Fesoasoani i a matou e taofi le pipsi

Samoa

Afai ua maua oe i le **fiva, tale, fa'ai'i tiga** po o le **manava taupuni** pe sa e malaga i **atunu'u i fafo i le 14** aso talu ai. Fa'amolemole fa'afeso'ota'i lau foma'i. Afai e te mana'omia se fa'aliliu'upu vili le TIS National i le 131 450 ma fesili mo le healthdirect.

Tokoni mai kiate kimautolu ke ta'ofi 'a e mafolá

Tongan

Kapau 'oku ke **mofi, tae, mamahi e kiá pe nounou e mānavá** pea na'ake 'i **tu'apule'anga** 'i he 'aho 'e 14 kuo hili', kātaki 'o tā ki ho'o toketaá. Kapau 'oku ke fiema'u ha taha fakaonulea, tā ki he TIS National 'i he 131 450 'o kole ha healthdirect.



healthdirect 1800 022 222