

Interstate traveller guidelines

These guidelines are supplementary to the current [Public Health \(COVID-19 Interstate Travellers\) Order \(No 2\) 2021](#) and should be read in conjunction with the Order.

These guidelines apply to interstate travellers who have been in an interstate place of high concern and are currently in NSW or are transiting through NSW to the ACT. These travellers must comply with these guidelines while in NSW.

Requirement to complete a NSW Entry Declaration Form

A person who is 16 years of age or over and has been to an **affected area** as described in the [NSW COVID-19 concerns notice](#), must complete a [NSW entry declaration form](#) within the 24 hour period before entry, or on entry, to NSW.

Places of high concern

Close contact place

A person who is not a NSW resident and has been in a **place of high concern - close contact place** at the date and time specified in the [NSW COVID-19 concerns notice](#) must not enter NSW.

A NSW resident who is in another state or territory and has been to a **place of high concern - close contact place** must follow the restrictions in that jurisdiction. In some circumstances, close contacts may be permitted to travel if it is safe to do so, and a travel plan has been approved by both their current jurisdiction and NSW Health.

If the person is already in NSW and has been in a **place of high concern - close contact place** at the date and time specified in the [NSW COVID-19 concerns notice](#), they must travel directly to their residence or accommodation and self-isolate for a minimum of 14 days since they were last at the place. They must follow the directions in the [Appropriate transportation](#) section of this guideline when travelling to their residence, and must comply with the [NSW Health COVID 19 self-isolation guidelines](#).

Casual contact place

A person who is not a NSW resident and has been in a **place of high concern - casual contact place** at the date and time specified in the [NSW COVID-19 concerns notice](#) must not enter NSW unless they have received a negative COVID-19 test result after being at the location. They must keep a copy of that result, and show this to an enforcement officer if requested.

A person who has been in a **place of high concern - casual contact place** at the date and time specified in the [NSW COVID-19 concerns notice](#) and is already in NSW, must travel directly to their residence or accommodation and self-isolate until they receive a negative COVID-19 test result. They must follow the directions in the [Appropriate transportation](#) section of this guideline when travelling to their residence, and must comply with the [NSW Health COVID 19 self-isolation guidelines](#).

Temporary accommodation

A person who has been to a place of **high concern** at the date and time specified in the [NSW COVID-19 concerns notice](#), who is already in NSW, and is staying in temporary accommodation, must make every effort to extend their accommodation for the duration of the required self-isolation period. If the temporary accommodation is due to expire and cannot be extended, they must contact the **Local Public Health Unit on 1300 066 055** for assistance.

Residents of Australian Capital Territory (ACT)

A person who is a resident of the ACT and has been to place of **high concern** at the date and time specified in the [NSW COVID-19 concerns notice](#) is permitted to transit through NSW for the purposes of travelling by the most direct practicable route to the ACT provided they follow the directions for travelling in the [Appropriate transportation](#) section of this guideline.

Appropriate transportation

You can only return home to self-isolate if you can do so in a safe manner. If returning home to self-isolate:

- You must travel directly to your home or accommodation by a private car (including a rental vehicle)
 - You must only travel with people who are self-isolating with you
 - You must not travel by public transport, taxi or rideshare (including Uber)
 - You must not travel on a domestic flight
- If you are travelling home by private vehicle you should only do so if the travel time is short (up to 3-4 hours duration). If you are travelling more than 3-4 hours, you will require an approved plan, and must call your local Public Health Unit on 1300 066 055 for advice and assistance.

A person travelling to reach an appropriate location for self-isolation must comply with the following precautions. You must:

- travel directly to the destination
 - must not stop in busy areas or rural and remote towns
 - handle your own belongings and luggage
 - ensure your vehicle has enough fuel and any necessary refreshments required for the journey
 - rest breaks or emergency stops should be taken within the car, or in an outdoor location where physical distancing of at least 1.5 metres can be maintained at all times
 - [practice good hygiene](#) including using alcohol-based hand sanitiser to wash your hands before and after touching surfaces
 - Avoid leaving the vehicle but if it is unavoidable:
 - wear a disposable surgical mask that covers your nose and mouth, and [practice good hygiene](#) including using alcohol-based hand sanitiser to wash your hands before and after touching surfaces
 - wipe down any surfaces such as petrol bowsers, toilet doors and locks with disinfectant wipes before and after use
 - if required to stop for fuel, use contactless payment methods where available (e.g. using contactless-enabled credit or debit card instead of cash)
 - maintain a record or log of all locations attended, including:
 - Date, time and duration of time spent at each location
 - Description of travel, including starting point, destination, and any rest stops
- These records must be provided to NSW Health within 4 hours of requesting the information.

Further information

- [Public Health \(COVID-19 Self-Isolation\) Order 2021](#)
- [NSW Health COVID-19 self-isolation guidelines](#)