

# Measles is about!

## Outbreaks in the Pacific

Families visiting **Tonga**, **Samoa** or **New Zealand**, or receiving visitors from these countries may get exposed to measles.

**Measles** is a serious illness.

Measles vaccination is the best way to protect your whole family

- **The measles shot is free!** Everyone born after 1965 should have two doses unless they have already had measles
- **Two doses** protects you for life
- **It's safe** to have another measles shot if you're not sure if you have had two doses
- **Babies** can have the measles shot from 6 months old if they are travelling, especially to Tonga, Samoa or New Zealand.

Visit your **doctor** to make sure you and your family are protected.



[www.health.nsw.gov.au/measles](http://www.health.nsw.gov.au/measles)