

Measles is about!

Outbreaks in the Pacific

Families visiting **Tonga, Samoa or New Zealand**, or receiving visitors from these countries may get exposed to measles.

Measles is a serious illness.

Measles vaccination is the best way to protect your whole family

- **The measles shot is free!** Everyone born after 1965 should have two doses unless they have already had measles
- **Two doses** protects you for life
- **It's safe** to have another measles shot if you're not sure if you have had two doses
- **Babies** can have the measles shot from 6 months old if they are travelling, especially to Tonga, Samoa or New Zealand.

Visit your **doctor** to make sure you and your family are protected.



www.health.nsw.gov.au/measles

Ko e **mīselé**

‘oku fekau‘aki ia mo e!

Mofele ‘i he Pasifiki’

Ko e ngaahi fāmili ‘oku nau ‘a‘ahi ki **Tonga, Ha‘amoa** pe **Nu‘usila** pe tali ha kau ‘a‘ahi mai mei he ngaahi fonua ko‘eni’ ‘oku nau ala fakae‘a kinautolu ki he mīselé.

Ko e **mīselé** ko ha puke lahi.

Ko e huhu-malu‘i mei he mīselé ko e founga lelei taha ia ki hono malu‘i ko-toa ho fāmili’

- **Ko e huhu mīselé ‘oku ta‘etotongi.**
Ko e toko taha kotoa pē na‘e fā‘ele‘i kimui ‘i he 1965, na‘e totonu ke ‘osi huhu tu‘o ua tukukehe kapau na‘e ‘osi puke he mīselé
- Ko e **huhu tu‘o uá** ‘okú ne malu‘i koe he toenga ho‘o mo‘ui’
- **‘Oku malu** pē ke toe huhu mīsele kapau ‘oku ‘ikai ke ke fakapapau‘i pe na‘e ‘osi huhu tu‘o-ua koe
- ‘Oku lava ke huhu mīsele ‘a e fanga ki‘i **pēpeé** mei he māhina 6 kapau ‘oku nau folau, tautautefito ki Tonga, Ha‘amoa pe Nu‘usila.

‘Alu ki ho‘o **Toketaá** ke fakapapau‘i ‘oku malu‘i koe mo ho fāmili’.



www.health.nsw.gov.au/measles