

# DRUG WARNING

**High dose MDMA (ecstasy) tablets – orange spade-shaped tablets, often with an ‘Ace of Spades’ logo**

## Know the risks

- You are at **increased risk of harm** if you:
  - take multiple MDMA (ecstasy) tablets or capsules
  - take a higher-dose MDMA tablet or capsule
  - use other stimulant drugs (e.g. methamphetamine, cocaine or caffeine) at the same time
  - take MDMA in a hot environment like a music festival or indoor dance party
- MDMA (ecstasy) is often poorly manufactured and the amount of MDMA in a tablet or capsule can vary a lot, even within the same batch.
- The time from taking the drug to feeling any effect can vary significantly depending on the drug as well as the individual person.
- High-dose MDMA use has been linked to death and other serious harms, including recent ICU admissions.

## Effects to look out for

- Feeling really hot and sweaty, light headedness, rigid muscles (e.g. difficulty walking), confusion or agitation, racing pulse/heart, feeling aggressive, uncontrolled repetitive movements, vomiting, seizures, difficult to rouse / unconscious

If you experience these symptoms after taking MDMA, get help immediately.

## Getting help

If you or your friends see the warning signs of overdose:

Seek help immediately from your nearest emergency department or call **Triple Zero (000)**. You won't get into trouble for seeking medical care.

Start **CPR** if someone is not breathing.

High dose MDMA (ecstasy) tablets have recently been found in NSW. The MDMA dose in these tablets averaged 146 mg, but some tablets contained up to 168mg. This is double the average amount usually contained in MDMA tablets circulating in NSW.



Please note: images are representative only and tablets may vary in colour or logo

## Support and advice

For free and confidential advice:

- Call [Alcohol and Drug Information Service \(ADIS\)](#) on 1800 250 015 at any time 24/7. Start a [Web Chat](#) with an ADIS counsellor Mon-Fri, 8.30am-5pm.
- Call [NUAA](#) on 1800 644 413 (Mon-Fri 9am-5pm) to speak to a peer or visit [NUAA](#) for a range of resources.
- Call the [NSW Poisons Information Centre](#) on 13 11 26 for information on adverse effects from drugs.
- Visit [Your Room](#) for fact sheets and other resources.



<https://www.health.nsw.gov.au/aod/public-drug-alerts/Pages/default.aspx>

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