

DRUG WARNING

'Red Bull' logo red/orange rectangular tablets sold as MDMA (ecstasy) found to contain a nitazene (potent opioid) and no MDMA

Know the risks

- Nitazenes can be as strong as, or stronger than fentanyl and cause slow breathing or death.
- Naloxone can temporarily reverse an overdose from opioids, such as nitazenes. Higher doses of naloxone may be required to reverse nitazene overdose.
- You are at **increased risk of harm** if you:
 - use drugs when you are alone
 - take opioids for the first time, or again after a break
 - mix different drugs. Alcohol, benzos and opioids are very dangerous to combine
- Fentanyl test strips are **unable** to detect these nitazene opioids.
- Nitazene use has been linked to death and other serious harms.
- Exercise extreme caution with 'Red Bull' tablets. 'Red Bull' tablets have also been found to contain multiple other substances in the past 12 months.

Effects to look out for

- Opioid overdose symptoms include any of:
 - pin-point pupils, drowsiness, loss of consciousness
 - slow breathing/snoring or skin turning blue or grey

If you or others experience these symptoms after taking drugs, get help immediately.

Getting help

If you or your friends see the warning signs of overdose:

Seek help immediately from your nearest emergency department or call **Triple Zero (000)**. You won't get into trouble for seeking medical care.

Start **CPR** if someone is not breathing.

Use naloxone if you have it. Call '000' even if naloxone has been given.



'Red Bull' tablets sold as MDMA (ecstasy) caused multiple hospitalisations in Sydney last weekend. Analysis of one tablet identified a potent opioid (a nitazene) and no MDMA.



Tablet appearance is not a reliable indicator of drug contents

Take Home Naloxone Program

- If you use **any drugs** you should carry naloxone. Drugs sold as cocaine and MDMA have been found to contain opioids.
- **Naloxone** is an easy to use, life-saving medicine that can temporarily reverse an opioid overdose. People at risk of experiencing an opioid overdose or who may witness an overdose can get naloxone for free without a prescription from some NSW community pharmacies, NSW Health needle and syringe programs, opioid treatment services and NUAA.
- Visit [Your Room](#) for participating sites and more information on take-home naloxone.
- NUAA can mail you naloxone for free in a discreet package. Order via their online shop: shop.nuaa.org.au or call (02) 8354 7343.

Support and advice

For free and confidential advice:

- Call [Alcohol and Drug Information Service](#) (ADIS) on 1800 250 015 at any time 24/7. Start a [Web Chat](#) with an ADIS counsellor Mon-Fri, 8.30am-5pm.
- Call [NUAA](#) on 1800 644 413 (Mon-Fri 9am-5pm) to speak to a peer or visit [NUAA](#) for a range of resources.
- Call the [NSW Poisons Information Centre](#) on 13 11 26 for information on adverse effects from drugs.
- Visit [Your Room](#) for fact sheets and other resources.



<https://www.health.nsw.gov.au/aod/public-drug-alerts/Pages/default.aspx>

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