Rehabilitation Medicine

The Workforce

Rehabilitation Medicine is the medical specialty concerned with the diagnosis, evaluation and treatment of adults and children with limited function as a consequence of disease, impairment, injury and/or disability.

In the 2010 calendar year, there were 161 Rehabilitation Medicine Physicians who primarily worked within NSW. This workforce had the following characteristics:

- **Average Age:** 48.3 years
- **Females:** 40.4% of the workforce
- **Average Hours:** Rehabilitation Medicine Physicians worked an average 33.1 hours per week (of a standard 40 hour week)
- **Over 50s:** Approximately 43% were aged 50 years and over and 14% of the workforce were older than 60 years

Source: AIHW (2012) 2010 Medical Workforce Profile extracts for NSW (unpublished data)

Trainees and New Fellows

- **Advanced Trainees (AT)*:** 80 ATs in NSW in 2012 with an average of 66 ATs between 2006 and 2012
- **Females:** Female ATs in NSW have increased from 43 in 2006 to 57 in 2012 (65% of total)
- **New Fellows:** An average of 10 per year in NSW between 2006 and 2011 (60% female)
- **Medical Specialty College:** Royal Australasian College of Physicians (RACP) – Australasian Faculty of Rehabilitation Medicine (http://afrm.racp.edu.au/)
- **HETI Supported Training:** Not part of Health Education and Training Institute Training Networks (www.heti.nsw.gov.au)

Source: Medical Training Review Panel (MTRP) * Basic Physician Training must be completed before entering Advanced Training

Retirement Intentions in NSW

- **1-2 Years:** 4.3% of Rehabilitation Medicine Physicians intend to retire within 1-2 years
- **3-5 Years:** 6.8% of Rehabilitation Medicine Physicians intend to retire within the next 3-5 years
- **6-9 Years:** 1.2% of Rehabilitation Medicine Physicians intend to retire within the next 6-9 years

Source: AIHW (2012) 2010 Medical Workforce Profile extracts (unpublished data)
Supply and Distribution

Distribution: The Rehabilitation Specialist workforce is located mainly within Local Health Districts (LHDs) in metropolitan Sydney.

Rural & Regional: There are small numbers of Rehabilitation Specialists outside of metropolitan Sydney LHDs.

Workforce outside of metropolitan Sydney is small and at risk through either retirement or unexpected employment changes.

The Future in NSW – Workforce Planning to 2025

Estimated Demand Growth: Between 2.0% to 3.7% to 2025

Estimated Workforce Size: In 2025, 279 Full Time Equivalents

Additional Fellows: All demand scenarios require no additional trainees

Range: No additional new trainees required

Future Workforce Considerations

- Demand for Rehabilitation Medicine services from major trauma is increasing
- Addressing rural and regional workforce maldistribution

Workforce Planning Priority and Risk Rating

Ageing: The risk associated with the workforce aged over 60 and 70.

Small Workforce Size: The risk associated with the sustainability of small workforces.

Retirement Intentions: The risk associated with the retirement intentions of the current workforce.

New Fellow Requirements: The risk associated with the requirement to recruit additional trainees, based on workforce planning to 2025.

Training Supervision: The risk associated with the availability of the existing workforce to provide supervision to new trainees.