

Getting ready to leave hospital



NSW Health wrote this information.



When you see the word **we** it means NSW Health.



We wrote this guide in Easy Read.


We use pictures to explain some ideas.



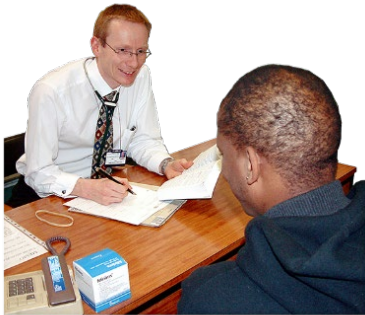
You can ask for help to read this guide.

This might be a

- Family member
- Friend
- Support worker.

Your Rights	
	<p>You have a right to get good and safe health care.</p>
	<p>You also have a right to get good care when you</p> <ul style="list-style-type: none"> • go from one health service to another • leave a health service to go home.
	<p>We have a policy to make sure you get your rights.</p> <p>The policy says what the rules are for us when we give you care.</p>
	<p>We use this policy to make sure you are safe and well looked after.</p>

When you go to hospital



We need to get some information from you when you come to the hospital.



We might ask you lots of questions.

We ask questions to find out if you need support when you leave the hospital.

	You might need more support if you
	<ul style="list-style-type: none"> • Need help looking after your health
	<ul style="list-style-type: none"> • Live outside the city
	<ul style="list-style-type: none"> • Do not have somewhere to live
	<ul style="list-style-type: none"> • Look after others like family members.

When you are in hospital



When you are in hospital we work with a group of different staff to make sure you get the care you need.



This group will make a plan for your treatment.



They will think about how long you need to stay in hospital.



They will put the date when you can leave hospital near your bed.

This is so that you and your family can see it.



The group will use the date to help plan what you need when you leave hospital.

This could be things like



- Your treatment



- Who you need to see like a GP.

Before you leave hospital



We make sure you are ready to go home as soon as you are healthy enough.

We want to make sure that you







- Have support



- Have information



- Can get to the people who will care for you in a safe way.

	<p>We will talk to the people who will care for you after you leave the hospital.</p>
	<p>We might talk with your</p>
	<ul style="list-style-type: none"> • GP
	<ul style="list-style-type: none"> • Other people who care for your health
	<ul style="list-style-type: none"> • Family and carers.



We will ask you if you have any children or family members who need

- Support
- Information.

When you are ready to leave hospital



When you are ready to leave hospital we will give you a **discharge summary**.



A discharge summary tells you all the things you need to know about leaving hospital.







We will talk about your discharge summary with you.



You can ask questions if

- You do not understand something
- You want more information.

	<p>The discharge summary will tell you things like</p>
	<ul style="list-style-type: none"> • What medication you should take
	<ul style="list-style-type: none"> • If you should see any other doctors
	<ul style="list-style-type: none"> • If you have to come back for another check
	<ul style="list-style-type: none"> • Who to talk to for more information.

	<p>We will talk to you about how you will get home.</p>
	<p>We will help you get home if you need support.</p>
	<p>We may be able to give you extra support if you live</p>
	<ul style="list-style-type: none"> • Far away • Outside the big cities.

Get more information



You can talk to your GP if you want more information.

You can talk to them

- before you go to hospital
- after you go to hospital.



You can talk to your doctor or social worker while you are at hospital.