

HIV SHARED CARE FOR GPs

WHAT IS HIV SHARED CARE?

*"HIV shared care is the joint participation of GPs and specialists in the planned delivery of HIV care informed by an adequate education program and information exchange over and above routine referral letters."*¹

HIV shared care is comparable to other shared care models that already exist in general practice. Antenatal shared care and diabetes management are two common examples in Australia where patients are co-managed with their GP and specialist/specialist clinic.



WHY SHARED CARE FOR HIV?

- Improved treatment options mean people with HIV now live longer and will need a GP for their general health needs
- People with HIV may have other co-morbidities that won't be managed by their specialist
- GPs, specialists, nurses, allied health and support services are involved in managing people living with HIV.

(Adapted from ASHM's [HIV Shared Care Program](#))

WANT TO BECOME MORE INVOLVED IN HIV SHARED CARE?

There are **no** minimum training requirements to be involved with shared care but there is training and support provided for those who feel the need to up skill in this area. To become involved in HIV Shared Care, GPs are encouraged to undertake online or face-to-face training – available through [ASHM](#). Training is not compulsory but has been developed to increase the confidence and competence of GPs to manage HIV, in conjunction with an HIV specialist or specialist service. ASHM coordinates HIV shared care resources and training designed to inform, support and encourage GPs with a special interest in HIV to safely manage HIV care in a general practice setting.

HIV SHARED CARE TRAINING OPTIONS

There are [three training options](#) offered by ASHM; an online webinar, face-to-face training and an online RACGP accredited audit.

MORE INFORMATION

Visit the [ASHM shared care](#) webpage

1. Adapted from: Hickmann M, Drummond N, Grimshaw J: A taxonomy of shared care for chronic disease. *Journal of Public Health Medicine* 16:4-447-454, 1994

AVAILABLE TOOLS AND RESOURCES FOR GPs

1. [Quick Start Guide for GP Management Plan in HIV](#): has been designed to assist GPs in developing a comprehensive GP Management Plan (GPMP) for patients with HIV. The Guide follows each section of the GPMP for HIV, outlining key points to consider when developing the plan. The GPMP encourages communication between GPs and HIV specialists, supported by an annual cycle of care for a person with diagnosed HIV infection.
2. [ASHM Shared Care GP Management Plan Handbook Guide 2015](#). Provides guidance regarding recommended monitoring and preventative health for patients with HIV and also an approach to shared care. Within the handbook, GPs may find the following resources useful:
[GP Management Plan for HIV \(simplified content\)](#)
[Annual cycle of care for patients with HIV infection on stable maintenance therapy](#)

