

# Stay healthy when returning home after a bushfire

Ask your local emergency services if it is safe to return to your property. If you can return, plan ahead. Know the health and safety risks. Don't take children with you. If you need to, make sure they stay safe too.

## Take these things with you to your property:

- bottled drinking water
- food
- sunscreen
- a wide-brim hat for sun protection
- protective clothing including sturdy footwear, heavy-duty work gloves, disposable coveralls (with long sleeves and trousers) and P2/N95 face masks.

## Be careful around unsafe items such as:

- burnt ash and timber, asbestos, dust, chemicals and metals
- food and medicines that have been damaged by fire or heat
- drinking water that has been contaminated (dirty) with ash, fire retardant and debris (for example rubbish, soil, bugs, or animals).

Scan the QR code below to learn how to safely clean up and get rid of unsafe items.

## When leaving your property:

- pack all protective clothing items into a garbage (bin) bag
- wash your hands after removing your protective clothing
- clean your shoes before wearing them again.



Learn more: [www.health.nsw.gov.au/bushfires](http://www.health.nsw.gov.au/bushfires)