Steps to STERILISATION

1. Clean Instruments

Items MUST be thoroughly scrubbed clean

Some instruments require additional cleaning using an ultrasonic cleaner or oxidising biocide

2. Dry and Package Instruments

Instruments MUST be thoroughly dried and placed in the package in an open position

The package MUST be properly sealed

3. Sterilise in an approved bench-top steriliser

The following DO NOT sterilise:

- UV cabinets
- Boiling
- Ultrasonic cleaners
- Soaking
- Pressure cookers
- Disinfectants
- Pasteurisation
- Microwave ovens

Load steriliser correctly – DO NOT overload
Keep records of each batch

For additional information see: NSW Health ‘How to sterilise your instruments and comply with the Public Health Regulation 2012’ Fact Sheet