

# STEPS TO Healthy Water Play

✓ **DO** shower and wash thoroughly with soap before entering the water play area

✓ **DO** ensure infants who are not toilet trained wear tight fitting swim nappies

✓ **DO** ensure infants use the toilet before entering the water play area and take them for regular toilet breaks

✗ **DON'T** use the water play area if you have had diarrhoea in the last two weeks

✗ **DON'T** drink, swallow or put water in your mouth as it may contain germs

✗ **DON'T** change nappies beside the water play area

✗ **DON'T** sit on the water jets

For more information please contact your local council or public health unit on **1300 066 055** or visit the NSW Health website at:

[www.health.nsw.gov.au/healthy-swimming](http://www.health.nsw.gov.au/healthy-swimming)

June 2016 © NSW Health. SHPN (EH) 160319



Health