

A photograph of two women in a cafeteria setting. They are standing at a salad bar with various fresh vegetables and fruits. The woman in the foreground is wearing a white striped shirt and is smiling while looking at a tablet computer she is holding. The woman behind her is wearing a light green cardigan over a white shirt and is also smiling. The background is a warm, orange-toned wall.

**WE'RE MAKING
THE HEALTHY
CHOICE AN
EASY CHOICE**

*Turn over for
more information*

STAFF AND VISITORS...

YOUR HEALTHY FOOD AND DRINK OPTIONS ARE INCREASING



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1 in 2 adults in NSW is **overweight or obese**.

Your favourites will still be here, plus you'll find more healthy options to choose from and enjoy every day.

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-  healthyfood@moh.health.nsw.gov.au
-  1800 930 966

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HEALTHY
NORMAL

