

YARNING ABOUT QUITTING

Face to face training resource kit – Facilitator guidelines

Thank you for completing the Yarning about Quitting train the trainer workshop.

Please find below some important information about delivering Yarning about Quitting training.

The Yarning about Quitting learning package

Yarning about Quitting is a blended learning package that includes an eLearning module and four hours of face-to-face training.

NSW Health staff can access the Yarning about Quitting eLearning module via HETI Online. Other learners can access the module via the NSW Kids and Families website

www.kidsfamilies.health.nsw.gov.au

The Yarning about Quitting face to face training can be delivered as one four hour workshop or broken up and delivered as two or three shorter sessions. Trainers and educators can decide how best to deliver the Yarning about Quitting face-to-face training to local staff.

All learners should be instructed to complete the Yarning about Quitting eLearning module prior to attending face-to-face training.

Facilitator notes

In your training resource kit you have been provided with a booklet that contains the Yarning about Quitting presentation slides with accompanying facilitator notes.

Unless otherwise noted, read/present from the facilitator notes rather than just reading the presentation slides. The facilitator notes contain speaking notes as well as instructions for participant activities. If you need to read the points on a particular slide, this will be written in the facilitator notes.

Please note that the facilitator notes for some slides are written over two pages.

Group activities

Throughout the face-to-face training there are a number of activities for participants to complete. In the facilitator notes a guide has been provided, indicating if activities can be completed with all participants together (large group) or in smaller groups (e.g. 4-6 participants at a table).

Please note that these instructions are a guide only. Depending on the time you have available and the number of participants you are training, you may choose to alter which activities you complete with a large group or in smaller groups.



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Using the Yarning about Quitting DVD

The Yarning about Quitting DVD is used in the final session of the face-to-face training. In this session the participants view three scenarios from the DVD. As the facilitator, you will need to pause the DVD at certain points to ask participants questions or request that participants complete activities. The facilitator notes include instructions about where to pause the DVD, questions to ask, and activities for participants to complete.

It is highly recommended that you read through the facilitator notes and watch the DVD several times so that you can become familiar with the 'cues' to pause the DVD and the questions/activities that follow.

Delivering the face to face training

The face-to-face training is designed to be co-facilitated by two people with relevant expertise (e.g. Aboriginal health, midwifery, health promotion, smoking cessation, child and family health nursing, etc.). It is recommended that one of the facilitators is an Aboriginal health professional.

When delivering Yarning about Quitting face-to-face training, please ensure all participants complete the sign-in sheet (a template has been provided on your USB). **Please note on the sign-in sheet if the training being delivered is the full four-hour workshop or a shorter session.** This information will be used for the evaluation of the Yarning about Quitting learning package (see below).

Evaluation

NSW Kids and Families will be evaluating the Yarning about Quitting learning package. At key time points between August 2015 and March 2016, NSW Kids and Families will request information and data from Local Health District educators/trainers delivering Yarning about Quitting training.

To ensure the requisite information/data is collected, trainers/educators are requested to:

- Ensure all participants complete the sign-in sheet when they attend face-to-face training
- Ask all participants to complete a 'Yarning about Quitting eLearning module feedback form' at the face-to-face training - before the training begins
- Ask all participants to complete a 'Yarning about Quitting workshop feedback form' at the face-to-face training – at the end of the workshop/session.

Further questions

If you have questions or require support, please contact Cherie Butler at NSW Kids and Families cbutl@doh.health.nsw.gov.au