

# Learn the Signs. Act Early.

Your child's early development is a journey. Tick the milestones your child reaches at each age. The flags 🚩 let you know when it's time for a health and development check.

✔ Start here



### 6-8 Weeks

- Smiles when you talk to or smile at them.
- Reacts to loud sounds.
- Can hold head up when on tummy.
- Watches you as you move.



### 6 Months

- Takes turns making sounds with you.
- Leans on hands to support themselves when sitting.
- Knows familiar people.
- Reaches to grab a toy they want.
- Blows 'raspberries' (sticks tongue out and blows).



### 12 Months

- Waves 'bye-bye'.
- Looks for things they see you hide.
- Understands 'no' (pauses briefly or stops when you say it).



### 18 Months

- Kicks a ball.
- Says at least two words together.
- Notices when others are hurt or upset.
- Copies you doing chores.
- Tries to use a spoon, drinks from a cup without a lid.
- Tries to say three or more words besides 'mama' or 'dada'.
- Walks without holding on to anyone or anything.
- Calls a parent 'muma' or 'dada' or another special name.
- Pulls up to stand.



### 2 Years

- Points to at least two body parts when you ask them to show you.
- Points to things in a book when you ask.



- Calms down within 10 minutes after you leave them, such as childcare drop off.



- Says first name, when asked.
- Puts on some clothes by themselves, such as loose pants or a jacket.

- Draws a circle when you show them how.
- Notices other children and joins them to play.

- Talks about at least one thing that happened during their day, such as 'I played soccer'.
- Catches a large ball most of the time.

- Likes to be a 'helper'.
- Changes behaviour based on where they are (library, playground).

- Draws a person with three or more body parts.



### 3 Years

### 4 Years