



**The right care for
you and your baby**
At the right time and in the right place

You're having a baby!

Congratulations on your pregnancy and we wish you well for this special time. No doubt you are already making lots of plans for the arrival of your baby.

It is very likely you will receive your pregnancy and birth care at a hospital close to your home. Sometimes mothers or their babies need extra care and might need to move to another hospital.

This leaflet tells you what to expect if you need to move away from your local hospital.

Our system of care

During your pregnancy and after your baby is born, we want to care for you as close to your home as possible. NSW Health has well organised systems of care to meet the individual needs of mothers and babies.

Most women and their babies can receive care close to where they live.

The right care in the right place

A small number of women and babies may need extra care, if:

- they become unwell during pregnancy
- they go into labour early, or
- their baby becomes unwell.

If this happens to you, we may move you and/or your baby to another hospital. Before moving we will always talk with you and give you as much time and information as possible.

Hospitals with specialist services are in major centres. We will always try to find a hospital that is closest to your home. Sometimes you may need to travel to a hospital further away to get the appropriate specialist care.

In time you may be able to go back to your local hospital or move closer to home to have your baby.

Although we try not to move mothers and babies, sometimes we will need to ask well women and babies to move to another hospital to make room for a sick mother or baby. This helps ensure that there is space for women and babies in NSW to receive the right care at the right time.

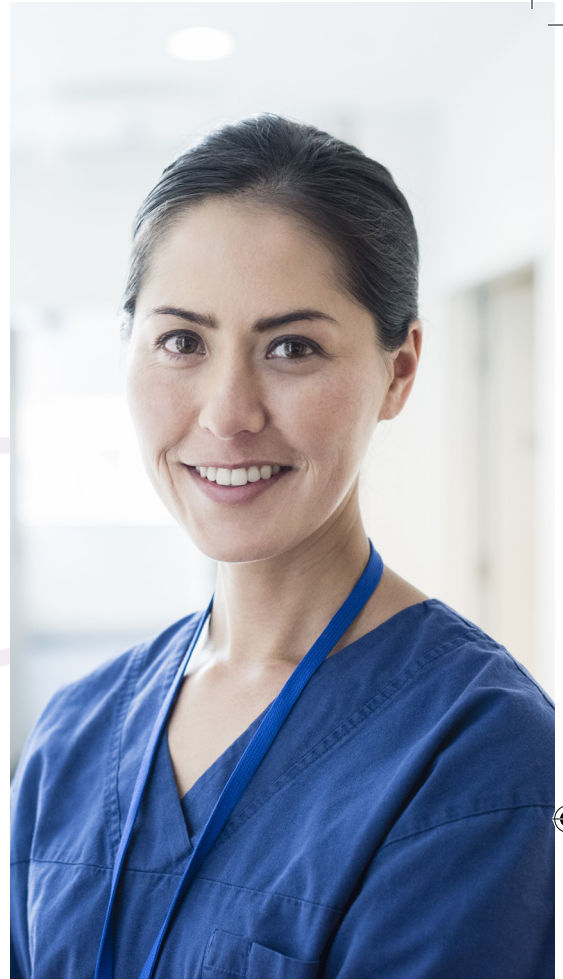
Our transport

We have a range of transport options to safely support women and their babies while they are travelling.

If we need to move you or your baby quickly, we will use road ambulance or aeroplane medical transport. If we don't need to move quickly, there are other transport options that we will talk to you about.

Our support

If you or your baby need to move to a different hospital, we know it can be difficult for your family. We have social work and Aboriginal liaison services available to support you. These staff can help your family with organising transport and accommodation. Women from rural areas may also be able to access financial help - please ask the staff about this.



Questions

If you have any questions, please ask your midwife or doctor.



**We wish you all
the best for the
times ahead.**