# Professional Development

Many health professionals are uncertain about how to consult effectively with young people. This one day training program is based on proven principles and practices for engaging with young people. The training workshop is designed to equip health professionals with the confidence and essential skills required to work effectively with young people.

Free One Day Training Workshop

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| Time and date:Venue:Trainer |                 |

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| For more information or to inform of special access or dietary needs, contact: |
| Name:Tel:Email: |                 |

Lunch provided

## Training aims

* To develop the capacity of health professionals to engage, assess and respond to health
needs and risks of young people
* To develop youth friendly services and reduce barriers to young people accessing services

## Training outcomes

Participants attending this one day workshop will develop confidence and competence in
the following areas:

* Understanding young people’s development and health needs
* Engaging and communicating effectively with young people
* Conducting a HEEADSSS psychosocial risk assessment
* Identifying and removing barriers to young people accessing healthcare

## *Registration is essential – places are limited to 25 people!*