



We are not all 'Barbies' and 'Beefcakes': developing healthy body image

6 August 2014

Program

- 0830 – 0900 Registration
- 0900 – 0905 **Welcome and introduction**
Dr Marilyn Paull, General Paediatrician and Staff Specialist in Adolescent Medicine, The Sydney Children's Hospitals Network; Associate Clinical Lecturer, The University of Sydney
- 0905 – 0935 **[Revaluating your body: challenging sociocultural appearance pressures](#)**
Professor Susan Paxton, Professor in the School of Psychological Science, La Trobe University
- 0935 – 1005 **[The age of the steroid selfie: young men and steroid use in Western Sydney](#)**
Ms Julie Page, Team Leader, Clinical Nurse Specialist, Needle and Syringe Program, Nepean Blue Mountains Local Health District
- 1005 – 1035 **[The mirror inside](#)**
Ms Christine Morgan, Chief Executive Officer, The Butterfly Foundation
- 1035 – 1115 **MORNING TEA**
- 1115 – 1145 **[School programs that work; Everyone's Different resource kit order form](#)**
Professor Jennifer A. O'dea , Professor in Health Education, Faculty of Education and Social Work, The University of Sydney
- 1145 – 1150 **Voice of youth**
[Ms Zina Sandhu](#), young person
Mr Alan, young person
- 1150 – 1230 **Panel discussion**
Facilitated by Chairperson on the day
Joined by the above speakers and Mr Scott Griffiths, PhD Candidate, School of Psychology, Faculty of Science, The University of Sydney