

Challenges



6 Week Challenge

Reduce stress. Improve focus.
Expand potential.

There's always room for more of the good stuff and this BITE BACK challenge will help you find it for yourself.

Immerse yourself in ways to discover your strengths, unleash your passions, amplify your experiences, and expand your potential.

ENTER NOW

biteback.org.au/challenge



Try Something New

Set goals. Start doing.

Have you been planning to try something new for ages but don't know where to begin?

Always wanted to join a sports team, learn a new language, upload YouTube videos or start volunteering?

Now's your excuse to put aside the excuses!

ENTER NOW



Thanks!

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