



# When a parent has a mental illness and/or drug and alcohol misuse: overcoming adversity

9 November 2016

## Program

- 0830 – 0900 Registration
- 0900 – 0910 **Welcome and introduction**  
Dr Bronwyn Milne, Consultant Paediatrician and Adolescent Medicine Specialist, Department of Adolescent Medicine, The Children’s Hospital at Westmead
- 0910 – 0940 **NSW Mental Health reforms supporting children, young people and families**  
Ms Bernadette Dagg, Interagency Manager, Specialist Programs Team, Mental Health - Children and Young People
- 0940- 1010 **Looping the Hoops**  
Ms Alison Tye, Team Coordinator, Keep Them Safe Illawarra Shoalhaven Whole Family Team
- 1010 – 1040 **MORNING TEA**
- 1040 – 1105 **Substance Use: A Family Affair – The CICADA Family Program**  
Ms Popi Iatrou, Senior Psychologist; Dr Anthony Zehetner, Consultant Paediatrician and Adolescent Medicine Specialist; CICADA (Care and Intervention for Children and Adolescents affected by Drugs and Alcohol) Family Program, Department of Adolescent Medicine, The Children’s Hospital at Westmead
- 1105– 1125 **ON FIRE – providing young people (whose parents or siblings have mental health issues) with opportunities to learn, grow and flourish**  
Mr Nickolas Yu, ON FIRE founder; Program Manager, Staff Wellness and Patient & Family-centred Care, Sydney Local Health District
- 1125 – 1150 **Remembering the children (aged 12-17) in families with substance abuse issues**  
Ms Sally Riley, Children and Adolescent Coordinator, Catholiccare’s Holyoake program
- 1150-1205 **Young people’s perspectives**  
Mr Kevin Isaac, young person; Registered Nurse, Sydney Local Health District; Emily Arthur and Emily Holman, young people
- 1205- 1230 **Panel discussion**  
Panel will include all program speakers