



Weighty matters: what do we know and what can we do?

24 August 2016

Program

- 0830 – 0900 Registration
- 0900 – 0910 **Welcome and introduction**
Professor Kate Steinbeck, Medical Foundation Chair in Adolescent Medicine, Academic Department of Adolescent Medicine, The University of Sydney
- 0910 – 0920 [Premier's priority on childhood overweight and obesity: an update](#)
Christine Innes-Hughes, Manager, NSW Healthy Children Initiative, NSW Office of Preventive Health, NSW Health
- 0920- 0950 [Obesity in young people: tackling the causes of the causes](#)
Professor Louise Baur, Professor of Child & Adolescent Health, University of Sydney; Consultant Paediatrician, The Children's Hospital at Westmead
- 0950 – 1020 [Separating Myths and reality - what the science tells us](#)
Professor Kate Steinbeck, Medical Foundation Chair in Adolescent Medicine, Academic Department of Adolescent Medicine, The University of Sydney
- 1020 – 1050 **MORNING TEA**
- 1050 – 1120 [Practical approaches to weight management in the young person with overweight or obesity](#)
Dr Shirley Alexander, Staff Specialist, Weight Management Services, The Children's Hospital at Westmead
- 1120– 1150 ["A weight off my mind"-preventing weight gain in youth with psychosis](#)
Dr Jackie Curtis - Clinical Director Youth Mental Health, South Eastern Sydney Local Health District, University of New South Wales
- 1150 – 1200 [Students influencing change: Students As LifeStyle Activists \(SALSA\)](#)
Miss Bridget Foley, Research and Evaluation Officer, Primary Health Care Education and Research Unit, Research and Education Network;
Miss Brittany Menolotto, Year 12 Student – SALSA Peer Leader, Rooty Hill High School
- 1200 – 1230 **Panel discussion**
Facilitated by Ms Mae Rafraf, Transition Support Worker, NSW Agency for Clinical Innovation Transition Network
Panel will include all program speakers