


68% report work/school problems

75% do not have Year 10

5% only primary school

75% problems relating to people

69% problems with violence and/or aggression



43% experienced ongoing verbal/emotional abuse


79% have serious mental health concerns or diagnosis

60% suffered physical abuse from known person (DV)

37% suffered physical abuse from a stranger

23% sexual abuse from a known person

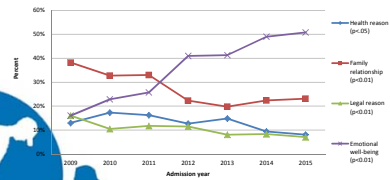
12% sexual abuse from a stranger




42% have tried to take their own lives



- Major reasons that led clients to treatment in PALM

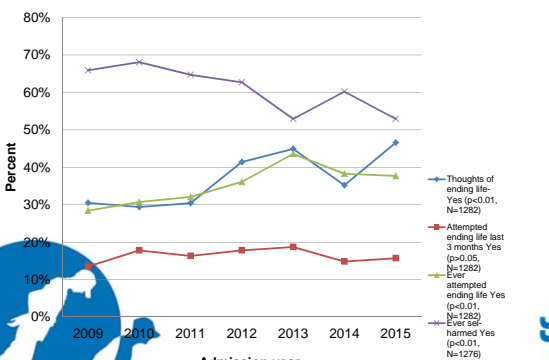


Admission year	Health reason (p<0.05)	Family relationship (p<0.01)	Legal reason (p<0.01)	Emotional well-being (p<0.01)
2009	15%	40%	15%	15%
2010	15%	35%	15%	20%
2011	15%	35%	15%	25%
2012	15%	25%	15%	40%
2013	15%	20%	15%	40%
2014	15%	25%	15%	50%
2015	15%	25%	15%	50%




Trends over time

Suicidal ideation



Admission year	Thoughts of ending life- Yes (p<0.01, N=1262)	Attempted ending life last 3 months Yes (p<0.05, N=1262)	Ever attempted ending life Yes (p<0.01, N=1262)	Ever self-harmed Yes (p<0.01, N=1276)
2009	30%	15%	30%	65%
2010	30%	18%	30%	68%
2011	30%	18%	32%	65%
2012	40%	18%	38%	62%
2013	45%	19%	42%	55%
2014	35%	15%	38%	60%
2015	45%	16%	38%	55%




Before I came in life for me was upsetting I was addicted to ice using it everyday and I was injecting. I was in a bad relationship, I was homeless for 6 months, my relationship with my family was terrible and we never spoke unless they were putting money into my bank account. I would put myself in danger by getting into cars with people I didn't know to get drugs and I would turn my phone off so the people who cared wouldn't be able to get in contact with me. I didn't respect myself and my attitude was feral. I used to run away for 2-3 days at a time in the middle of winter with shorts and thongs on. How stupid is that??



So What Is PALM?

- 13 – 18 years of age
- Up to three months stay – though young people tend to have multiple visits
- Modified Therapeutic Community (TC)
- Individual Counselling
- Vocation/Education
- Aftercare 3-5 years



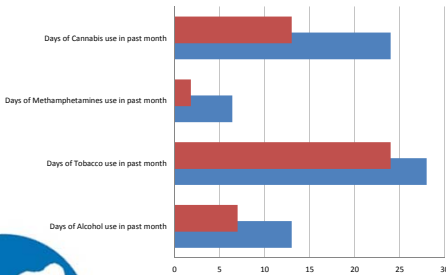
Time	Monday 17th July	Tuesday 18th July	Wednesday 19th July	Thursday 20th July	Friday 21st July	Saturday 22nd July	Sunday 23rd July
7:30 - 8:15	Breakfast (with AA & AODS)	Breakfast (with AA & AODS)	Breakfast (with AA & AODS)	Breakfast (with AA & AODS)	Breakfast (with AA & AODS)	Breakfast (with AA & AODS)	Breakfast (with AA & AODS)
8:30 - 10:00	Group work with AA & AODS	Group work with AA & AODS	Group work with AA & AODS	Group work with AA & AODS	Group work with AA & AODS	Group work with AA & AODS	Group work with AA & AODS
10:15 - 11:15	Morning Meeting with AA & AODS	Morning Meeting with AA & AODS	Morning Meeting with AA & AODS	Morning Meeting with AA & AODS	Morning Meeting with AA & AODS	Morning Meeting with AA & AODS	Morning Meeting with AA & AODS
12:15 - 1:30	Lunch with AA & AODS	Lunch with AA & AODS	Lunch with AA & AODS	Lunch with AA & AODS	Lunch with AA & AODS	Lunch with AA & AODS	Lunch with AA & AODS
2:30 - 3:15 pm	Drop into AA & AODS	Drop into AA & AODS	Drop into AA & AODS	Drop into AA & AODS	Drop into AA & AODS	Drop into AA & AODS	Drop into AA & AODS
3:30 - 4:15 pm	Therapeutic Community by AA & AODS	Therapeutic Community by AA & AODS	Therapeutic Community by AA & AODS	Therapeutic Community by AA & AODS	Therapeutic Community by AA & AODS	Therapeutic Community by AA & AODS	Therapeutic Community by AA & AODS
4:30 - 5:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
6:30 - 7:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
7:30 - 8:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
8:30 - 9:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
9:30 - 10:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
10:30 - 11:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
11:15 - 12:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
12:15 - 1:30 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
1:30 - 2:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
2:15 - 3:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
3:15 - 4:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
4:15 - 5:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
5:15 - 6:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
6:15 - 7:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
7:15 - 8:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
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11:15 - 12:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
12:15 - 1:30 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
1:30 - 2:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
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11:15 - 12:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
12:15 - 1:30 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
1:30 - 2:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
2:15 - 3:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
3:15 - 4:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
4:15 - 5:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
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6:15 - 7:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
7:15 - 8:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
8:15 - 9:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
9:15 - 10:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
10:15 - 11:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
11:15 - 12:15 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS
12:15 - 1:30 pm	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS	AA & AODS



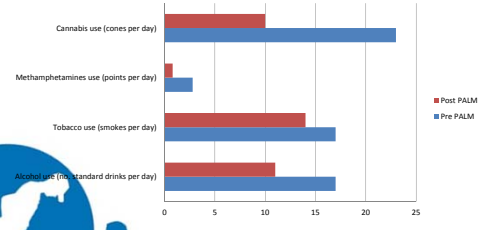
So Does Rehab Work?



Days of AOD use in past month




Amount of Substance used on days used




Number of arrests decreased by 66%
Average number of arrests drops from 1.69 to 0.61

- Significant reduction in **crime against persons** (34.8% to 14.6%) p<.000
- Significant reduction in **drug supply crime** (19.5% to 5.2%) p<.000
- Significant reduction in **vandalism crime** (19.5% to 7.1%) p<.000
- Significant reduction in **driving crime** (20.6% to 12%) p<.000
- Significant reduction in **property crime** (40.4% to 20.6%) p<.000




- "Feeling trapped" ("yes") pre-treatment 74.5% post-treatment 39.3% (P<.000)
- "Have no energy" ("yes") pre-treatment 67% post treatment 34.5% (P<.000)
- "Thoughts of ending life" ("yes") pre- treatment 43.4% post-treatment 13.5% (P<.000)
- "People don't understand you" ('yes") pre-treatment 64% post-treatment 40.8% (P<.000)



"I'm a better dad for my daughter, I'm getting along with my mum and little sister, I've got a full-time job. The main thing is I've worked on my anger management as hard as I could and I don't lose my temper easily any more."

Male, 17 years




"I have a really good relationship with my family, and most of all I'm happy. I finally see myself having a future and I have all the staff and residents to thank for that. Thank you for changing my life"

Female, 16 years

"... you helped me with a lot, like how to be present when my head thoughts are racing and when I struggle with relationship. I just want to be a proud Aboriginal person."

Male, 15 years



"It's easy man, it's simple really, we aren't so difficult. We just want someone who cares, we just wanna feel trust and respect.... now stop asking me all these questions!"

Female, 17 years

