



a program that works
Youth Health Forum

Respectful relationships education gives children the skills to reject unhealthy, aggressive behaviour and discrimination and challenge stereotypes, said Our Watch Chief Executive Officer, Mary Barry.

"Education is key to preventing violence against women," she said. "Schools are mini communities and can shape positive attitudes and behaviours at an early stage of life."

NAPCAN DELIVERING RESPECTFUL RELATIONSHIP PROGRAMS ACROSS AUSTRALIA

NAPCAN PREVENT CHILD ABUSE & NEGLECT **WE CAN HELP** PREVENT CHILD ABUSE & NEGLECT

NAPCAN PREVENT CHILD ABUSE & NEGLECT

PRESENTING AND ORGANISING
LOVE BITES IN
LOCAL HIGH SCHOOLS

CO-PRESENTERS

HAYLEY KNIBBS, NAPCAN & KASSIE PAICE, MISSION AUSTRALIA

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WHAT IS LOVE BITES?

Love Bites is NAPCAN's Respectful Relationships Education Program for grade 10 students. It consists of two interactive workshop followed by creative workshops and community campaigns.

Workshops:

1. Relationship Violence
2. Sex and Relationships

Love Bites is a flexible model with options to use a full-day or multi-session delivery approach. The program emphasises the importance of a whole-of-school commitment to respectful relationship education.

The program now includes Love Bites Junior, a set of age-appropriate lesson plans to introduce Respectful Relationships concepts to students in grades 7-9.

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LOVE BITES HISTORY

NAPCAN, the National Association for Prevention of Child Abuse and Neglect have made a significant contribution to changing the discourse on how Australians view and respond to the abuse and neglect of children and young people.

2007
 NAPCAN recognised that to bring about social change we needed to value and involve children and young people as part of the solution to inspire generational change.

2008
 Initially developed by North Coast Area Health Services - Women's Health, Love Bites was given to NAPCAN to be further developed and rolled out nationally as the first respectful relationship program of it's calibre available across Australia.

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LOVE BITES TODAY

2018
 NAPCAN have trained thousands of facilitators from every State and Territory and continue to evaluate and invest in Love Bites to ensure it

- incorporates the latest evidence
- aligns with curriculum and State and Territory legislation
- is inclusive of LGBTQ students
- is adaptable for a range of community settings

NAPCAN's prevention strategies promote and develop pro-social behaviours and relational values in education and the wider community.

Love Bites is one of our success stories

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LOVE BITES 2017 DATA: IMPACT ACROSS NSW

9,335 year 10 students participating

365 active Love Bites facilitators

144 schools

- 112 public schools
- 14 catholic schools
- 18 independent schools

58 LGA's (local government areas)

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WHO DELIVERS LOVE BITES IN A COMMUNITY?

All organisations working with teenagers, especially high schools.
On completion of the Love Bites facilitator course, staff are qualified to deliver Love Bites in their school or community.

Community facilitators work with local organisations and schools to deliver Love Bites workshops.

Facilitators such as police, health workers, domestic violence and sexual assault workers, youth workers and teachers voluntarily deliver programs in schools and out of school settings.

This approach has successfully built local community capacity in two key ways:

1. Builds knowledge in the broader community on current evidence, myths and facts in relation to physical, emotional and sexual violence.
2. Provides local service providers the opportunity to connect with young people in their community in a positive strength based way.

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EXAMPLE OF NAPCAN'S LOVE BITES PARTNERS

- ♥ NSW Health
- ♥ NSW Department of Education
- ♥ NSW Police
- ♥ NSW Juvenile Justice
- ♥ Local Government Associations
- ♥ Mission Australia
- ♥ Anglicare
- ♥ Baptist Care
- ♥ Catholic Care
- ♥ Jewish Care
- ♥ Relationships Australia
- ♥ Coast Shelter
- ♥ Sutherland Shire Family Services

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2018: NAPCAN'S PILOT PROJECT

How do we deliver RRE to young people with complex lives suffering from inter-generational trauma?

NAPCAN will be implementing a single module respectful relationship pilot for young people in correctional services and those disengaged from schools who access youth services.

The module will be trauma informed and delivered to young people who are both perpetrators and victims.

Location: Alice Springs and Darwin

Evaluation partner: School of Education, Western Sydney University

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LOVE BITES: LOCAL AREA IMPLEMENTATION

Organising Love Bites in community

Engaging with schools and out of school settings

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THANK YOU

FOR MORE DETAILS ABOUT NAPCAN RRE PROGRAMS, PLEASE CONTACT:

MADELENE MCGRATH
NATIONAL STAKEHOLDER MANAGER, NAPCAN

E: MADELENE.MCGRATH@NAPCAN.ORG.AU

P: 02 8073 3300

How to start Love Bites

- Youth Network Meetings
- Facilitator trainings
- Meetings to discuss roles & Partnerships
- Funding

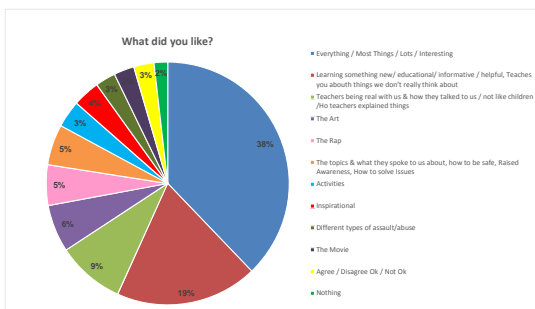
Our Partners



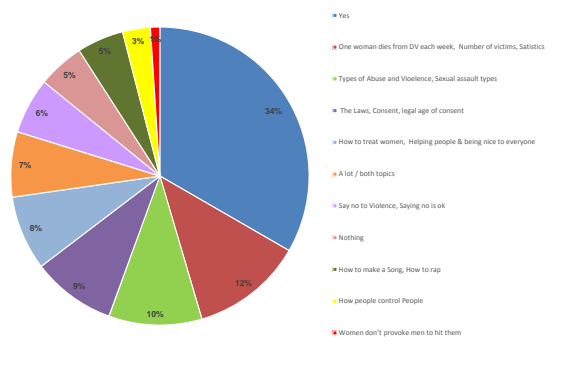
Process of Schools & Facilitators

- Promote to Local schools
- Brief schools & facilitators
- Deliver Workshops
- Evaluations from students & Teachers
- Debriefing with workers
- What works or doesn't work well

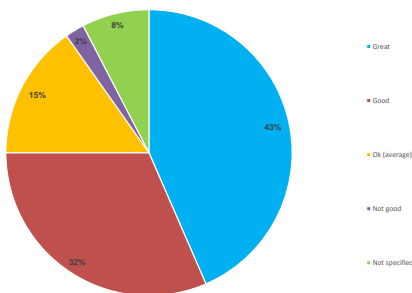
Student Evaluation Graph



Did you learn anything new?



How did you feel talking about this stuff?



Other Programs within Mission Australia

- Get Connected - EIPP
- Drop-In: Re-Charge, Level-Up
- Crisis Refuges

