

**Violence in Young People**  
**Paz Roman**  
**Auburn Diversity Services**

**Violence as a form of communication**

*When we can understand violence as a form of communication in a young person we gain insight into how as professionals we can best support them.*

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**What can we do?**

- *Safety and control*
  - *Attachments and connections*
  - *Trauma informed recovery frameworks*
    - *Strengths based work*
    - *Restore meaning and purpose*
    - *Ask questions and engage*
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**STEP**  
TOGETHER

**Is someone you  
know heading  
down the  
wrong path?**

**You can help.**

Early support can help stop people turning  
towards violent extremism. Find out how.

Call 1800 875 204 or visit  
[STEPTOGETHER.COM.AU](https://stepttogether.com.au)

 on the line

## Step Together Johanna Hough, On The Line

- Confidential Helpline and Support Service to prevent the path to violent extremism
- Delivered by On The Line for NSW Government
- Experienced Counsellors
- Social Health problem – a number of issues with a number of outcomes
- You can request to remain anonymous
- Referral points, support to keep door open
- Help one, protect many – a place to talk to prevent incidents and help young people
- Want to find out more? Johanna Hough 0447 193 547  
[jhough@ontheline.org.au](mailto:jhough@ontheline.org.au) w: <https://stepttogether.com.au/>