

# Accessing Telehealth & Related Issues in Regional/Rural/Remote NSW

## *Advantages*

- Low Cost
- Telehealth model is Youth friendly
- Limits the confrontation of a physical health setting

## *Barriers*

- No Standardized delivery of Telehealth
- Scheduling system is ineffective.
- Unnecessary “*Red tape*” is a barrier in accessing telehealth
- Bandwidth and network coverage is an issue, limiting the options available for young people