



Embracing the diversity of regional and rural youth

4 November 2020

Program

Free live stream

- 0900 - 0910 **Welcome and introduction**
Ms Julia Ryan, Director Office for Regional Youth, Department of Regional NSW
- 0910 - 0920 **Pillars of the Regional Youth Framework**
Ms Julia Ryan, Director Office for Regional Youth, Department of Regional NSW
- 0920 - 0950 **The evolving face of rural health**
Miss Phillipa (Pippa) Kensit, Registered Nurse/Program Lead - Future Workforce; Mr Dave Karlson, Director Business Governance, NSW Rural Doctors Network (RDN)
- 0950 - 0955 **5-MIN BREAK**
- 0955 - 1020 **GUWAALAY- A Euahlayi/Gomeroi word meaning 'Talk to one Another'**
Ms Annette Slater, Aboriginal Health Worker, Sexual Health & Blood Borne Viruses, HIV and Related Programs (HARP) Unit, Population Health (Tamworth), Hunter New England Local Health District
- 1020 -1035 **Navigating health services for rural youth - Findings from the Access Study**
Professor Kate Steinbeck, Medical Foundation Chair in Adolescent Medicine, The University of Sydney; Director, Wellbeing Health & Youth, Centre for Research Excellence (CRE) in Adolescent Health
- 1035 – 1100 **Youth drug and alcohol - Building a strong robust rural workforce in the youth drug and alcohol area**
Ms Meagan Beasley, Team Leader; Ms Linda Doherty, Nurse Practitioner; Ms Annalee White, Youth Drug and Alcohol Worker; Mr Joe Gordon, Family and Youth Drug and Alcohol Worker, Youth Drug and Alcohol Clinical Support Network, Western NSW Local Health District
- 1100 - 1110 **10-MIN BREAK**
- 1110 - 1130 **"How are you going?": Reaching rural youth through effective partnerships - Rural Adversity Mental Health Program**
Dr Hazel Dalton, Research Leader and Senior Research Fellow, Centre for Rural and Remote Mental Health, University of Newcastle
- 1130 - 1150 **Supporting Young People Healing from a Disaster**
Miss Jessica Shonk, Be You Clinical Consultant, headspace Schools/Beyond Blue
- 1150 -1200 **Voice of youth**
Mr Ryan Dwight, young person from Tamworth - accessing telehealth and related issues
Ms Laura Murray, young person from Armidale - accessing GPs and mental health care
- 1200 -1230 **Panel discussion - joined by all Program speakers**



Health