



# ‘STAYING CONNECTED IN THE OUTBACK’



# Acknowledgement of First Nations peoples' and their country on which we serve on in the FWLHD.



PRESENTING FOR THE  
**2021**

**“YOUTH FORUM”**

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**Cory Paulson**, Worimi, Mununjali Man living and working on Wilyakali country as an Aboriginal Mental Health Drug and Alcohol Trainee Clinician with Community mental health drug and alcohol,

**Tayla Dwyer**,

Social Worker, Mental Health Clinician with Child and Adolescent Mental Health Service within the Mental Health Directorate of the Far West LHD.



**The Far West LHD serves a population of about 30,740 (2016 Estimated Residential Population) people dispersed across the second largest geographic area (194,949 square kilometres) of all the LHDs in NSW.**

**Over 12% of the people we serve are Aboriginal. This population is relatively young and reflects the lower life expectancy of Aboriginal people. Of the total LHD population, 91.1 per cent are from an English speaking background.**



## Far West Local Health District's Mental Health Directorates Services Overview

- Child & Adolescent Mental Health Service (CAMHS)
- Paediatric Ward (In Broken Hill Base Hospital)
- Violence Abuse Neglect Service (VANS)
- Child and Adolescent Telemedicine Psychiatry Outreach Service (CAPTOS)
- Mental Health Emergency Care – Rural Access Program
- Emergency Department (In Broken Hill Base Hospital)
- Mental Health In Patient Unit (In Broken Hill Base Hospital)
- Community Mental Health Drug & Alcohol Service
- Magistrates Early Referral Into Treatment (MERIT) Program



# CHILD & ADOLESCENT MENTAL HEALTH SERVICE

- PSYCHIATRISTS
- PSYCHOLOGISTS
- SOCIAL WORKERS
- COUNSELLORS
- SCHOOL LINK COORDINATORS  
(HIGH & PRIMARY SCHOOL)
- ABORIGINAL MENTAL HEALTH DRUG & ALCOHOL  
TRAINEE'S



## FAMILY & CARERS SUPPORT

Catholic Care (aka CentaCare) is the service provider of Family & carers support program,

## PARTNER OF THE PROGRAM

Consumer and Carer Engagement MHDA manager is the FWLHD coordinator for consumer's referrals and programs. To ensure the appropriateness of services and referrals made to Catholic Care.

# BRIDGING THE GAP

Transitioning Young consumers from the child and adolescent Mental Health services to Adult Mental Health services. Young consumers when coming to an appropriate age for consideration to transition to Adult services. The consumer has access to services that can support their transition. The early identification by the CAMHS clinician of age and maturity to ensure appropriate transfer of care. Enables an appropriate informed, supported and referral of the YP and carer/s. CAMHS have access to

- Youth Mental Health care link Clinician
- Adult community Mental Health Drug and Alcohol Service.
- Telehealth options
- High School link co-ordinator
- Headspace
- GP's



# PARTNERS AND ORGANISATION IN THE FWLHD AREA

## **ABORIGINAL ORGANISATIONS**

- Maari Ma Health
- Local Aboriginal Land Council
- Beyond Linking (aka Ability Links)
- Warra Warra Legal service

## **Government Organisations**

- Westmead
- Woman & Children's Hospital  
(Adelaide) Boylan ward
- Bloomfield (Orange)

## **NON GOVERNMENT ORGANISATION**

- Headspace
- Catholic Care
- Mission Australia
- Royal Flying Doctors Service
- Lifeline
- Blacksheep Care services
- Salvation Army
- Royal Far West
- Carers NSW Australia
- InterHealth
- Local GP's

# OUTREACH

- DARETON
- BALRANALD
- WILCANNIA
- MENINDEE
- IVANHOE
- WHITE CLIFFS
- TIBOOBURRA





# What is working well in the FWLHD?

1. Frontline workers in community
2. Consumer input
3. Delivery of service
4. Partnerships



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