



Following the sun: shining the light on Aboriginal mental health

3 March 2021

Program

Free live stream event

- 0900 - 0915 **Welcome to Country**
Auntie Yvonne Weldon, Metropolitan Local Aboriginal Land Council
- 0915 - 0925 **Welcome and introduction by Chairs**
Ms Kerry Smith, Aboriginal Priority Advisor for the Mental Health - Children and Young People (MH-CYP) Team and the Suicide Prevention Team, Mental Health Branch, NSW Ministry of Health (NSW MOH); and Mr David Follent, Senior Project Officer, Aboriginal Chronic Care, Agency of Clinical Innovation
- 0925 - 0935 **NSW Aboriginal Mental Health and Wellbeing Strategy 2020-2025**
Ms Kerry Smith, Aboriginal Priority Advisor for the MH-CYP Team and the Suicide Prevention Team (Ms Kristen Ella, Statewide Coordinator, NSW Aboriginal Mental Health Workforce Program, Mental Health Branch, NSW MOH will join the panel discussion)
- 0935 - 1010 **Truth for Youth - what they're teaching us - what we are learning**
Emeritus Professor Judy Atkinson AM, Patron We Al-li
- 1010 - 1025 **15-MIN BREAK**
- 1025 - 1050 **Working with Aboriginal Community Controlled Health Services (ACCHSs) to understand the health of Aboriginal young people**
Ms Kezia Aurora Blackledge, Public Health and Intelligence Officer; Miss Shana Quayle, Sector Support Unit Manager; Aboriginal Health and Medical Research Council (AH&MRC)
- 1050 - 1120 **Staying Connected in the Outback**
Ms Tayla Dwyer, Social Worker, Child Adolescent Mental Health Clinician; Mr Cory Paulson, Aboriginal Mental Health Drug & Alcohol Trainee, Far West Mental Health Drug and Alcohol Service; Far West Local Health District
- 1120 - 1135 **15-MIN BREAK**
- 1135 - 1200 **Mental health habits and rituals**
Mr Jeffrey Morgan, Nutritionist/Health & Wellbeing Consultant and Owner, The Lifestyle Program
- 1200 - 1230 **Panel discussion - joined by all Program speakers**



Health