

Youth Friendly General Practice: Advanced Skills in Youth Health Care

Predisposing activity

Participant name:

QI&CPD number:

Dear Training participant

Welcome to the *Youth Friendly General Practice: Advanced Skills in Youth Health Care*. This predisposing activity introduces you to some of the key topics covered in the course, and will be reviewed at the training session. Please complete and return this activity to the course coordinator. You can email, fax or post the completed activity.

[INSERT CONTACT DETAILS FOR RETURN OF PREDISPOSING ACTIVITY]

You must complete and send this activity before you attend the training session.

You can choose ONE of the following three options:

Option 1: Exploring medicolegal issues

Select one of the following situations and answer the accompanying questions.

a. Confidentiality

Think about a patient aged between 12 and 16 years that you have seen in your practice, regardless of their reasons for presentation.

Did you explain confidentiality to them and/or their parent/s or carer/s at any time during the consultation, or in any recent previous encounters with them?



What information do you believe you would keep confidential?



List the factors that would help you determine what information you would and wouldn't keep confidential



What would you do if the patient's parent rang you the following day and asked you what was discussed?



b. Consent

Think about a patient aged between 12 and 18 years that you have seen in your practice, where you discussed investigation and treatment for their presenting or other identified problem.

How did you obtain informed consent to conduct any investigations and/ or prescribe treatment?



What qualities of the young person would you draw upon to help you determine whether the young person can consent to their own treatment?



What other factors (qualities of the consultation, professional qualities, practice / system qualities, other factors) would you draw upon to help you determine whether the young person can consent to their own treatment?



c. Child protection

Think about any patient encounter with a 12 – 15 year old in the past 2 years where you were concerned about child protection.

What gave you this concern?



How did you make decisions about what to do about the concern?



Who or which agencies, if any, did you consult to help you make decisions?



What were the outcomes of your decisions?



Option 2: Youth health resources and services

Choose a youth-specific health service or resource – it can be either an information line (e.g. Kids Help Line), a youth website (e.g. 'Reachout!' or 'Headspace'), or a youth service in local area.

For ideas on services to contact, see *Adolescent Health GP Resource Kit, 2nd edition*, section four – Youth Health Resources and Contacts pp. 155-163

http://www.caah.chw.edu.au/resources/gpkit/17_Section_4.pdf

Contact them and find out the following information:

What type of services, information or support do they offer to young people??



What are the criteria, if any, for using this service?



What sort of support / collaboration do they offer to health professionals?



How could you as a GP access this service and use it to support management of your adolescent patients?



Option 3: Youth friendly practice review

Use the 'Youth Friendly Practice Review' Checklist (*Adolescent Health GP Resource Kit 2nd Edition*, Section Four – pp. 172-173) to conduct a review of the 'youth friendliness' of your practice.
http://www.caah.chw.edu.au/resources/gpkit/20_Appendix_3.pdf

Where possible, consult with other practice staff in answering the questions on the checklist.

Summarise the main findings in terms of the different practice areas identified in the checklist:

Practice Staff



Practice Environment



Practice Administration



Promoting Access



GP Consultation Style


